

ANNUAL REPORT PRESENTED BY THE SECRETARY TO THE BOARD OF TRUSTEES OF ADARSH CHARITABLE TRUST AT ITS 18TH ANNUAL GENERAL BODY MEETING AT 11 AM ON 5TH JUNE 2016 AT VARMA AND VARMA CHARTERED ACCOUNTANTS, VYTTILA

I. INTRODUCTION

The Chairman Emeritus, Chairman, Vice Chairman, Treasurer, Fellow GC & EC Members and Trustees,

It is with immense pleasure I am welcoming you all for our Annual General Body Meeting. It has been my privilege that too continuously ever since our inception to present the report of our activities every year. In this 18th year also I am presenting before you a report with full of events all aimed at the improvement of children with various challenges and disabilities. For us 2015-16 was a great year. We have extended another 3000 sq. feet to our infrastructure which will enable us to provide with admissions for another 30 more children. We have started a new Hydrotherapy unit on our own premises. We were taking our children to Rajeev Gandhi Indoor Stadium for this. Two children left us to pursue curriculum at normal school thus making the total to 66. A new Library building is coming up aiming at improving the skills of the staff and extending various programmes for related segment of people like teachers, parents, siblings etc. As a trial, a very innovative vocational programme – a Chappathy making unit is going to be started. Similarly an Agro based vocational programme is planned with the help of an Agro based Company called Sterling Farms and Research Pvt Ltd who is interested in introducing some kind of research in this. We have started exploring the possibility of establishing our own disability friendly village where children and adult can be settled pleasantly throughout their life. Even at the start of the new year thus we have enough activities befitting our children. I am sure, with the support of all of you we will be able to implement all the above projects without any hurdle. The coming year is also going to be an year of expectations and experiments, as it is sure that we are also going to be awarded with Aided status. The exact implication of the same especially on our financials can be experienced only when it is implemented. But we do foresee some disturbances and there are various disparities and problems like students/staff ratio, age, inclusion of CBR activities, etc. which is not properly addressed to. Hence, coming year is going to be an year with full of challenges where we all have to put our might and spirit together to thrive over it.

With these few words let me to go to the details of my report.

II. ACKNOWLEDGEMENT

Since its inception in 1998, Adarsh Charitable Trust had a steady growth both in quality and quantity. This was possible because of the persistent and steady help from innumerable philanthropic people and organizations.

- a. Donations was the major part of the income, which was around 50% last year. We are deeply thankful to around 185 individuals and organizations who had contributed to Adarsh in 2015-16. Since the list is too long I am not venturing to name all, but at the same time it is my privilege to name a few who were continuously supporting us for the last so many years. Shri Kochoseph Chittilappilly through his charitable trust, Shri N Krishnan from Mumbai, Shri Nelson, Esquare plastics, Shri P S Raman through Central Marketing Syndicate Ltd, Cochin, Shri E P George through EP Pavoo Memorial Charitable Trust, Cochin, Shri Ramesh Kymal through Gamesa Wind Turbines Pvt Ltd, Chennai, Muthoot Finance, Teejan Foods Pvt Ltd, etc are some of them. In addition Bharat Petroleum Corporation Ltd, M/s Federal Bank and Rotary Club of Cochin Global have helped projects like Home Based Rehabilitation Programme, Constructing Library room, and setting up Hydrotherapy pool for Adarsh. More details are available in the following paragraphs. The Trust extends its heart full of thanks to each and every one of them who helped us in our relentless journey.
- b. Govt. of Kerala has been a regular source of support since 2008-09. In 2015-16, Adarsh received Rs. 35.88 Lakhs. This comes to about 23% of total income. Now, it has been decided to recognize selected special schools in the state to with an aided status and Adarsh is also one among them. This is a major development and we are always grateful to Govt. of Kerala especially the General Education department for this gesture.
- c. Parent Teacher Association (PTA) is an inevitable body in all the schools. Adarsh also has an active and dynamic PTA. They helped in all the activities and programmes of the Trust. This is evident in our all-round results and parents' happiness & appreciation is a testimony to this. Similarly, staff members of Adarsh are its strength. The Trust appreciates all members of staff.
- d. Support from the public is also something which is very important for any public organization. Visual and print media also helped us a great way to propagate the cause of Adarsh.
- e. 25 Board of Trustees especially the members of Governing Council and Executive Committee are the real source of help for the Trust. Shri K Neelakantan, Chairman Emeritus is always there as a mentor for Adarsh. Our Chairman Shri K P Padmakumar, Vice Chairman Shri V Sathyanarayanan were always there with their wholehearted participation in all the programmes. I take this opportunity to thank all the members for all this support.

