

**ANNUAL REPORT PRESENTED BY THE SECRETARY TO THE BOARD OF
TRUSTEES OF ADARSH CHARITABLE TRUST (ACT) AT ITS 23RD ANNUAL GENERAL
BODY MEETING HELD ON 4TH JULY 2021 AT 11AM ON ZOOM PLATFORM**

Dear Chairman Emeritus, Chairman, Vice Chairman, Treasurer and fellow Trustees,

I have immense pleasure in inviting you all for our 23rd Annual General Body meeting. I am considering myself very lucky for this opportunity that too for twenty-three continuous years. I have seen with amazement the growth of our Trust and its activities which is beyond anyone imagination.

As you all know and experienced, the reporting year was traumatic with the COVID pandemic completely redrawing the lives of all of us. Most significant was its impact on our children confined as they were to their homes as lack of socialization severely impacted their rehabilitation and related improvement in the quality of their lives.

The year bygone was a tough one. But as always fortune was with us. Actually, I am so glad and lucky that I am presenting a very bright and hopeful report this time. This I never expected would be able to at the beginning of the reporting year with pandemic playing its most vulnerable and cruel part. We were lucky to have a great and probably the largest benevolence in the reporting period. To support that, we were fortunate enough to have the financial backing from Rotary Cochin Central. I am noting the same in details in the coming pages.

In a nutshell nothing not even the pandemic has blocked our progress. And for that matter we will never ever allow it to hinder our progress in any manner whatsoever. We have this confidence imbibed from a vast group of philanthropic organizations, corporates, individuals, our own Government, parents, and last but not the least our members of staff. Dear Trustees, they all were the backbone of Adarsh. I am sure this warmth and support will continue. We are indebted to all and from our heart we thank them all.

To pay respect to all departed soul during the reporting period, I request all to observe one minute silence. May their soul rest in peace and may God give enough strength to their near and dear ones to bear the loss with peace.

1. Adarsh Charitable Trust

‘Adarsh’, a non-profit charitable Trust, registered under the Registration Act, 1908, was established in 1998 with an objective to Rehabilitate Persons with Mental and Physical challenges. Since then the Trust has been providing rehabilitation services to children affected by Cerebral Palsy, later extended to those affected by other challenges like Autism, Down syndrome and Learning Disorders also.

a. Registration details of the Trust:

Charitable Trust	Registration Act 1908	78/IV 22/04/1998	Permanently valid
National Trust	National Trust Act	1457/CP-MD/2004	To be renewed
Rehabilitation Centre	PWD Act	265/12/2017	Renewal application submitted
12 A & 80 G	Income Tax Act	CIT/CHN/12A/Tech.11/98-99	Renewed (Provisional Certificate received)
Foreign Contribution	Foreign Contribution (Regulation) Act, 1976	052850473	Valid till 18/11/2021
Food Safety	Food Safety and Standard Act 2006	21314053002707	To be renewed

b. The Trust has its registered office **at XIV/547 B& C, Opp. Agasthya Ashram, Kureekkad P. O., Ernakulam**. It is in Chottanikkara Panchayat (13 Kms from Ernakulam Town) of Ernakulam District in Kerala State. It owns a land of 40 cents and a disabled friendly building of around 20000 sq.ft., for the rehabilitation of children with challenges. The Child Development Evaluation Intervention and Research Centre functions at Vyttila, Ernakulam in a rented building since 2007.

2. OBJECTIVES, VISION, MISSION and MOTTO.**a. Objectives**

- i. For helping physically handicapped and mentally challenged persons;
- ii. To rehabilitate persons with Cerebral Palsy and persons with other disabilities;
- iii. To give medical assistance and relief to those who are poor and have become mentally and physically challenged through accidents or other calamities;
- iv. To establish and/or construct, run and aid institutions, medical relief centres for this purpose;
- v. To promote research in the field for Community Based Rehabilitation programmes; and
- vi. To do any and all other lawful things as the Trust may deem fit for the attainment of all or any of its objectives, make rules and bylaws, amend, vary or rescind from time to time.

b. Vision, Mission and Motto:

VISION

To become an institution par excellence, providing comprehensive habilitation measures and pioneering efforts for enriching the lives of challenged individuals.

MISSION

To help every challenged child by

- Reaching medical and therapeutic assistance
- Imparting academic training appropriate to specific needs
- Equipping with appropriate Vocational skills
- Creating necessary social and physical support infrastructure that empowers the child to lead a life of independence and dignity in adulthood.

MOTTO

A man is never as tall as when he kneels to help a child

3. GOVERNANCE

- a. Adarsh Charitable Trust has a Board of Trustees with 26 members. The main office bearers of the Trust are

Chairman Emeritus	: Shri. K Neelakantan
Chairman	: Shri. K P Padmakumar
Vice Chairman	: Shri. V Sathyanarayanan
Secretary	: Shri. P R Mahadevan
Treasurer	: Shri. C V Ignatius
Patron	: Shri. N Krishnan

- b. Governance of the Trust is entrusted to two bodies, namely Governing Council and Executive Committee. Governing Council (GC) has 15 members. The council generally meets once in 2 months. Executive Committee (EC) has 7 members, out of these, 3 of them are also members of the Governing council. During 2020-21 both the Governing Council and Executive Committee met 3 times.
- c. Remunerations and re-imbursements to Board Members

No.	Name	Gross Remuneration PER ANNUM (Rs.)
1	K.P. Padmakumar	Zero
2	V. Sathyanarayan	Zero

3	P.R. Mahadevan	Zero
4	C.V. Ignatius	Zero
5	Dr. Abraham K. Paul	Zero
6	Dinesh P. Thampi	Zero
7	M D Varghese	Zero
8	M.A. Mohammed Ali	Zero
9	Riaz Ahmed	Zero
10	Dr. Sachidananda Kamath	Zero
11	Simon John	Zero
12	P.N. Narayanan	Zero
13	K. Vijayan	Zero
14	Mathews P Mani	Zero
15	K. Venugopal	Zero
16	K.G. Unnikrishnan	Zero
17	N. Satheesh Kumar	Zero
18	O M Mahadevan	Zero
19	Adv Joseph Kodianthra	Zero

d. Total cost of international & national travel by all Board Members

1	International Travel	Rs. 0
2	Domestic Travel	Rs. 0

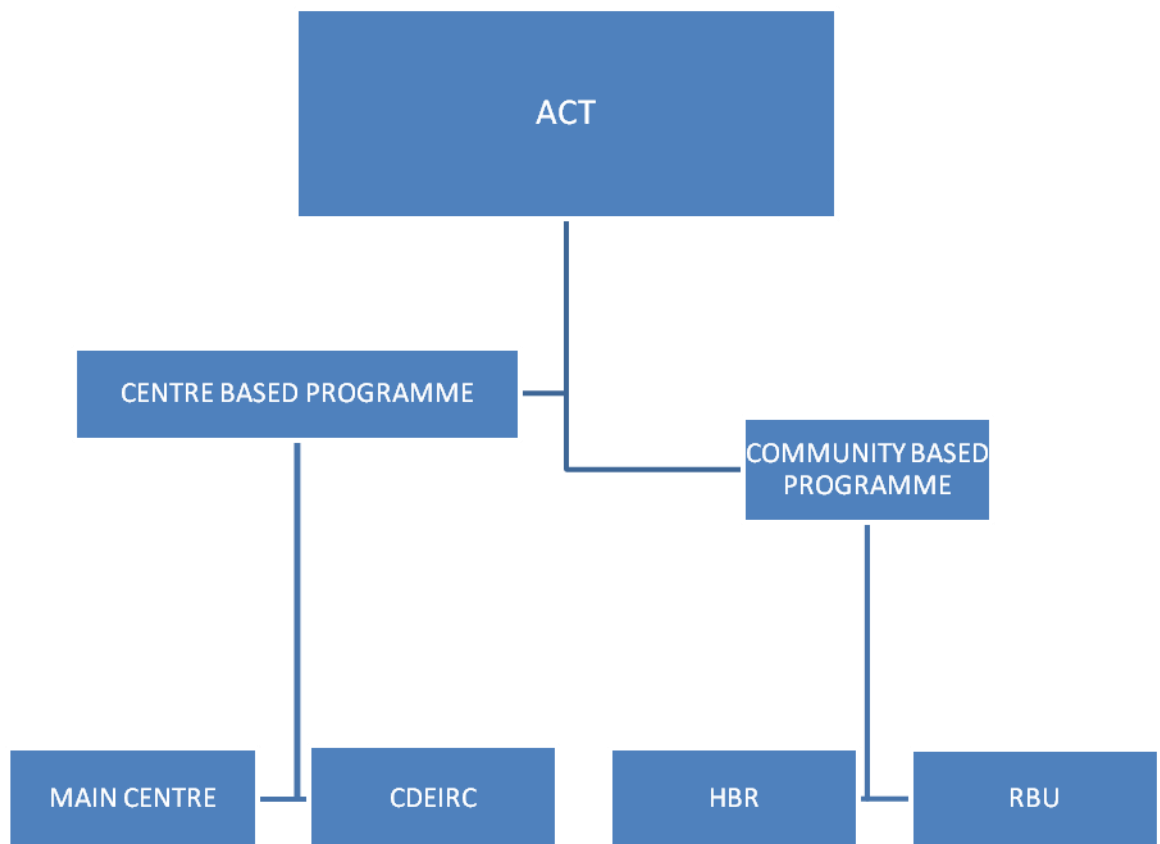
- e. The Governing Council and Executive Committee members of Adarsh Charitable Trust are unrelated by blood or marriage.
- f. Governing Body of ACT meets **at least twice** in a financial year, suitably spaced (at least 3 months apart), with quorum as stipulated in its Trust Deed.
- g. **Minutes** of Governing Body meetings for ACT are **documented** and **circulated** among Board members.