III. 2015-116 – A SHORT SUMMARY

In 2015-16, Adarsh sent 2 children to normal mainstream school after successful raining. This has been a practice since 2005. So far 66 children have been mainstreamed. The incidence of disability is so high that 64 children took admission in 2015-16. Total strength of children as on 30th April 2016 is 239. An additional floor of around 2600 sqft was constructed in the last academic year to accommodate more children. Apart from the main centre, Trust has another city centre (Child Development Evaluation Intervention and Research Centre) located at Vennala, Ernakulam where 136 children were comprehensively evaluated and on an average over 50 children were being provided with basic interventions like remedial education,

physiotherapy and Speech therapy etc. on a need based manner. In the community, Adarsh helped 113 poor and severely challenged children by going and attending them at their homes under its Home Based Rehabilitation programme during last year. Similarly, under the Risk Baby Unit of Adarsh, 758 new born babies were screened from 4 selected hospitals of the town. In a nutshell these are the major developments of the academic year. More details are available in the following paragraphs. The Trust is envisaging a lot of programmes in the coming year. A strong vocational unit, a research and development wing etc. are on the anvil.

IV. BACKGROUND DETAILS

1. History and Registration details

'Adarsh', a charitable Trust, an NGO registered under the Indian Trust Act 1882, was established in 1998 with an objective to Rehabilitate Persons with Mental and Physical challenges. Since then the Trust has been providing rehabilitation services to children affected by Cerebral Palsy, later extended to those affected by other challenges like Autism, Down syndrome and Learning Disorders also.

1.1 Registration details of the Trust:

Charitable Trust	Indian Trust Act, 1882	78/IV 22/04/1998	Permanently valid
National Trust	National Trust Act	1457/CP-MD/2004	To be renewed
Rehabilitation Centre	PWD Act	265/08/2014	Valid till 20/12/2017
12 A & 80 G	Income Tax Act	CIT/CHN/12A/Tech.11/98-99	Permanently valid
Foreign Contribution	Foreign Contribution (Regulation) Act, 1976	052850473	Application submitted for renewal
Food Safety	Food Safety and Standard Act 2006	21314053002707	Valid till 31/03/2017

1.2 The Trust has its registered office **at X/548 B, Opp Agasthya Ashram, Kureekad P O Ernakulam**. It is in Chottanikkara Panchayat (13 Kms from Ernakulam Town) of Ernakulam District in Kerala State. It owns land of 40 cents and a disabled friendly building of around 20000 sq ft for the rehabilitation of challenged children

2. Governance:

2.1 Adarsh Charitable Trust has a Board of Trustees with 25 members. The main office bearers of the Trust are

Chairman Emeritus	: Shri K Neelakantan
Chairman	: Shri K P Padmakumar
Vice Chairman	: Shri V Sathyanarayanan
Secretary	: Shri P R Mahadevan
Treasurer	: Shri O M Mahadevan
Chief Patron	: Shri C K Menon
Patron	: Shri. N Krishnan
Brand Ambassador	: Shri Suresh Gopi

2.2 Governance of the Trust is entrusted to two bodies, namely Governing Council and Executive Committee. Governing Council (GC) has 11 members. The council generally meets once in 2 months. Executive Committee (EC) has 6 members, out of these, 3 of them are also members of the Governing council. During 2015-16 both the Governing Council and Executive Committee met 5 times.

2.3 Remunerations and re-imbursments to Board Members

No.	Name	Gross Remuneration PER ANNUM
1	K.P.Padmakumar	Zero
2	V.Sathyanarayan	Zero
3	P.R.Mahadevan	Zero
4	O M Mahadevan	Zero
5	Dr.Abraham K Paul	Zero
6	P.I.Gopinath	Zero
7	M.A.Mohammed Ali	Zero
8	Riaz Ahmed	Zero
9	Dr.SachidanandaKamath	Zero
10	Simon John	Zero
11	K.Vijayan	Zero
12	N Satheeskumar	Zero
13	K Venugopal	Zero
14	K G Unnikrishnan	Zero

2.4 Total cost of international & national travel by all Board Members

1	International Travel	Rs. 0
2	Domestic Travel	Rs. 0

3. OBJECTIVES, VISION, MISSION and MOTTO

3.1 OBJECTIVES

- a. For helping physically handicapped and mentally retarded persons;
- b. To rehabilitate patients with Cerebral Palsy and persons with other disabilities;
- c. To give medical assistance and relief to those who are poor and have become mentally and physically retarded through accidents or other calamities;
- d. To establish and/or construct, run and aid institutions, medical relief centres for this purpose;
- e. To promote research in the field for Community Based Rehabilitation programmes; and
- f. To do any and all other lawful things as the Trust may deem fit for the attainment of all or any of its objectives, make rules and bylaws, amend, vary or rescind from time to time.

3.2 Vision, Mission and Motto:

VISION

To become an institution par excellence, providing comprehensive habilitation measures and pioneering efforts for enriching the lives of challenged individuals.

MISSION

To help every challenged child by

- Reaching medical and therapeutic assistance
- Imparting academic training appropriate to specific needs
- Equipping with appropriate Vocational skills
- Creating necessary social and physical support infrastructure that empowers the child to lead a life of independence and dignity in adulthood.

MOTTO

A man is never as tall as when he kneels to help a child

V. METHODOLOGY

The Trust has 3 main areas of operation namely the main centre at Kureekkad, CDEIRC at Vennala and the community based programmes including Risk Baby unit and Home Based Rehabilitation programme. The main centre and Home based rehabilitation programme have 240 and 110 children respectively. Risk Baby Unit and CDEIRC help around 50-60 children a month.

A. TYPE OF ACTIVITIES

i. The main rehabilitation centre

The administrative structure of the centre was modified. The centre is divided into 9 units. Each unit has 2-6 classes. Each class has 5-10 children and 2 staff, a teacher and an assistant. At the main centre the activities are mainly focused on the comprehensive development of the child. A multi-disciplinary team of professionals including Medical doctors, Psychologists, Physio, Speech, Occupational therapist and Special educators is available to look after around 238 children affected with different disabilities like Cerebral Palsy, Down syndrome, Autism and Multiple Disability. Here 94 staff members are working very sincerely and selflessly. The main activities are Motor development training, functional skill training, communication training, personal development training, academic training, vocational training, music, dance, drawing, computer training etc. Special training like visual stimulation, sensory training programme etc are also being provided here to attain our goal providing these children with the best rehabilitation solutions

ii. Child Development Evaluation Intervention and Research Centre (CDEIRC)

At CDEIRC, the main programmes are comprehensive evaluation of all developmental disorders in children, which is done with the help of a panel of professionals. Apart from the evaluation, basic intervention programmes like one on one remedial education,

Physiotherapy, Speech therapy, Psychotherapy are also being provided on a need based manner. Here the children are either studying in a normal school or in any other special school and they come to CDEIRC seeking remedy for their problems.

iii. Risk Baby Unit

This is a hospital oriented mobile unit where a trained Child Development therapist who is specialized in dealing newborn babies, visits selected hospitals in the town and examines the development of all the newborn babies. If there is any variation from the normal development is found, the therapist does the necessary therapy and also guides the parents to do what is needed at home. In 2015-16, the unit examined around 700 babies and so far the unit had helped over 7000 new born babies since its inception in 2005.

iv. Home Based Rehabilitation programme

Started in 2010, this is the most advanced and innovative programme of the Trust. The programme aims to train and administer therapy to those children in the nearby Panchayats who are otherwise denied of these due to lack of awareness and/or of money, logistical and family problems etc. The programme was sponsored right from the beginning by Bharat Petroleum Corporation Ltd. There are at present 3 such units, each comprising a Physiotherapist, Special teacher and 2 helpers and is provided with a vehicle. Together, these 3 units help about 110 children from 11 nearby panchayats. Bharat petroleum Corporation Ltd has promised to support the programme till April 2017.

B. SPECIALITY OF TRAINING

Training programmes in Adarsh varies from other special schools or such similar centres in this field. Early Intervention programme is one of the highlight of Adarsh, where small children, from 3 months onwards are given training to attain the delayed developmental milestones. Advanced Physiotherapy, Speech therapy, Occupational therapy, Psychotherapy etc are other important programmes. The specialty of all these programmes is that each programme is child oriented based on the abilities of each child rather than their disabilities. Another specialty of our Trust is that either mother or father of the child is encouraged to come to the school on all days except when not require. This helps the parents to imbibe and emulate the therapy and training which is given at our centre, at their homes. In Adarsh each disability is separately managed, as symptoms and problems of each disability also vary. Academic training is given to those children who can follow it. There are also provisions for functional academic training, vocational training etc. Though the children are differently abled, each of their developable skills are well attended to and all possible help is extended to promote it. Like that music, dance, drawing and even computer training are being given regularly. Trust also gives medical support to all the children who are in need of them.

C. DEPARTMENTS

Trust has 9 departments mainly Early Development Group for small children between 3 months to 8 years old, basic academic group, NIOS group, section for Multiple Disability, Autism, Ability Maintenance Group and Vocational unit. Children are assessed and based on the diagnosis they are put in different classes.

VI. MAJOR DEVELOPMENTS – ADARSH CHARITABLE TRUST AS A WHOLE

i. General Activities

a. An additional floor to the existing school building

To accommodate more children and also to strengthen various therapy programmes, more space is required. The problem is solved by constructing a 2600 sqft area of additional floor to the existing school building. This helped us to get 5 class rooms. The floor was officially Inaugurated by ShriKochousephChittilappilly on the 3rd of December 2015. He donated Rs.25 Lakhs towards the construction cost of the building. The total construction cost was about 32 Lacks. Apart from ShriKochousephChittilappilly, Federal Bank Ltd also gave Rs.5 Lakhs towards setting up a Library at Adarsh.