- h. Board of ACT approved organizations programmes, annual budget, annual report, audited financial report and also the Board ensures ACT's compliance with its own rules, regulations and byelaws.
- i. The Board also ensures ACT's compliance with statutory Govt. laws and regulations.

4. Operations Report

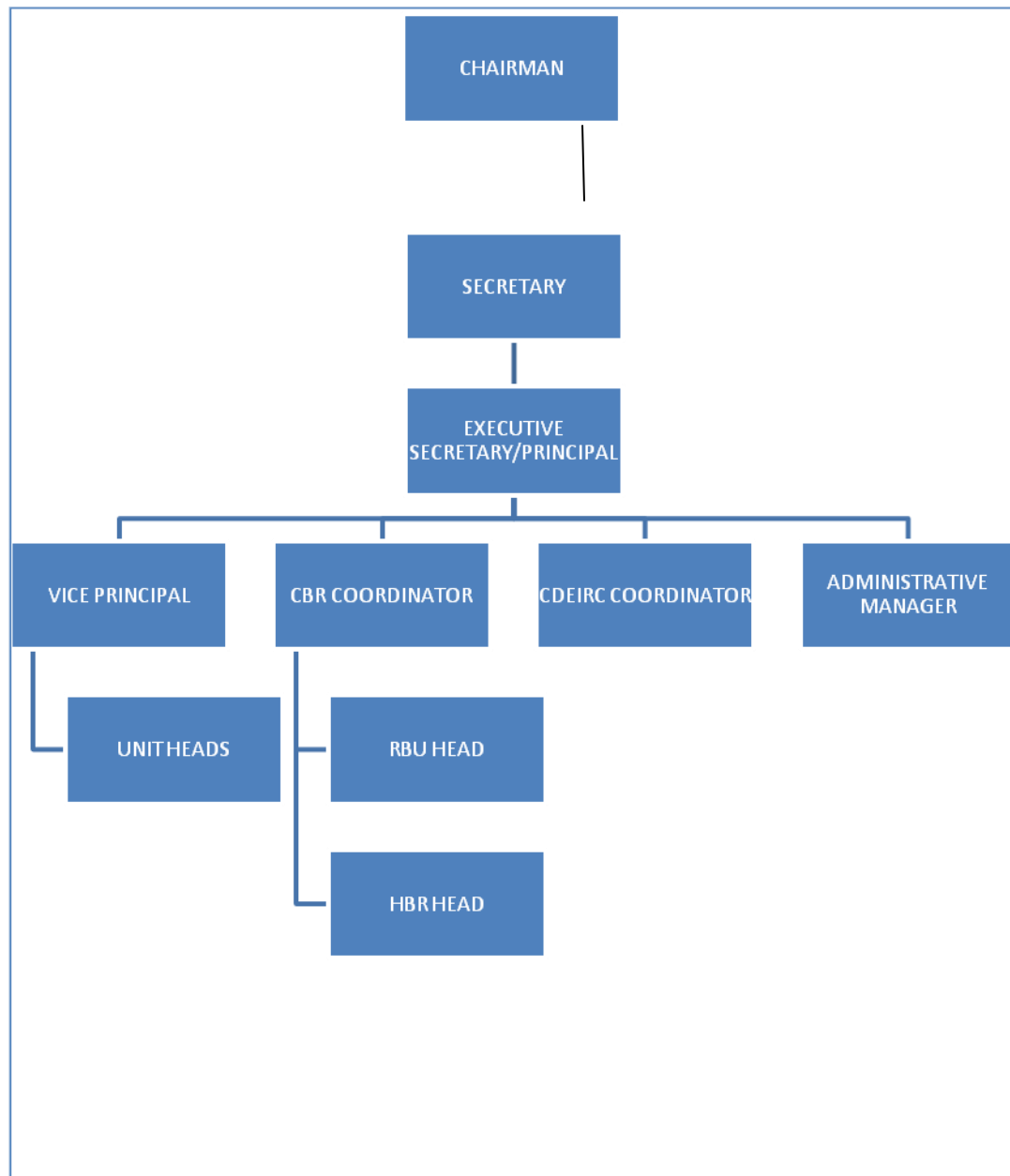
a. Structure of the organization

ACT has both centre based as well as community based programmes which are strictly based on the objectives of the Trust. Started with 7 children affected by Cerebral Palsy, the main rehabilitation centre has now over 280 children (as on 30/04/2021). In December 2007, another centre for comprehensive evaluation of all developmental disorders was started under the name Child Development Evaluation Intervention and Research Centre (CDEIRC). The first community activity was started in 2003. Now under this head there are 2 projects, a Risk Baby Unit and Home-Based Rehabilitation programme. Overall administration of these projects is controlled by Executive Secretary. The main rehabilitation centre has a Principal, Vice Principal, Coordinator and 92 staff members to take care of day to day activities, whereas CDEIRC is controlled by a centre head with 6 staff, the Risk Baby Unit is taken care of by a Developmental Technician, and the Home Based Rehabilitation by a Physio Therapist with 15 staff.



ACT- Adarsh Charitable Trust, **CDEIRC-** Child Development Evaluation Intervention and Research Centre, **HBR-** Home Based Rehabilitation, **RBU-** Risk Baby Unit

Reporting Structure



CBR- Community Based Rehabilitation, **CDEIRC-** Child Development Evaluation Intervention and Research Centre, **RBU-** Risk Baby Unit, **HBR-** Home Based Rehabilitation

b. Human Resources

i. Organization Staff structure

Human Resources is an important part for any organization. We always recognized and appreciated that our specially qualified and nonqualified staff members are the backbone of Adarsh. It is always satisfying that anyone who join Adarsh, is seen putting her/his maximum to produce the most desirable outcome from the divinely abled children. This can be attributed as the main reason for the high percentage of successful rehabilitation happening in Adarsh over the past 23 years. I am very happy to report that over the past twenty-three years we could sent 82 children to normal stream. To maintain this impeccable quality of service to the beneficiaries ACT maintains a high staff student ratio of 3:1. At the main rehabilitation centre the Principal and the Vice Principal supervise all activities and control 92 members of staff which include teaching, non-teaching, therapy and voluntary staff. The entire activities are segregated into 10 major units for easy control and for effective rehabilitation. This is based on the type of children, age, their disability, and their FUNCTIONAL ABILITIES. In addition, there are technical units and a unit for extracurricular activities. Maintaining a student teacher ratio of 3:1 we make sure that each class has a maximum of around 8-10 children only. To take care of them there is a full-time special educator and an assistant for each class. 3-6 such classrooms form a unit, and each unit has a Unit head. At present there are 8 such units and 28 classes at the main rehabilitation centre. Coming to reporting of activities, all head teachers report to Vice Principal, who in turn reports to the principal. The principal will report to Secretary and the Secretary to the Trust. In addition, the center has 2 drivers and 9 bus assistants. At Child Development Evaluation Intervention and Research Centre, a Coordinator supervises 5 staff members and their activities. In the Community based rehabilitation projects, we have a Developmental therapist who solely manage our Risk Baby Unit and in the case of Home-Based Management Project there are 18 staff members in 5 Home Based Rehabilitation units. They all in turn report to Executive Secretary and the Executive Secretary to the Secretary. ACT is very meticulous in selecting our staff giving thrust for their experience and to their attitude towards the society. Even our former President, His Excellency Dr. A.P.J. Abdul Kalam had appreciated this after his personal visit and experience in Adarsh during his visit at the center on 17th December 2005 which made His Excellency observe **“I saw number of mothers, mother like teachers, who are with the children always and taking care of them....God will bless them and my respect to them because they are doing a beautiful and godly programme”**

ii. Categories of staff – The list is given below.

Category	Number of staff and other supporting members as on	
	01-06-2020	01-06-2021
Medical Doctors (Consultants)	2	1
Psychologist	2	3
Developmental Therapist	1	1
Physiotherapist	14	13
Speech Therapist	3	4
Occupational Therapist	1	1
Social Worker	1	0
Dietician	1	1
Special Educators	37	31
Teachers	6	8
Teacher Assistants	39	35
Drivers	5	3
Office Staff	13	15
Kitchen	1	2
Bus Incharge	9	8
Voluntary Staff	2	2
TOTAL	137	127

iii. New appointments and resignations

During the reporting period 2 new staff members were appointed by ACT to the main rehabilitation centre, against 6 resignations.

iv. Retirement

During the academic year, there were 4 retirements. 3 were Teacher Assistants namely Smt. Geetha, Smt Ammini Sennan, Smt. Annie Xavier and Smt Saralamma Raveendran Who was a teacher. None of them were substituted.

v. Distribution of staff according to salary levels and gender break up

Slab of gross salary/honorarium (in Rs.) including benefits paid to staff (per month) – Full and part time.	Male staff	Female staff	Total staff
Less than 5000	1	4	5
5,000 – 10,000	1	43	44
10,000 – 30,000	8	55	63
Above 30000	1	0	1
TOTAL	11	102	113

c. Beneficiary details

i. Types of children

Right from the inception and even now Adarsh has a clear focus on admitting children with Cerebral Palsy. Later, when we gained confidence Adarsh started admitting children with Autism, Down syndrome and Multiple Disability too. As of now Adarsh has 283 children at the Main Centre. Disability wise beneficiary details are available below.