b. Hydrotherapy pool

A Hydrotherapy pool was launched at Adarsh by Shri M G Rajamnaikyam, Honorable Collector of Ernakulam on 3rd of December 2015. The project was funded by EP Pavoo Memorial Charitable Trust and Rotary Club of Cochin Global. Total cost of the pool was Rs. 4.30 Lakhs. The main advantage of the project is that more children can be included in the hydrotherapy programme.

c. Vocational unit

Vocational unit of Adarsh is getting strengthened every year. Last year in addition to the existing vocations like paper bag making, ornament making, carry bag making, Adarsh started 3 more vocations like Candle making unit, Sandwich making unit and stitching unit. All other projects are going on well except stitching unit which is comparatively a nascent unit.

d. Parent Teacher Association

PTA is always a strong support for Adarsh. As always, they participated and associated with the Trust in its all the major activities of the year. They helped in Noon Meal scheme of the school by giving Rs.1500 for special curry and meet the actual expense incurred for Vegetable salad for the noon meal. PTA helped in the arrangements of Onam celebration. They donated a water cooler for the school. PTA on 19th February 2016 conducted their PTA day in which Shri Salim Kumar and Shir Ajayakumar, Cine Actors were the chief guests.

e. Home Based Rehabilitation Family Meet 2015

5th Family meet of the Home Based Rehabilitation programme was held on 2nd October 2015 at the Adarsh Charitable Trust. Shri. Prabhakaran, DGM (HR) BPCL was the chief guest of the day. A detailed report on the activities of Home Based Rehabilitation programme was given. At the venue, videos presentation of improved children, feedback from the parents etc were there. BPCL offered continuous support for the project in future also. At present the entire project is supported by BPCL till March 2017. In addition to this, the Trust helps selected children financially for their medical support.

f. National Institute of Open Schooling

Adarsh has been an accredited centre for conducting classes and examinations of A, B and C levels of OBE programme under NIOS. Every year children not only from Adarsh but from outside special schools register and appear examinations. In 2015-16, thirteen special schools in Ernakulam district registered in Adarsh and over 150 children attended examinations. The system is really an advantage for children with moderate retardation and with physical problems. They will get sufficient time to complete a level (within 5 years) and can opt suitable subject to replace difficult one.

g. Transportation

Transportation facility is one of the essential services that Adarsh provides for the children transporting the children between their doorstep and the school. For parents, this is a great boon as, otherwise, it would be very difficult for them to carry their challenged children by Private buses or Autos to school. Today Adarsh owns 5 vehicles, and in addition hires 6

vehicles on hire including the 3 for the Home Based Rehabilitation programme. Out of the total 238 children at the centre, 149 children use this facility. While on the one hand, this is an essential service, on the other, for the Trust, it means a very large item of expenditure. In 2015-16, the Trust faced a net deficit of over Rs 20 Lakhs (Almost 1.7 lakhs a month). But considering its usefulness, it will be continued.

ii. School activities

- a. School activities started with a Pravesanotsavam on 1st June 2016. Honorable District Collector Shri M G Rajamanikiam inaugurated the programme.
- b. In 2015-16, Adarsh celebrated all the occasions like Karkkidaka Month, Onam, Christmas, Ramsan in a befitting manner. Ms Laila Raveendran as usual organized a Bhajan at the school in connection with Ramayana Month. Onam 2015 was inaugurated by Shri Anantharaman of Vinayaka Caterers and the highlight of the day was the presence of Shri Sajan Palluruthy. Children really enjoyed the day.
- c. Shri Justin Loveland and Ms Anna from USA visited Adarsh and spent 3 weeks and participated in all the day to day activities of the school. They donated toys and study materials for the children. In specific, they helped us in rearranging the library books, horticulture project etc.
- d. Last year Shri Venugopalan Nair, Coordinator of State Nodal Agency of National Trust took awareness class for the parents regarding Legal Guardianship. Shri Prakash Chandran, a renowned Psychologist talked to the parents about adult oriented problems in differently abled children. Both the class got good appreciation from the parents.
- e. A one day workshop on Computer based training for children with Autism was held with the help of Autism Society of India, Bangalore. All the staff from Autism department and other selected teachers attended the workshop.
- f. Adarsh observed world Cerebral Palsy day on 4th September, World Down syndrome day on 21st March, World Autism Day on 2nd April last year. On the day awareness class were taken by the staff members and cultural programmes of children also were there.
- g. A project of Malayala Manorama daily called VAYANAKKALARI was held in Adarsh and Manorama arranged newspaper for entire academic year free of cost.
- h. Children of Adarsh went for an exhibition called "SAHITYA DARPPANAM" held at Nadakkavu organized by SNDP Higher Secondary School. It was a wonderful experience for the children and the organizers made necessary arrangements for our children. Special thanks to Shri Babu, Principal of SNDP HSS for the all help.
- i. Indian Space Research Organization conducted one day awareness programme in Adarsh for the children as part of their World Space Week celebration. Children who participated really enjoyed the programme. Thanks to Shri Bibu from ISRO for the programme.
- j. Students from Nava Nirman Public school visited Adarsh as part of their cultural exchange programme. It was a one hour interactive session with our children and they really enjoyed it.
- k. Sreeragam music club, Tripunithura conducted a mini musical programme at the school. It was a wonderful programme and our children also got chance to showcase their talents in singing.
- l. Children of Adarsh participated in various events and competitions. Painting competition by TCS, Cochin, quiz competition by Amrita Medical College, Special school Kalotsavam 2015, Sports meet by Rotary club of Aroor satellite and Cultural programme 'Bhavana' by Rotary Cochin International were some of them. Shri Sarath Mohan got first prize in