The same focus is extended to our Centre at the city namely CDEIRC and in CBR. Even though it is coming under CBR, at CDEIRC our focus is on the evaluation and learning disorder where majority of children attend to regular school.

ii. Disability wise details of children in Adarsh:

PROJECT	CP	ASD	DS/MR	MD	LD	OTHERS	TOTAL
Main Centre	98	48	26	111			283
CDEIRC					32	16	48
HBR	42	9	33			74	158
RBU						310	310

iii. Achievements of the year

If you ask me to grade the activities of the reporting period, without any hesitation I would report that maintaining our kids' physical and intellectual wellbeing in the most trying period against all odds will certainly rank first. A big thanks goes to various group and individuals the details of which are following. We have seen and experienced what a real teamwork can achieve that too in tough times like the one we had and is still having for the past eighteen month. There were strong technical support from Companies like TCS and Punarjeeva (and as you know technology played a major roll in the reporting period), support from corporates and individuals to guarantee the availability of technology to individual kids, relentless and sincere efforts from our whole team of 125 plus members of staff , blind faith reposed by our parents on us and of course support from the whole team of Trustees. One can measure the result when we hear the comment and request made from some corner that the present facilities should be continued even after the reopening of the system. It is to be noted that we could extend these facilities not only to the main centre but to all our projects.

5. Activity Report

Due to Covid protocol, almost all the activities, except Risk Baby unit, of the reporting period of the Trust, were held through online platform. Risk Baby Unit as you all know is a hospital oriented mobile evaluation unit which cannot be done on online.

5.1. Online activities of the main rehabilitation centre

In March 2020 when restrictions were imposed due Covid-19 pandemic, one of the main sections of the society affected were children with special needs. It was a totally uncertain situation to take any concrete course of action. We knew about the grim situation which we were sure that will last for some time. When the situation is quite difficult even for the so called normal population we were very clear on the challenge ahead of us when we consider that we have a group of very young kids from six months to 26 years with various neurological issues. We need to keep their physical condition stable understanding that in many cases a gap of strenuous therapies even for a couple of months can induce severe non recoverable damages. Unfortunately, we have a very large number of children under this category. The situation is still more serious in the case of small kids under the age of 5 where in many cases our strenuous efforts undertaken by our staff over the past so many years may end up in futile if it is discontinued. It is still pathetic when we think of their emotional and intellectual conditions. We are through a situation where even the intellectually capable and fully

verbal are undergoing tremendous psychological traumatic pressure, the plight of these kids can be easily understood where many cannot even communicate on their issues. When lack of socialization and peer group interaction can create traumatic break down even in normal population, we can very well imagine what would be the result of such long lock down in the case of special children. To a great extent we were successful in realizing the depth of this problem which made us to think in the right direction right from the first month of this pandemic. The entire month of March, all the members of staff were interacting with the children and their parents over phone either through voice call or video calls to make sure that the children were always kept active and were encouraged to move ahead to face the challenges. By the end of March 2020, as explained earlier it was almost clear that the re-opening of our activities even in June 2020 would be a remote possibility.

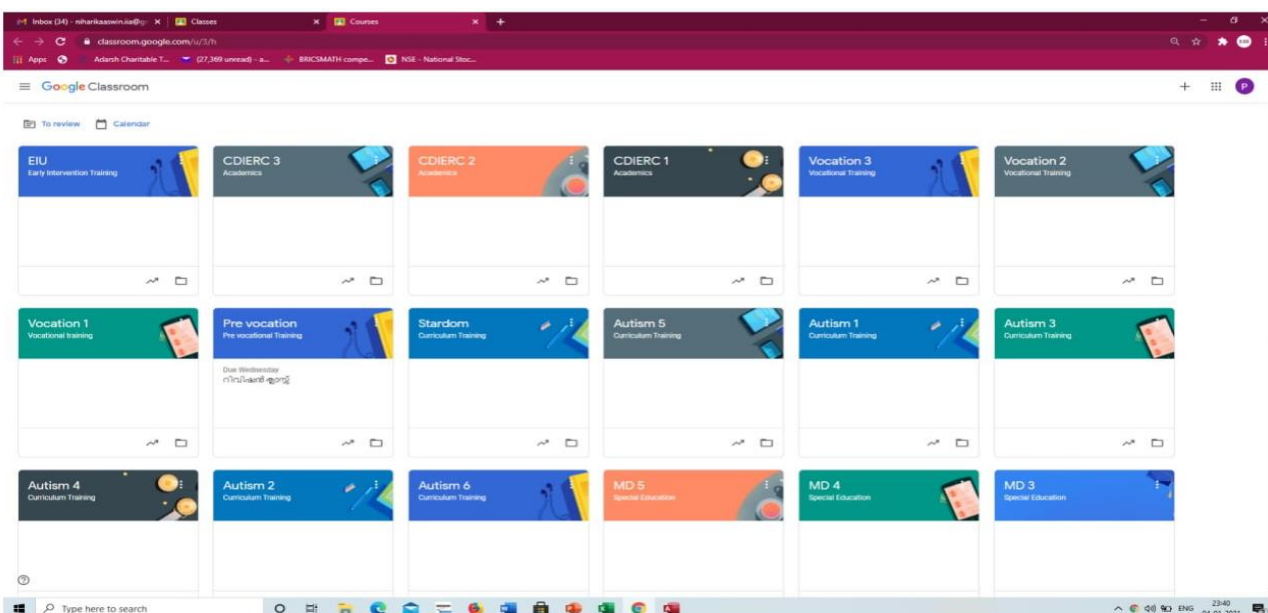
VIA (Vocational, Information, Activity) program

Realizing these challenges, we in association with TATA Consultancy Services, and a start-up company Punarjeeva Technology Solutions decided to extend all the school activities to children through online platform that too live. One of the major hurdles in front of us was lack of awareness about internet and Smartphone among the parent and kids. Non availability of adequate infrastructure added to the foe. The solution for the above was the introduction of a very innovative programme which was launched on 31st March 2020. It was called VIA (Vocational Informative and Activity) programme. The VIA programme was first of its kind digital transformation journey for the differently abled children. The intention was to create an awareness about the potentials of online education, use of smart phones and various applications in it etc. Initially the number of participants were less and later by Mid-April, the number increased significantly and Adarsh could produce positive vibe among the parents to go further. The VIA programme continued for about two long months, till the end of May 2020. During this period, various vocational activities like cooking sessions, art and craft sessions, activities through Augmented Reality from Google etc were introduced to parents and children. To enable continual physiotherapy, the children were introduced to digital therapy sessions using algorithms and techniques in Artificial Intelligence and Augmented Reality. Eminent people from different fields from the society addressed the kids, parents and staff to keep them motivated. Different psychological sessions were given to encourage them to help their children at home. Shri Gopinath Muthukad well known magician, and Social Activist, Shri Sreejith Panikar, Psychologist, Dr. P H Kurian IAS, Dr Moahammed Asheel, Dr.Sindhu Psychiatrist, etc. are some to support us. The feedback from the parents were so encouraging that Adarsh decided to reopen the school on 1st June 2020 through online platform. An official “Pravesanotsavam” was

held on 6th June 2020 on Google meet platform and around 250 parents attended the first official online function on the day.

Adarsh Special School – Online activities

As on June 2020, Adarsh main rehabilitation centre had 285 children on the rolls. Trust also takes care of another 260 plus children through its other activities like Home Based Rehabilitation programme, Risk Baby Unit and Child Development Evaluation Intervention and Research Centre. We segregated our kids based on their disabilities and abilities and other various parameters to 28 different classes. Each class has a special educator and an assistant teacher (Ayah). Once the decision to start online classes were made, we made sure to replicate all our facilities extended in our centres in the virtual Google classroom.



Shown above is the screen shoot of Adarsh Special school's Google classroom.

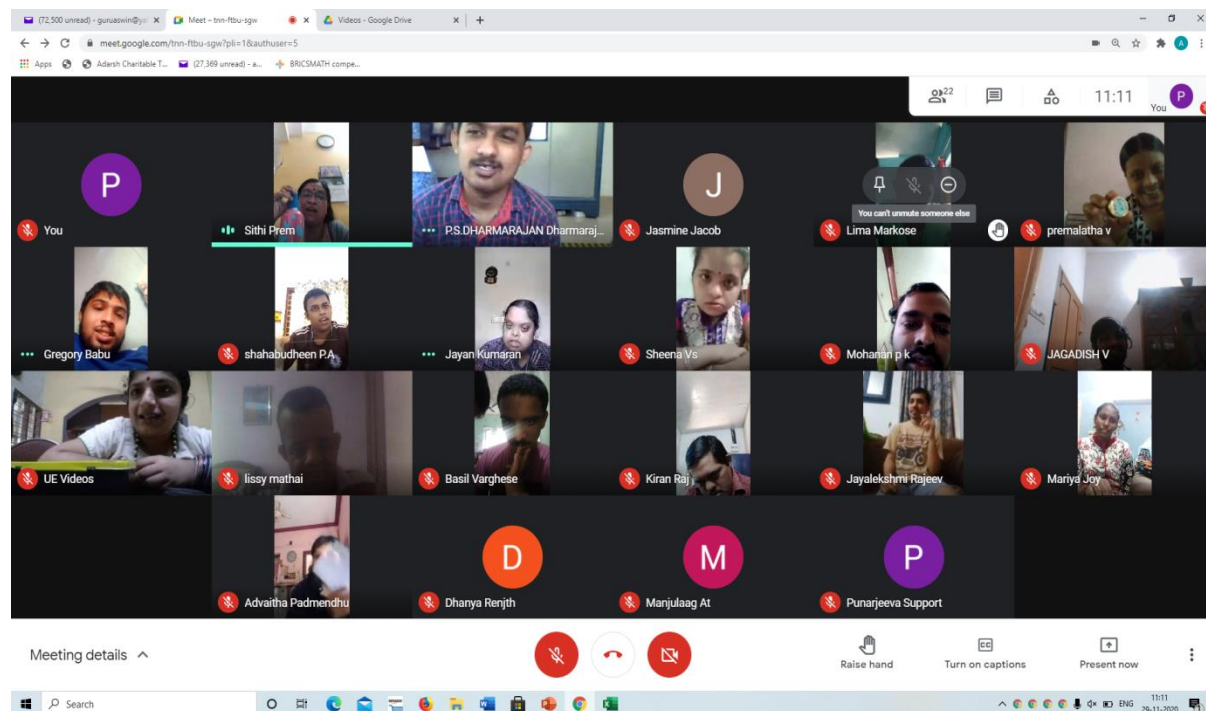
Out of the 285 children, 155 children are under the age of 18 years. Their activities are classified based on their age, skills and their abilities. The activities including Early Intervention programmes, Academic training under NIOS syllabus, all therapy programmes like Physiotherapy, Speech therapy, Psychotherapy, Family counselling, Occupational therapy etc are being provided in Google meet platform regularly on a daily basis.