Solo Song at Special School Kalotsavam. Our children got first prize and second prize in Junior and Senior category in the quiz competition at Amrita. A good number of prizes were won by our children in Rotary sport meet at Aroor.

- m. Children of Adarsh performed at Amrita Institute of Science and Technology and Muthoot Institute of Science and Technology. Amrita gave wheel chairs and Muthoot Institute gave projector and computers for the children. Special thanks to the management of both the institutes.
- n. Shri P R Mahadevan hoisted the flag at the premises of Adarsh Charitable Trust on the 15th August 2015 Independence day. Children from the neighboring place attended the programme.
- o. Students from other colleges visited Adarsh. Students from BCF college of Nursing, Medical Trust College of Nursing, Mariam HosiptalKuttikkanametc were some of them.
- p. Women's day was celebrated with the august presence of MsNishanthini IPS. It was a wonderful day for all the mothers of Adarsh.
- q. 17th Annual day was celebrated on 17th December 2015. The day was filled with various cultural programmes of children, parents and teachers. Ms Pearlle Manni was the chief guest of the day.

iii. Achievements and accolades

a. Aided status

Adarsh Charitable Trust is recognized by the Govt of Kerala with aided status. List of such 33 schools were published by the Govt. Aided status is given to schools with more than 100 children and Adarsh has 138 students on the day of inspection (Actual number 174)

b. Award for Anjan Sathees

ShirAnjanSathees, drawing and computer teacher of Adarsh was honoured with icon of Cartoon Academy in 2015. He also won the national award for differently abled persons for the year 2015. He received the award on 3rd December 2015 from Finance Mainister ShriArun Jaitley.

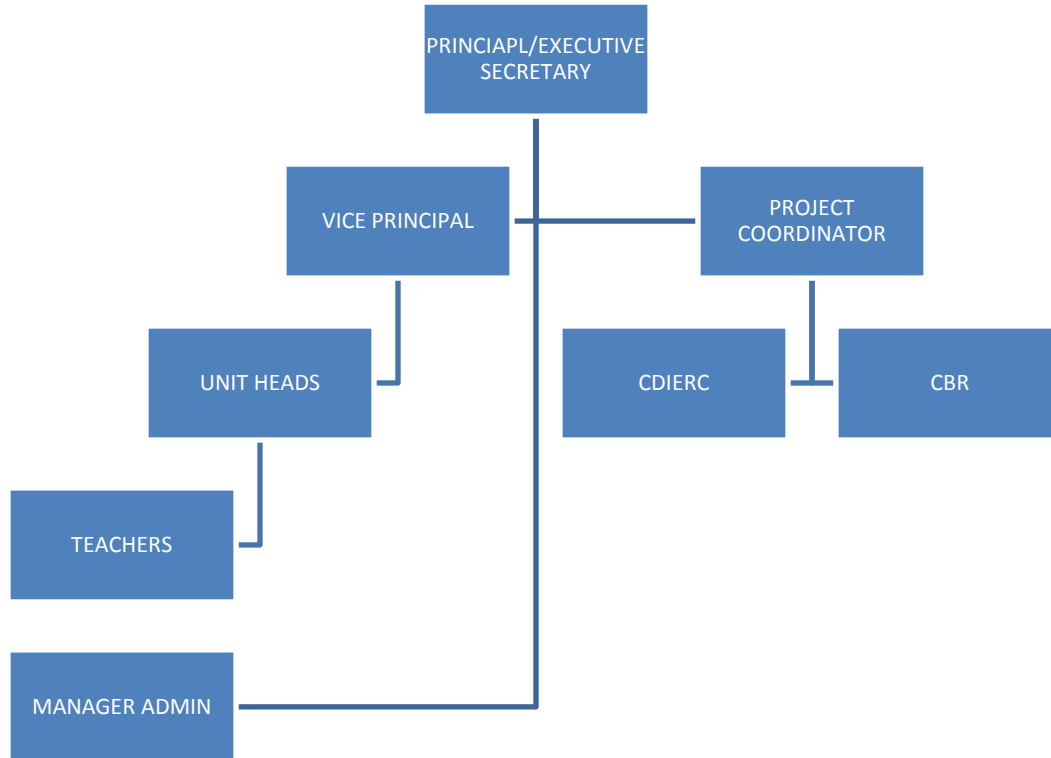
c. 2 children joined normal school

As mentioned earlier 2 children from Early Intervention Unit have joined normal mainstream school after completing successful training in Adarsh. Their details are mentioned the following paragraphs.