Adarsh has 130 children above the age of 18 years. Various vocational skill-oriented training programmes were given to around 50 children online. Some of the online vocational activities are as follows:

- Paper Bag making
- Flower making
- Pen holder making
- Mat making
- Fabric painting
- Pot painting
- Bottle craft
- Ornaments making
- Greeting cards making
- Mask making and Hand wash making

Rest of the 80 children above the age of 18 years were divided into 2 groups. One group of 25 children, who are intellectually good and has severe physical disability are pursuing computer training. Balance 55 children are severely challenged who cannot do any vocation or other class-room activities, and who are kept in the day care centre of ACT. For them we extended many maintenance programmes through online classes.

These online live classes were being given every day for all the children. All these classes were conducted on google meet platform. Such 10-13 classes were conducted every day. On an average 70-80 live classes were conducted every week including on Saturdays and Sundays depending on the availability and convenience of parents (Since a good number of parents are working and Smartphone will be available only when they are at home). Regular special education classes are given once a week. Additionally, Physiotherapy, Occupational therapy, Speech therapy, Psychotherapy, Family counseling, Music, Dance, Drawing, Arts and Craft etc are also provided once a week except therapies which are individual centric. Altogether Adarsh conducted over 4000 online classes for the children, Children who need intensive therapy got 3 sessions of therapy a week. Out of 320 children, 260 children attended these online sessions with an attendance percentage of 85%. Balance 15% children are either severely challenged or have technical issues in attending to any classes. In their case a team of teachers and therapists contacted their parents on a regular basis and suggested home programmes which were extended in some cases wherever is possible.



In addition to these online classes, children were visited at their homes once a month when the covid restrictions were relaxed after the first wave of the pandemic. Even selected children were given medical consultation with expert medical practitioners (Pediatric Orthopedics and Neurology) from Aster Medicity in the month of April 2021, anticipating that this can be continued once every month. But the second wave forced Adarsh to stop all those field activities. Last year, with the help from Give India, an NGO based in Mumbai, around 120 children from financially poor background and their families were helped with ration and sanitation kit. We could also extend financial assistance to 30 selected children by reimbursing their monthly medical expenses.

Like in pre COVID time, Adarsh celebrated all the festivals and events but this time of course via online in a befitting manner. Onam, Christmas, Ramadan etc. celebrations were really eye catching with the live performances of children. Events like World Environmental day, Independence Day, Children's Day, International day for Person with Disabilities, World Cerebral Palsy Day, World Down syndrome day, etc were also observed online. This is done mainly to make them feel comfortable and to give them adequate opportunities to interact with their peer group. The response which we received was tremendous.

5.2. Risk Baby Unit

Risk Baby Unit is a mobile hospital-oriented new-born disability screening unit which functions in 4 hospitals in town. These hospitals are Lakshmi Hospital, EMC, Lissie and CIMAR Hospital. The unit is managed by a Developmental Therapist who is trained and specialized in dealing with small babies who are born with risks like Low Birth Weight, Prematurity, etc. The unit is working under close supervision of the Neonatologist of respective hospital. Each newborn baby, born with risk, is thoroughly screened and assessed with the help of scientific evaluation tools to identify potential delay or to identify any aberration from normal development and if anything, unusual is noticed, the therapist intervenes immediately. The identified baby is given regular stimulation and therapies right from the beginning until a change is observed. The beauty of the project is that we are intervening from day one post detecting any potential disability. In 2020-21, the unit was able to screen 310 babies even during the difficult condition of covid-19. During the reporting period, the unit did not work during the month of April and May 2020. The work under this project restarted once the lockdown was released. The irregular public transport system too affected the working of the unit. Even then, the unit identified over 17 new babies who have aberrations from the normal development. So far, the unit have screened around 7700 babies since its inception in August 2005.

5.3. Home Based Rehabilitation Programme (HBR)

This is the most innovative mobile rehabilitation programme of Adarsh. Unfortunately, due to COVID restrictions, neither there was any possibility for a home visits nor we wanted to put our kids under any kind of risks by visiting them after travelling to various places. Because of these reasons there has been a dearth in services in this project. As the core base of the project lies in the home visit made to each house of the beneficiaries by our professionals, which we undertake due to reasons like the severity of the disabilities or financial constrain of the parents, travel restriction was a major impediment. We also realize that stopping the programmes given to the kids cannot be unduly continued for too long a period which will add more worries to them. So, this year we are planning to intervene in the best suitable alternate manner, other than the online programmes. This of course depends on the COVID situation prevailing at that time.

HBR programme has a total of 158 children from all the 5 units. Of which 110 are being helped using the online platform. Rest of them neither have internet facilities nor have other infrastructure to participate in the online training programmes. We are trying to help them through their local panchayats. Even in their cases, teachers and therapist extends training and therapy guidance over phone calls. This will make us to keep all of them in good touch. And they also will not have the feeling that they are left out of our radar. And most importantly on our part we are updated and are well aware about their issues for which necessary remedial actions are taken then and

there. Among them around 70 children have been helped with Special Education programmes and 103 children with Special Education and Physiotherapy. These programmes are implemented either using whatsapp or in google meet platform. In many cases direct calls or visits are also undertaken to intervene in their issues. A detailed report is as follows:

Data chart of Home-Based Rehabilitation programme

UNIT	TOTAL CHILDREN	Google Meet	PT	SE	Whatsapp	Direct Phone in Programme	House Visit
I	36	5	15	27	07	24	4
II	33	3	19	18	13	17	1
III	29	2	12	17	15	12	1
IV	37	4	12	29	15	18	1
V	23	1	12	12	08	14	3
TOTAL	158	15	70	103	58	85	10

In June 2020 ACT planned home visits of selected children. But due to the apprehension raised by some of the parents, the plan was dropped and we have decided to implement it once the number of covid incidences reduce, and the protocol allow us to do so. At the same time all other online programmes are continued.

As our custom, we dedicate 2nd October, Gandhi Jayanthi day as an exclusive day for the get together of the parents and children of our home-based units. Usually, the day is filled with lot of activities and fun where all the children and parents get an opportunity to share their experiences and feed back to the management and sponsors of this project BPCL-Kochi Refinery. Every year without fail a group of top management personals from KRL make it a point to attend this get together. On our part many of our trustees including the office bearers also meticulously attend the programme. We used to get participation from 80-90% of families. But as you can imagine this year, we did conduct the get together in the most befitting manner but through online platform. Around 60 children and their parents joined the meeting. At the meeting apart from the Trustees and Chairman of ACT, the Executive Director BPCL Shri Murali Madhavan and Executive Director designate Shri Subramanian Iyer also joined along with Ms Elizabeth Davis from the Public Relation department of the company.

6. Other important online school activities in 2020-21

a. Important days and their observations.

1. Pravesanotsavam 2020 (PARIGYAN 2020) was held on 10th June 2020. The function was inaugurated by Dr Mohammed Asheel, Executive Director, Kerala Social Security Mission, Trivandrum. At the function, eminent personalities like Shri Madhu S Nair, CMD of Cochin Shipyard, Well-known magician Shri Gopinath Muthukad, Shri Manoj Das, Chief Editor Mathrubhumi, Shri Murali Madhav, Executive Director BPCL, KRL, Shri Radhakrishnan, Senior Divisional Manager, LIC, Ernakulam, Shri John Joshi, Social Justice Officer, Ernakulam, Shri Ashley Elanjickal, Vice President, Care and Share USA were all there to support our kids and parents and motivate them all at this most troubled time. It was an excellent programme.
2. World Environmental Day was observed on 5th June 2020.
3. Adarsh observed Vayanadinam on 19th June 2020. Part of that vayanavaram was celebrated for a week with quiz, coloring, reading competitions for the children.
4. Ramayana month was celebrated with Bhajan and other songs by the children under the leadership of Ms Sarala Sasi, Music Teacher of Adarsh.
5. Independence Day was celebrated online. On the day Shri P R Mahadevan, Secretary of Adarsh hoisted the flag at the school premises maintaining all the COVID protocols. The function was telecast online in google meet and all the children and parents watched it with honor and pride at their home.
6. On 29th August 2020., ACT celebrated Onam. The main guests were Noby, Cine Actor, Pashanam Shaji, Cine Actor, Shri Riyas Nedumanagad, TV Actor, Shri Anoop Shankar, Shri Nikhil, Playback singers. Part of the celebration Pookkalam Competition was held online.
7. Teacher's day was observed on 5th September 2020.
8. World Cerebral Palsy Day was observed on 6th October 2020. Shri Anjan Satheesh won special jury award for the specially abled 2020 organised by Center for Child Development and Akkara Foundation. Congratulations Anjan.
9. Children's day was celebrated on 14th November 2020 with befitting programmes by the children. Smt. E N Indirakkutty, Principal, Govt Arts College Tripunithura was the chief guest of the function. At the function, Shri Viji Chnadraraj, Taluk Surveyor, Aluva was there. It was a week-long programme organized as part of the celebration.
10. World Disability Day on 3rd December 2020. On the day ACT announced Adarsh Ilayanila on online musical fund-raising programme which was held on 29th December 2020.
11. Annual Day celebration of ACT along with Christmas was celebrated on 23rd December 2020. Ref Fr. Mathew Manavalan gave the Christmas message to all. Playback singers Liji Francis and Reetha Bineesh were the chief guests.
12. ACT celebrated New Year 2021 on 1st January 2021. The function was inaugurated by Shri Antony Asanparambil, Chairman, Maradu Municipality.
13. Muthoot College of Engineering donated a motorized wheelchair to Shri Sarath Mohan

14. Mother of our student, Smt Bhagaylakshmi (M/o Jyothi) was honoured by Aasmaan foundation on International Women's Day. Congratulations Smt.Bhagayalaskhmi.
15. ACT Celebrated International day of Down syndrome on March 21st, 2020 and World Autism Day on 2nd April 2020.
16. One of our students, Shri Anugrah Bency got admission for Graduation course at Sacred Heart College Thevara. Congratulation Anugrah.

b. Seminar and Training

Due to Covid pandemic, ACT did not send any teacher to attend seminars or training outside. But majority our teachers and therapists attended various online webinars and training programs related to their field.

Internally ACT organized seminars on different topics. All the teachers and therapists conducted classes on different topics. Based on the feedback received, all of them found it really useful and informative to upgrade their knowledge.

7. Parent Teacher Association (PTA)

ACT is always thankful to the PTA, especially for the support they extended to the Trust during this most difficult time. ACT remember with gratitude that we could do these online rehabilitation programme effectively because of their steady support and cooperation. ACT appreciates Shri Tony Chettiamkunnel the president of present PTA and its committee members for their wholehearted support.

8. Adarsh Centre for Empowerment (ACE) – The Vocational training centre cum day-care centre of Adarsh Charitable Trust for children above 18 years

In December 2005, when ACT was shifted to its new own disabled friendly building at Kureekkad, there were hardly 10 children above the age of 18 years. But gradually the number of children in this age group has started increasing because we didn't have a specific programme for these group. As per the Government norms we cannot retain a child after 18 years of their physical age. But in many cases though their physical age is well over 18 their mental age may not be. And in many other cases their disability may be so profuse that we could not include them in the mainstream. One of the main reasons for this is that for children with moderate to severe category of disability, the outcome of all the rehabilitation endeavors however we try is limited. So ultimately, we are left with no other option other than retaining them in our main centre only because, for them literally there is no other place to go. Moreover, at our centre they are guaranteed regular therapeutic measures with lot of options for their recreational activities. Our only option in their case is to engage them in some sort of vocational activities, which each one can undertake, depending on their physical and intellectual capacity and deficiencies. So, naturally their number will go on increasing over the years

and at present at Adarsh we have 130 children above 18 years of age. Hence the need of hour is to extend some sort of vocational and recreational rehabilitation measure. The requirement for this is the availability of adequate space and infrastructure to start stand alone projects, where we can include these kids through well selected proper vocational rehabilitation program. We also need a day care facility for those who cannot be otherwise put through any kind of vocational rehab activities. ACT started the vocational training programme in a moderate manner in 2008 which was upgraded with professional vocational rehabilitation experts in 2016. This is running fairly well though not to the full satisfaction of all. But lack of space and infrastructure to include more befitting vocations always prevented us from giving this project enough thrust which it needed. This was an area seriously pondering over our mind. The load on Adarsh by over aged children prevented us from taking more admission in entry level categories. So, what Adarsh wanted was an adequate space to set up a separate centre for empowerment (Adarsh Centre for Empowerment-ACE) preferably close to Adarsh's main centre at Kureekkad. ACT was looking for a suitable land to buy or build or lease a building (on long term lease) since FY 16/17. Suitable building on long term lease was not available and the other option of purchase of land or building didn't materialized as it was very expensive.

While Adarsh was struggling to find a way forward for ACE, we received two new commitments for ACE. The first support came from Rotary Cochin Central who agreed to fund equipment worth Rs 50 lacs (approx.) for ACE. This support came to us in March 2019. Around the same time, Shri Mathews P Mani, one of our Trustees and member of Governing council and father of a student of ACT, donated the 2nd and 3rd floor of a newly constructed 4 storeyed building, with each floor measuring to 4000 sq. ft. area, on a lease agreement for 30 years for ACE at free of cost. He has also donated free of cost one shutter in the ground floor of the commercial area ear marked for commercial activities in the building in its ground and first floor. More than that he has allowed us to utilize the vacant 30 cents of land behind the building and a newly built swimming pool for any meaningful activities related to our centre. This building is just 2.5 kms away for Adarsh main centre. Now with this benevolence ACE will have a full fledged and exclusive Vocational Rehabilitation Programs, Therapy Facility and Day Care centre for children above 18 at this new complex. Another building of around 1700 sq. ft. for housing the Chappati Making Unit and the Bread and Cake unit is being built by ACT for which also he has magnanimously given permission. The building is being constructed and this will be ready for use soon.

Infrastructure

ACE will function at the second and third floor of the commercial 3 storeyed building. Besides, ACE is constructing around 1700 sq. feet as a separate building for the Chapatti and Cake Unit. ACE will also have a shop and cafeteria run by our kids on the ground floor of the commercial complex. The available 8000 sq. ft. area of building, in the second and third floor is being modified to suit our need. Main work needs to be done is to make partition for various therapy and classrooms and to install necessary therapeutic infrastructure to impart training for those who cannot be otherwise engaged in any vocational activities which we plan there. All these will incur a capital expenditure of around 50 Lakhs rupees. Thanks to Sarojini Trilok Nath Trust, New Delhi, their generous donation made to us in 2016-17 is utilized for this purpose now. For your perusal I am posting a picture of the new building. I also invite all our trustees to have a look at the new facilities. We are of course planning for a very grand opening ceremony of this centre. From my heart I thank Sri. Mathews P Many, M/s. Rotary Club of Cochin Central and Sarojini Trilok Nath Trust for standing with us at this most needy time. Our children are really lucky to get all that which is required to start a centre of this kind – space, and support to develop its infrastructure. We thank you all sirs.





PHOTOS: ACE OUTSIDE VIEW AND INSIDE VIEW

Beneficiaries

Total number of beneficiaries or children the centre can accommodate will be 250, all aged above 18. But present plan is to go with 130 children from Adarsh who are above this age. We are also open to admit more children from the society if someone wanted our support. We expect good demand as ours is one of that kind with very specific vocations and courses and which has separate facilities to maintain their health and intellectual potential. This is of utmost importance and having all these at the same premises add value for our services. We have identified 4 groups of children in this category and they are:

1. Children with Mild to Moderate level of intellectual and physical conditions – 52
2. Children with Severe Physical challenges and good intellectual skills – 25
3. Children with Autism Spectrum Disorders – 14
4. Children with Moderate to Profound level of disability (Multiple Disabilities) – 39

The new admissions will be categorized in any one of the above cluster as our projects are structured according to the above norms. As reported in earlier paragraph we anticipate more to join once the centre is functional.

Major activities at ACE

The activities at the centre can be divided in to 3 categories:

- A. Vocational Rehabilitation activities

- B. Vocational income generating activities.
- C. Vocational certificate courses

A. Vocational Rehabilitation activities

These activities are mainly intended to children with moderate to severe challenged conditions and for those affected with Cerebral Palsy, Autism and Mental Retardation. The major activities coming under these categories are:

1. Horticulture Therapy programme
2. Candle making
3. Paper pen making
4. File making
5. Ornaments making
6. Phenyl making
7. Dish wash making
8. Agarbathi making, and similar small and simple vocational rehabilitation programmes.
9. Art Centre

Children under this category will be trained to do the above activities along with regular programme in special education, Physiotherapy, Occupational therapy and Speech therapy. This is to maintain their functional level. It is estimated that as at present 53 children will come under this category.

Among the programmes, except Horticulture therapy, all other vocations are already being given by Adarsh for the last 2-3 years at its main centre. In the case of Horticulture Therapy unit, it is planned to implement this with the help of Kerala Agriculture University, Vellayani, Trivandrum. Dr Bela, Associate Director of Research in the University is a professional who is specialised in this Horticulture Therapeutic programme for differently abled children. She is the main consultant for us for the project. We thank Dr.Bela for all the helps she is extending to us.

For the balance 38 children, rehabilitation services will be projected as a programme called “Pakalveedu” (Day Care Centre). Registration for the programme will be given from the local self govt, Udayamperoor Panchayat. We have approached for getting support for the project from Udayamperoor Panchayat and there are schemes under the Social Justice Department of Kerala Govt. through which, we hope to get

financial assistance for this programme either from District Panchayath or directly from Social Justice Department. We can accommodate many more adults who are under the similar conditions staying in the nearby localities.