VII. HUMAN RESOURCE

Staff members are an integral part of Adarsh. The Trust is so fortunate to have wonderful team of dedicated and sincere members of staff. To deal with challenged children, the staff members need patience, involvement and empathy. Today Adarsh has 132 staff members under various disciplines. The staff chart is as follows:

3.1 Organizational staff chart



3.2 Category of staff:

Category	Number of staff and other supporting members as on	
	30.04.2015	30.04.2016
Medical Doctors (Consultants)	2	1
Psychologist	3	2
Developmental Therapist	1	1
Physiotherapist	10	10
Speech Therapist	5	6
Occupational Therapist	0	0
Social Worker	0	0
Special Educators	19	27
Teachers	19	13
Teacher Assistants	38	43
Parent Support Staff	0	0
Bus In Charge	8	8
Drivers	4	4
Office Staff	9	12
Kitchen	2	2
Voluntary Staff	3	3
TOTAL	123	132

3.3 Training

Almost all of the staff members of Adarsh Charitable Trust are qualified and professionally experienced in their respective field of expertise. But the Trust attaches much importance in

giving continuous education to sharpen their skills. Hence, further training and attending seminars/workshops are considered necessary, to update their knowledge and skills. In 2015-16, staff members from various departments attended the following programmes:

1. Workshop on Computer Training in Autism
2. Teachers visited Navajyoti Rehabilitation Centre Kusumagiri to observe the activities
3. One day seminar on Neurological development in children with Cerebral Palsy at Raksha Special School
4. Physiotherapists attended a one day seminar on recent advances in rehabilitation of children with Cerebral Palsy

3.4 Voluntary service

Adarsh has 3 voluntary staff working at the centre. Shri K Venugopal, a retired Manager from FACT, has been with Adarsh for the last 9 years. As Manager (Admin) he takes care of the vehicle services and maintenance and upkeep of the premises well. Ms Remani Menon, mother of a student of Adarsh helps the senior secondary class in teaching and other activities. Ms Sanuja is the owner of B-Active Kids, a game centre at Gold Souk Grande. She helps the children in giving music therapy under the guidance of the music teacher. All the 3 people deserve our deep appreciation.

3.5 Distribution of staff according to salary levels and gender break up

Slab of gross salary (in Rs) including benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	1	56	57
5,000 – 10,000	6	50	56
10,000 – 30,000	3	9	12
TOTAL			125

VIII. SUCCESS STORIES – 2 stories

a. Akshay Anoop

Master Akshay Anoop is diagnosed with Down syndrome. He joined Adarsh at the age of 1 year. At the time of admission, he was not even able to hold head erect, sit, stand or even walk independently. All his developmental milestones were delayed. He was taking medicines for Hypothyroidism. His speech was not age appropriate. He was a bright and smart child with Down syndrome. He was given Early Intervention training programmes including developmental training, communication training, social skill training etc. He showed sustained and steady developments with these training programmes. At the age of 2½ years on assessment, it is revealed that he gained independent crawling, sitting, standing and walking. His communication as well as functional skills are improved. Based on this, they have been advised to put him in Anganwady and to continue speech therapy for further communication training.

b. Mizhab P F

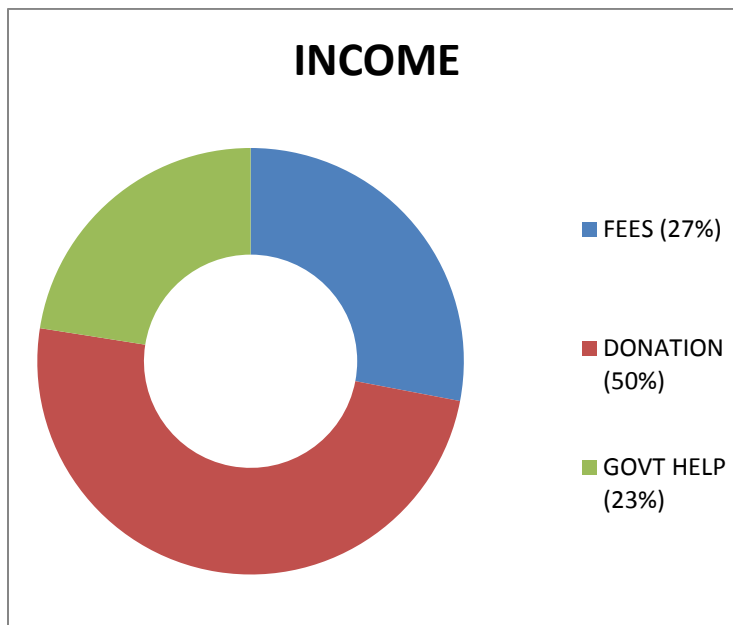
Master Mizhab is a child with Cerebral Palsy. At the time of admission when he was 16 months old, he was not able to crawl, sit, stand and walk independently. There was also a delay in speech. He had good social skills, good attention and he was very cooperative.