B. Vocational Income generating unit.

This group children are affected with mild to moderate levels of disabilities like Mental Retardation, Cerebral Palsy and Autism etc. Selected activities under this category are:

1. Cake Making
2. Semi Cooked Chappathi making
3. Sanitary Napkin Making
4. Paper Bag making

Machineries of all the above units except for the paper bag (where ACT uses simple wooden mould) are bought with the financial support of Rotary Cochin Central. Formalities for procuring all the machineries are complete and machines are also ready for installation. We are waiting for the building to be readied for installation and the right time to do so, so that the installed machines are not kept idle which may hamper their performance when we start to use it.

ACT has been already doing cake baking at its main centre in a very small way. The new cake making will be a commercial unit with facilities for undertaking bulk order and specially designed birthday cakes. It will be a professional cake making unit. There will be a trained chef to support our children and staff and to supervise the entire activities. Cakes can also be bought from the shop of ACT which will be opened in the commercial shopping complex on the ground floor of ACE. The total project cost of Cake making unit is Rs.31.67 Lacs and the entire support for this is being extended by Rotary Cochin Central. ACE is hopeful that we can procure enough orders to make this a self sustainable project.

Semi Cooked Chappathi making is another unit. This too was being done at the main rehabilitation centre for the last 3 years. It is a ready to eat Chappathi making unit. Finding that the demand is high for semi cooked Chappathis in the market, ACT planned a semi cooked chappathi making unit at ACE. Adarsh has arranged for a tie up with a distributor for purchase of the Chappathi's from ACE. Here again the entire expenditure for the infrastructure is supported by Rotary Cochin Centre. We are quite confident on its financial sustainability as we have good experience in this and to add to our expertise, this time we have tie up for sales and marketing.

Sanitary Napkin is a new activity. As you all know ladies are the major population in our base as well as city centres where the need of Sanitary Napkin is high. This gave ACT the confidence to include this unit. By our own product we can maintain the hygiene and have a control on price also. For this unit also we have full support from Rotary Cochin Central.

Paper Bag making unit is an ongoing project. With the help of wooden moulds of different sizes, children of ACT make around 700 bags a month for one or 2 shops in Nucleus Mall and a dental clinic at Panampilly Nagar. All these bags are made of English Newspaper according to the instructions of the clients.

In addition to the above projects, Rotary Club of Cochin financially supports in procuring all the kitchen equipment and associated devices for the cake as well as for the chappathi making unit. Total cost for the same is Rs. 6.37 Lacs. Apart from this kitchen equipment, the centre needs extra furniture and utensils worth Rs. 1.57 Lacs which ACE has to spend.

C. Vocational Certificate Courses

These are certified course under National Institute of Open Schooling. ACT is applying for an accreditation to become an NIOS accredited Vocational Institute. An accredited institute can select 5 courses from 100 courses. ACT for the time being has selected following 5 courses (selection of courses is optional. It can be changed based on the level of children and other parameters) for its children based on their skill and ability:

- i. House Keeping
- ii. Hotel Front Office Management
- iii. Bakery and Confectionary
- iv. Laundry Services
- v. Basic computing or Computer or Office Application

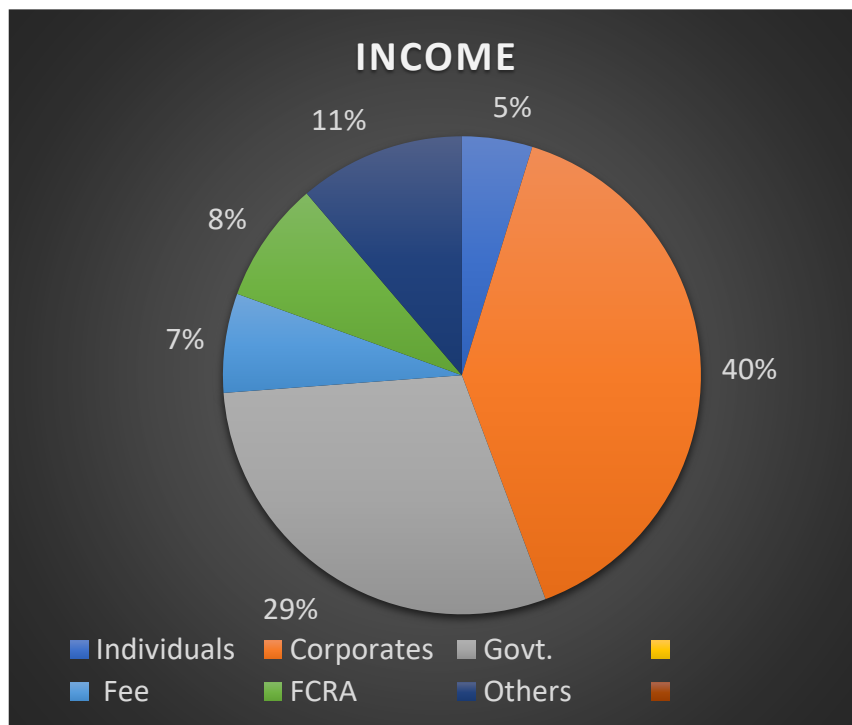
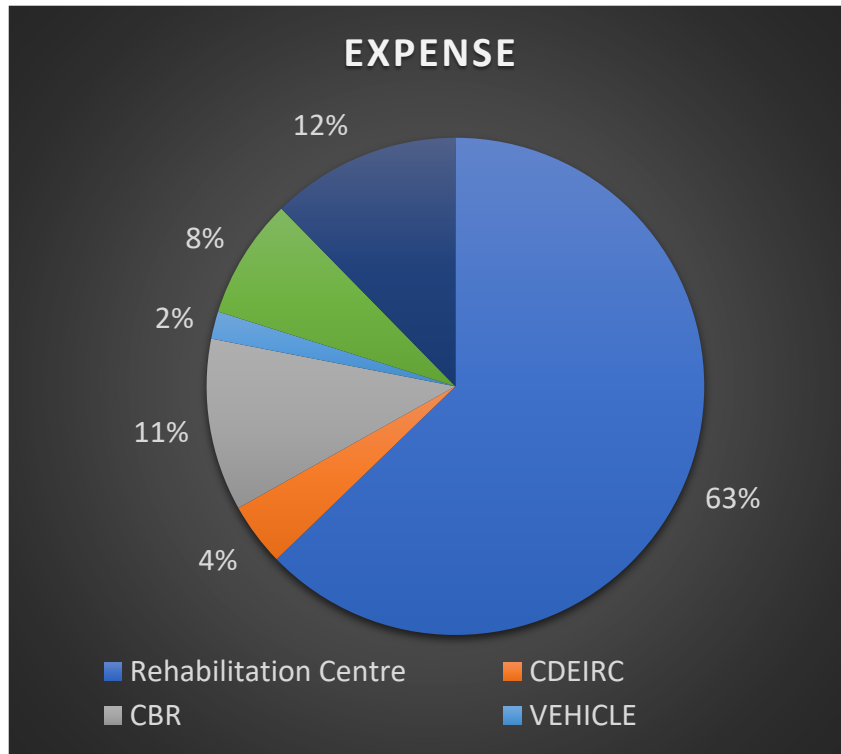
One of the objectives to select these courses will be to get financial support from Social Justice Department through their project called “Athijeevanam” where they give grant in aid support to NGO’s who is running certified courses for challenged children to make them independent in their adult life.

15 Computers and accessories in the lab for the ICT based training will be provided with the financial support from Rotary Cochin Central. Total cost of all hardware and software is Rs. 8.5 Lacs. Once again courtesy Rotary Cochin Central for meeting the entire expenses. But the recurring expenditure of this too, has to be managed by ACE.

9. Financial Report

a. Basic Financial Analysis

Audited Financial reports are already distributed to all the members. The details will be shared by our Treasurer. If we take the activities of the reporting period, on the technical front we have done fairly well. And when we look at the financials I should report that this was also a satisfying one for us. This is reflected in the financial report. The abundant support which we received from all quarters including the Government made us feel very comfortable though we are not. With utmost difficulty we were able to release the salaries for the entire 125 plus members of staff till this month. We have even sanctioned the annual increment to all reciprocating their exemplary involvement and sincere efforts and the empathy they have shown to our children during this difficult time. The financial support we received for special projects both related and non related to pandemic was amazing. Though all these supports was a real relief to us, the total financial scenario as will be explained by our Treasurer need keen attention. Our sustainability depends on bringing in working funds where we still have a huge gap to plug. But at the same time, we remember with gratitude the voluminous support which we received at this most difficult time. We need to continue our efforts to sustain this and this is possible only by showing our sincerity in implementing various projects at the most transparent manner. We thank all who stood with us.



In the FY 2020-21, the total revenue expenditure of the Trust was Rs. 243.99 Lacs. To meet these expenditure ACT received Rs. 261.04 as financials support from 3 main sources. They are help from the beneficiaries as rehabilitation charges, help from Govt and donations from individuals and corporate organizations, which are 7%, 29% and 53%. Balance 11% was received as interest earned from banks and other sources. There is a surplus of Rs.10.04 Lacs due to excess contribution of Rs. 14.06 Lacs from Department of Social Justice Govt of Kerala which was supposed to be received during the FY 2019-20. Compared to last year's financial statement, there was a considerable increase in the help from Govt sector. That is a welcome sign and Trust hopes that this will continue in future too. At the same time there was a significant reduction in the contributions from the beneficiaries due to covid. Similarly, percentage of donations from individuals and organizations too shows slight increase. Thanks to all the members once again for their sincere efforts. Among the expenditures, even though school was closed, Trust incurred all the general expenses except Vehicle which was a huge burden for the Trust during the pre-covid time. That head alone had a deficit of 16 Lacks last year. That was not there in FY 2020-21.

b. Audited Financial Statements

i. Income and Expenditure

ABRIDGED INCOME& EXPENDITURE FOR THE YEAR 2020-21			
INCOME	AMOUNT	EXPENSES	AMOUNT
FROM BENEFICIARIES	1893775	REHABILITATION CENTRE	15312009
FRM GOVT OF KERALA	8327300	CHILD DEVELOPMENT EVALUATION INTERVENTION & RESEARCH CENTRE	1001984
COMMUNITY BASED REHABILITATION	1741088	COMMUNITY BASED REHABILITATION	2735504
DONATIONS	11056491	VEHICLE EXPENSES	435129

GIVE INDIA	1292117	ADMINISTRATIVE EXPENSE	1906528
INTEREST FROM BANKS	1451644	INTEREST & BANK CHARGE	350920
OTHER INCOME	341596	MISCELLANEOUS EXPENSES	800599
		DEPRECIATION	1856478
TOTAL	26104113		24399151

ii. Abridged Balance Sheet

Abridged Balance Sheet 2020-21	
PARTICULARS	AMOUNT
Fixed Assets	16970906
Current Assets	24838335
Corpus Fund	920000
Current Liabilities	3005787
Loans & Advances	930899
Cash & Bank Balance	25898837

c. Accounts of the organization are constructed on Accrual Basis.

10.Acknowledgement of donors

- i. **Shri Mathews P Mani** and his family deserves high level of appreciation in helping Adarsh to step in to next level of rehabilitation service for challenged children above 18 years. ACT was anxiously searching for land or plots for setting

up a full-fledged vocational rehabilitation centre for such children. At that time, Shri Mathews P Mani offered the divine help of donating a fully constructed multiple floors with an area of 4000 sq ft each in his newly constructed multistoried building at Udayamperoor near ACT (Just 2 Kms away). Shri Mathews P Mani, being one of the parents of ACT, was happy with the services of ACT for the last 10-12 years. Now he is a Governing Council Member of ACT. The Trust wholeheartedly appreciates the munificence of Shri Mathews P Mani and his family for the help. We are sure that this will go a long way in changing the face of Adarsh in coming years. May God bless their family.

- ii. **Rotary Club of Cochin Central** Since 2018, Rotary Cochin Central is actively involved in various activities of ACT. In 2018 they supported Adarsh by giving advanced therapy devices. In 2019 they agreed to support for procuring machineries for the new Vocational Rehabilitation Centre (ACE) of ACT. The project cost is around 50 Lacs. Even though we are ready with all machineries, all the proceedings to launch the centre is kept pending due to Government restrictions. We are expecting that the situation will be congenial to open the centre at least by August/Sept 2021.
- iii. **Govt. of Kerala** Help from Govt of Kerala has been very moderate for the last several years. The grant given by the Government cover about 20% of the total expenses. Last year the grant in aid was increased considerably so as to cover 30% of our running cost. That was a generous support at the most needy time by the Government for which we thank them. Though there is an increase in the amount, the number of staff who got the benefit out of this grant is limited to 26 leaving out 103 of our balance staff. This is a matter of concern. The main reason for this difference is that the Staff student ratio of ACT is different than the ratio fixed by Government, which was fixed based on one disability i.e., Intellectual Disability whereas in Adarsh it is fixed based on each disability. ACT has raised this concern to respective Govt authority. Last year ACT received Rs. 69.21 Lacs from Govt of Kerala.
- iv. **HDFC Limited / HT Parekh Foundation (HTPF), Mumbai**
HDFC limited/HT Parekh Foundation has been a major supporter of Adarsh. ACT's association with HDFC started in the FY 2013-14 when we approached HDFC Ltd, to become one of the sponsors for the fundraising event held at Gokulam Park Hotel, Kaloor. HDFC supported ACT with a contribution of Rs one lac. Later, ACT got chance to interact with HDFC officers at Kochi and many of them started helping children of Adarsh on a monthly basis towards sponsoring a child and these contributions still continue. In the year 2017-18 HDFC through HT Parekh Foundation helped Adarsh for setting up Sensory Integration Therapy room with a contribution of Rs 7 lacs and also gave Rs 15 lacs towards the Corpus of the Trust. During 2019/20, HDFC donated Rs. 35 Lakhs towards

revenue expenditure. During this year, despite their commitment to Covid related support, HDFC supported Adarsh with a donation of Rs 35 lacs. We thank HDFC Ltd for this generous and timely support.

- v. **Cochin Shipyard Ltd** - In 2020-21 Cochin Shipyard sanctioned 10 Lacs for setting up 10 smart class rooms at the main rehabilitation centre and an Indoor Sensory play area for small children with challenges. Since the lockdown is extended indefinitely, smart boards though purchased have not been installed. Sensory Play area has been developed. Unfortunately, children are really missing all these high-end centre oriented activities due to the covid restrictions. ACT expresses our heartfelt thanks to Shri Madhu S Nair, Chairman and Managing Director, Shri K J Ramesh, Chief General Manager (HR) and Shri Sampath Kumar Assistant General Manager (CSR & A), Shri Sasindradas P S, Deputy Manager (CSR), and Shri Yoosaf Manager (CSR) for getting this project sanctioned for ACT. I also would like to mention the help Shri M D Varghese did for materializing this support from Cochin Shipyard
- vi. **Bharat Petroleum Corporation Ltd.- Kochi Refinery** has been a dependable source of help right from the inception of ACT. The home-based rehabilitation programme is fully supported by BPCL. The Trust understand that the reporting year was very challenging for them also in fixing the priorities for the distribution of their CSR findings. But we are very happy that, understanding the importance of the project and understanding the grave effect on its discontinuation, they were kind enough to prioritise our Home Based Rehabilitation project and funded it. We appreciate the initiative of their former Executive Director Shri Murali Madhav and his successor Shri Subramoniam Iyer, and the tremendous support of Shri George Thomas, Shri Vineeth Varghese, Ms Ancy Johnson (who is now retired) and Ms Elizabeth Davis for their kind gesture.
- vii. **Anaha Trust** is based in Bangalore. One of the founders of this trust, Shri C Balagopal is a well-wisher of Adarsh. The Trust supported Adarsh for enhancing the rehabilitation facilities of ACT. The project includes to support Early Intervention and setting up of 4 smart boards at the main rehabilitation centre of ACT. Total project cost was Rs. 19.04 Lacs. The entire amount was given by the Trust. It was commenced in September 2020 and will be ending in August. The project is still on.
- viii. **Give India Foundation**
 - ix. has been a regular source of income for ACT ever since ACT got registered with Give India in 2006. For the last 15 years, ACT has been getting regular financial support at regular monthly duration. Last year, apart from the regular monthly donation, Give India extended Rs. 5.76 Lacs towards covid relief work. With that ACT could help 120 children and families by giving them ration and sanitation kit. The help also included medical assistance to 30 children for 2 months. The total

donation amount from Give India during the FY 2020-21 was Rs. 12.92 Lacs. Thanks to Give India for this generous support.

- x. **BENEVITY.CAUSES** is an international, a charity platform associated with over 650 Brands/Corporates such as Google, Microsoft etc. helping NGOs/NON-PROFITS and the Corporates to channel funds to the needy all over the world. Some companies like Microsoft, McKinsey, LinkedIn etc. match the donations by employees to the NGOs registered in the BENEVITY.CAUSES portal. The registration process usually has to be initiated by an employee (of one of the associated Corporates) willing to make a donation to the NGO. An employee of LinkedIn Corporation, known to Adarsh, initiated the process and Adarsh could complete the registration. We received over USD 16,000 during the financial year. Employees of LinkedIn, Microsoft, Google, etc. made donations. Many of the donors were not previously known to Adarsh but came to know about Adarsh through the Benevity Portal. This has opened a new avenue for us, and we do hope to work on this avenue. The Trust extends sincere thanks to Ms. Stephy Mathew for coordinating everything to materialize this help.
- xi. **AVT McCormick Ltd** – helped ACT twice during the last financial year. First one in August 2020, when they extended Rs. 3 Lacs for the rehabilitation of 15 adult children with Autism. Then in March 2020, another Rs. 8.4 Lacs was given for the rehabilitation of 35 children with severe and profound disabilities. ACT made a presentation at their office in March this year. ACT extends special thanks to Ms Sushama Srikandath, MD of AVT McCormick and Shri K K Ramachandran for coordinating all the communication with Adarsh. Thanks to Sri.Vijayan our Governing council member for his initiative for this.
- xii. **K Chittilappilly Foundation (KCF)** KCF has been a regular source of help for ACT for the last several years. Last year KCF donated 5 Lacs for meeting the revenue expenditures. Additionally, they have helped Adarsh through Rotary Club of Cochin Central for setting up a hydrotherapy pool at the new vocational centre premises of ACT. Adarsh is always indebted to Shri Kochouseph Chittilappilly for his large-hearted support. The efforts taken by our Vice Chairman Sri.Sathyarayanan in bringing this contribution is highly appreciated.
- xiii. **Shri. K V Narayanan Kutty** was instrumental in getting the financial support for procuring advanced therapy devices in 2018 when he was the President of the club. This year he donated Rs.5 Lacs to Corpus Fund of the Trust. This is in addition to Rs. 5 Lacs which he donated through Rotary Club of Cochin Central for setting up a hydrotherapy pool at the new vocational centre premises of ACT.
- xiv. **Mindcurv, InfoparkIt** was in 2019-20, ACT met the officials of Mindcurv for seeking CSR support at the time of Vicennial celebration of ACT. They promised

to support. Their support came in 2020-21 as a donation of Rs. 5 Lacs towards child month sponsorship of 10 children for a year, medical assistance for 30 children for 10 months and for procuring Physiotherapy and Occupational therapy to the Adarsh Centre for Empowerment. ACT is thankful to Mindcurv for the support.