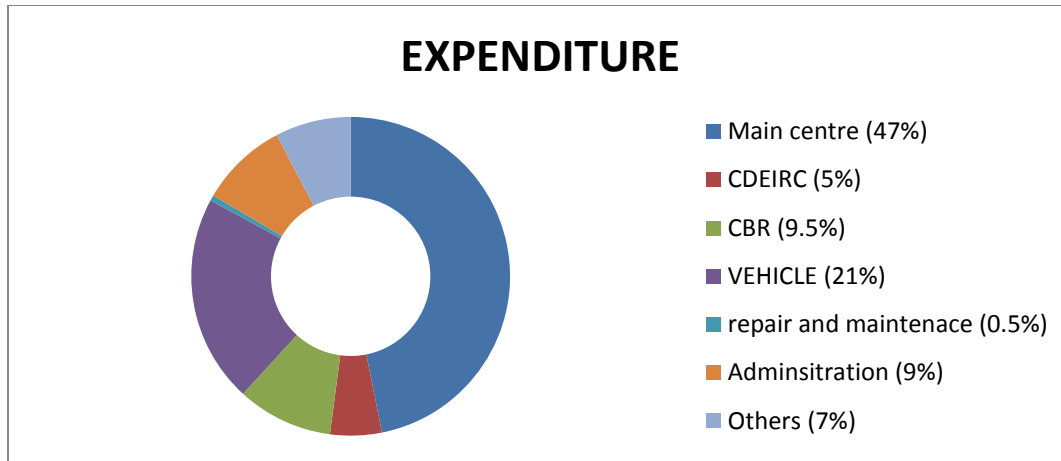
Putting him in Early Intervention Unit, he was being given intensive developmental training to achieve all the delayed, milestones, communication training for speech problems and other training programmes to improve his general skills. His functional level was reviewed at the age of 2 year 9 months. It was found that he attained all delayed milestones including crawling, sitting, standing and even walking. In general his communication skills, social skills, all functional skills are improved. It was conformed that he will be fit for a normal play school or anganawadi.

IX. FINANCIALS

For any organization, the back bone of its continuity is conceiving and implementing new projects depending on the financial condition. Right from the start, though with much difficulty we are able to manage them in a satisfying manner. We had been and even now implementing various new and innovative projects. Fund was never an obstacle for us in conceiving and implementing any projects befitting the kids. As in the past years, we ended 2015-16 with a deficit of Rs.13.01 Lakhs. But we are satisfied that we are able to manage all problems comfortably. I am extremely happy to report that we have received five star rating for financial management, reporting and transparency from credibility alliance. This is something which is highly commendable.

a. Receipt and payment based financial analysis in a graphical representation is as follows:





b. Abridged Balance Sheet

Abridged Balance Sheet 2015-16	
PARTICULARS	AMOUNT
Fixed Assets	157,43,141
Current Assets	134,55,569
Corpus Fund	3,01,750
Current Liabilities	19,07,305
Loans & Advances	2,08,074
Cash & Bank Balance	115,05,232

c. Abridged Income and Expenditure Statement

ABRIDGED INCOME & EXPENDITURE FOR THE YEAR 2015-16			
INCOME	AMOUNT	EXPENSES	AMOUNT
FROM BENEFICIARIES	4459533	REHABILITATION CENTRE	8074943
FRM GOVT OF KERALA	3646544	CHILD DEVELOPMENT EVALUATION INTERVENTION & RESEARCH CENTRE	900351
COMMUNITY BASED REHABILITATION	2393679	COMMUNITY BASED REHABILITATION	1676044
DONATIONS	3232575	VEHICLE EXPENSES	3635478
GIVE INDIA	784455	ADMINISTRATIVE EXPENSE	1527303
INTEREST FROM BANKS	872082	INTEREST & BANK CHARGE	20384
OTHER INCOME	543744	MISCELLANEOUS EXPENSES	97715