- xv. **Care and Share USA** too is in the regular benefactor's list of ACT. This year they helped over 6 Lacs for the rehabilitation expenses of children of Adarsh. Now we are in the FY 2021-22. Recently we had a meeting with the Vice President of Care and Share Shri Ashly Elanjickal. This year they are planning to raise funds for charity by organizing a dance programme by Master Aghi Vadari, who had performed in the past too to raise fund for charity. ACT is one of the beneficiaries of this programme. We consider the association with Care and Share is a great boon for the children of Adarsh. Thanks to Shri Tony Devassy, the President of Care and Share, Shri Ashley Elanjickal and Shri Santhosh Nair a member of Care and Share. Adarsh also appreciate the efforts taken by Master Aghi for his great effort to raise funds for charities. This is something emulative for his age and we recognize and appreciate his empathetic attitude towards his peers.
- xvi. **Shri Nelson, Managing Director of Esquire Plastics Pvt Ltd**, Kalamassery has been donating Rs.35000 every month to Adarsh since January 2012. Even during this difficult time of Covid, the help continued. Thank you, Shri Nelson.
- xvii. **Central Marketing Syndicate** is also a regular benefactor of Adarsh. Its former Managing Director Shri P S Raman was a Trustee, and Governing council member of our Trust. He was also a great well-wisher of Adarsh. Unfortunately, he passed away in 2019. Even after his demise, the company, which is managed by his son, and his nephew Shri Anand, has shown the same munificence by donating Rs 2 Lacs to the corpus fund of ACT. We are always thankful to Central Marketing Syndicate. It is really heartening to note that the younger generations are more empathetic towards the society and never shy away from responsibilities.
- xviii. **Shri Dinesh P Thampi** is regularly contributing to the corpus fund of ACT from April 2020 onwards. Last year he donated Rs. 2.2 Lacs. ACT extends sincere thanks to Shri Dinesh P Thampi. He is one of the Governing Council members of ACT.
- xix. We put on record our sincere thanks to **M/s. G. Joseph and Associates**, who audited our accounts. Thank you, sir.

- xx. We also thank **Sri.Robin Tomy** of TCS who is of immense help to advise and coordinate our online programmes.
- xxi. We thank **Punarjeeva Technology** for their help in imparting online programme.
- xxii. **M/s. TATA Consultancy Services** has been working with us for so many years in IT related areas. We thank them for their support.

Adarsh Charitable Trust conveys sincere gratitude to following individuals and organizations also. Many of them are regular and big-hearted well-wishers of the Trust. You are all close to our heart.

1. Ms. Rema Subramaniam, Mumbai
2. Shri Jayakumar Bhaskaran, USA
3. Shri K Neelakantan, Bangalore
4. Shri. K N Ardhanareeswaran, New Delhi
5. Umesh Bhat, Partner, G Joseph and Associates

..... and the list thus goes on. The names mentioned above are only a few among a large number of donors. We are indebted to all our benefactors for their help and are looking forward in getting the same in future too. I may be excused for not mentioning all names, which is due to space constrain.

On our part we guarantee that every single paisa will be utilized with utmost care and only for the benefit of these kids.

11. Adarsh Ilayanila 2020

ACT in association with Rotary Club of Cochin Central organized a mega online musical fundraising programme – Adarsh Ilayanila a tribute S P Balasubramaniam. It was held on 29th December 2020. Leading playback singers from the film fraternity participated in the programme. K S Chithra, Unni Menon, Madhu Balakrishnan, Afsal, Devanand, Ganesh Sundaram, Sithara Krishnakumar, Harish Sivaramakrishnan, Reena Murali, Vichoo Iyer, Rupa and Rajesh Cherthala were the artistes. It was telecast live in Facebook and YouTube channel of ACT. The programme got wide range of viewership and it could create an impact among the society not only in India but around the world as well. ACT spent Rs.7.35 Lacs for the programme and in return collected over 25 Lacs. Of which 15 Lacs will be spent for developing the infrastructure facilities of Adarsh Centre for Empowerment and 5 Lacs towards Corpus Fund. Another 5 Lacs will be spent for the daily running expenditure of the Trust. We take this opportunity to thanks

Shri Tom Babu President Rotary Club of Cochin Central 2020-21 for his sincere effort in helping Adarsh to conduct the programme successfully. Along with him all other members of Rotary Club of Cochin deserve appreciation especially Shri Suni Kannath who worked hard day and night right from day one to its conclusion. From our side, as usual Shri Raghunathan did a wonderful job in coordinating with the artistes for recording songs and its editing and in fact for the entire performance. Our Vice Chairman Sri.Sathyanarayanan was instrumental in conceiving the idea and he was there throughout to lend his support to all who were involved in this.

12. Major Future Projects

I. Research and Development wing

For an organization like Adarsh with a vast experience of 23 years in the rehabilitation field of challenged children, a research programme on various selected aspects is the need of the hour. Because we understand our responsibilities to the society and to the coming generations. In the last twenty-three years we had done exceedingly well in many areas and out of this we can claim exclusive success in many. It is our responsibility to share this for the future generation, codified and documented. We have also identified certain areas where a need for some deep and serious research is required. We are already on the job with some initial discussion done in certain areas with the relevant groups. I am hopeful that there will be something substantial to report in our ensuing Secretary's report.

II. ACE is our immediate dream project for the coming year. As reported earlier we were very lucky to get all required support from various quarters to take this forward. The work at the centre is progressing fast though intermittently disturbed by the pandemic. A lot of work needs to be done there like the structural change, interior modification, procurement of machineries and its installation, branding of our products, different tie ups, interior decoration of our proposed cafeteria, certifications etc. I am happy to report that all the works in the related areas are going on fast subject to the irritating disturbance due to the pandemic. We expect everything to be ready for inauguration by July end. Once finished, I am sure, this is going to be one of this kind among special school. The positive contributions ACE is expected to make to us as well to the society are that:

- a) it will take care one of our major worries on the plight of kids above eighteen years.
- b) it will allow us to admit more kids in our base centre where strenuous rehabilitation measures are done.
- c) we are hopeful that a good number of children who are otherwise not engaged productively, can find a vocation which will not only make them engaged but will be a source of income.

- d) our branding of certain niche products will be a flag ship component with which the whole activities of the trust can be reached to public thereby increasing our supporters base.
- e) most importantly if we look at the cycle of our intervention in the segment of disability, you may notice that the cycle is almost nearing completion with this project. You may notice that we have a project to identify any potential disability right at the time of birth. Our “at risk baby unit” will take care of that. If at all we find a child with some potential disability we have project to take care of them right from day one. If needed, we have full-fledged early intervention centre to take care of them till the age of three. Our endeavour to mainstream will continue even after that at our main centre, where we have excellent state of the art facilities till, they attain eighteen. Our persistent endeavour is always to mainstream them at any possible point of time of a child in the above cycle. Now in case if nothing was possible at any of the above stages till 18 years, through ACE we are attempting to find a solution for them beyond this stage. The circle will close when we find a very comfortable and congenial soothing residential facilities for those who cannot be put through the mainstream and even through our vocational projects.

13. Conclusion

Dear trustees,

The year passed as you all know was very challenging. As reported earlier we knew that it is going to be so. Hence, we had taken adequate precautionary steps to face it and to continue our services to the extent possible. To a great extend I am sure that we have succeeded in that. We had made it a point that no one is having any difficulty in food and medicine. Any issues related to health were monitored regularly and wherever our support is required, we have extended it. We made sure that all are equipped to adapt to the new technology. Many recreational programmes were introduced to keep their spirit always in high. Psychological intervention is done wherever required. And it did have very good effect. But having reported that I am sure this could not have been achieved or possible without the tremendous support, not only financial but emotional and social. We are happy and fortunate that we received all these from various quarters in abundance. From the corporates, from various individuals, from the State Government, from the parents, from the members of staff, from the children and over and above from our Trustees these helps were pouring in. Over and above the kind of confidence which our main office bearers like Chairman Emeritus, Chairman, Vice Chairman, Treasurer and fellow trustees like Sri.Varghese, Sri.Mathews, Sri.Venu Gopal, Sri.Narayanan, Sri.Dinesh Thampi, Dr.Kamath etc. could induce on me is something beyond my expectation. Similarly senior staff members and Unit Heads like Smt.Vanaja, Smt Manjula Jayakumar, Smt Ambily K, Smt Diana Merely Rose, Smt Kalpana, Smt Simi Philippose, Ms Reshmi Rajesh, Ms Sumavally, Ms Sreedevi, Shri Aneesh, Smt Vimina Sujith were always

there with the Trust and me all through the difficult time. Smt. Bincy Mathew our Vice Principal was always alert in implementing various programme including various online programme. I am at lose in finding suitable words to describe Sri. Aswin's service especially at this most trying period we ever had. Take it from me my dear Trustees, all our kids are keeping fine and is maintaining their charm and health. And we are not unduly worried or perturbed about this pandemic which of course will be addressed in the most befitting manner but will never be considered a threat to defeat us. Come what may we have enough confidence to face any eventuality. Under any circumstances we will never allow this pandemic to dictate terms on us. Let us patiently wait for the glorious past to return and I am sure sooner than later we are there to enjoy the company of our divinely blessed kids.

All our trustees join me in conveying our sincere thanks to all who stood with us in the most difficult period.

May God bless all.

Thank you.

P R Mahadevan
Secretary

13/06/2021