		DEPRECIATION	1302096
TOTAL	15932612	TOTAL	17234314

d. Abridged Receipts and Payment

ABRIDGED RECEIPT AND PAYMENTS FOR THE YEAR 2015-16			
OPENING BALANCE	2077623		
DONATIONS	7411040	DIRECT EXPENSES	14523385
INCOME FROM THE BENEFICIARY	906497	INDIRECT EXPENSES	5568144
INCOME FROM GOVT.	3646544	CAPITAL EXPENSES	4727151
INCOME FROM BANKS	7276229	CASH IN HAND	7679
OTHER RECEIPTS	6508836	CASH AT BANK	922786
TOTAL	25749146		25749146

e. Audit Report

There is no adverse remark in the auditor's report for the financial year 2015-16

f. The accounts of our organization are constructed on **Accrual Basis**

g. Donation Options

We foresee a severe financial problem in the coming years, since we are also one among a few schools, which is to get aided status. As there is wide disparity in student-staff ratio which we maintain and which is approved (it is 3:1 and 8:1 respectively), we expect the deficit to go high. Moreover, though we extend our services to more than 400 children, as per the Govt. norms only 140 will be considered for aided status recognition. KER which is the base for this, does not permit children below 4 and above 18 years of age at any aided school. To add to our concern, the Government does not consider our Home Based Rehabilitation programme for recognition purpose. Hence the need of the hour for us is to find our own methods to thrive over the situation. For that we have come out with various options as mentioned below

1. Child Month Sponsorship to help a challenged child to undergo complete rehabilitation programmes a month. Sponsorship amount is Rs.2000 a month
2. Support the medical expense of a child to help the child to meet the expenses incurred for procuring expensive medicines. Sponsorship amount is Rs. 500 a month
3. Teaching and Learning Materials for a class with a group of 8-10 children. Sponsorship amount is Rs. 2500 for 3 months
4. Rs.2000 a year to the Corpus Fund of the Trust

Detailed brochures are available at the office.

In addition there are small as well as big projects there which also need support. Each project is submitted and the proposal for the same is available at the office. All are requested to help.

h. Major donors

- i. Shri. KochousephChittilappilly donated Rs.25 Lakhs to the Trust towards construction of 2nd floor of Adarsh annex. Including this amount, his total contribution is now around 42 Lakhs
- ii. Federal Bank sanctioned Rs. 5 Lakhs for constructing Library and Reading room for the children
- iii. Shri. N Krishnan, Mumabi contributed Rs. 3 Lakhs. His total donation has reached Rs.55 Lakhs
- iv. Shri. Nelson, esquare plastics donates Rs.35000 every month. He has been doing this since January 2012. His total donation comes to Rs.18.2 Lakhs
- v. Teejan Foods Pvt Ltd, Aluva has been a regular donor since June 2007. Started with Rs.4000 every month, now they give Rs.15000 a month for the last one year. Their total contribution has reached almost 10 Lakhs
- vi. Muthoot Group has been a regular donor, gives Rs.10000 a month since June 2013.
- vii. Rotary Club of Cochin Global donated Rs. 2.7 Lakhs towards setting Hydrotherapy pool at Adarsh. Along with them E.P Pavoo Memorial Charitable Trust also helped Rs.2.5 Lakhs for the same project.
- viii. ShriJayakumarBhaskaran supported the Chappathi making unit by giving Rs.2 Lakhs towards procuring Chappathi making machine.
- ix. Gamesa Wind Turbines Pvt Ltd is helping Adarsh regularly. Last year they donated Rs. 2 Lakhs. Shri Ramesh Kymalis the Managing Director who is instrumental in getting this help.
- x. Shri P S Raman is a regular source of help through his company called Central Marketing Syndicate. Last year they extended a help of Rs. 2 Lakhs, adding the total to 7 Lakhs
- xi. Shri K P Padmakumar&SmtJayasreepadmakumar, Shri K Neelakantan, Shri.P N Narayanan, ShriVenkitachalam, Tripunithura
.....the list goes on.

The Trust is always grateful to all of them. The names mentioned above only are a few among a large number of donors. We are indebted to all of our benefactors for their help and are looking forward in getting the same in future too. One thing we can assure to all of our benefactors is that each and every single pie will be used very judiciously and used only for the welfare of the challenged children of Adarsh.

9. PROJECTS ON THE ANVIL

i. Chappathi making unit

This is the most ambitious vocational project of Adarsh. So far we have not set up any concrete vocational unit like this. Finding that number of children above the age of 18 is increasing, we are hopeful of making this unit a big success in coming years and more children will be benefitted with this. The project has already started on a trial basis and will be officially inaugurated on 1st June 2016.

ii. Horticulture Unit

This is another different vocation that nobody have attempted. We are doing this project in association with Sterling Farms Pvt Ltd. Shri Shivadas B Menon, the MD of the firm showed good spirit in helping our children. Our aim is to integrate our kids with agro based vocational rehabilitation. The project will be launched in last week of June 2016.

iii. Library

Construction of the building for the Library is going on. A new Library (a Room to read) and conference room will be ready by the end of June 2016. Federal Bank is the sponsor for the library. We are thankful to Rotary Club of Mulanthuruthy for donating 50 Malayalam novels and stories for the library.

iv. New Administrative block

As the organization grows, the administrative set up also should be improved. The office of Adarsh lacks space and it does not have a record room. To solve the issue a new administrative block is coming up and the work of the same will be over by end of June 2016.

10.FEEDBACK FROM THE PUBLIC

So many people from different levels of society have visited Adarsh during the reporting year. Some of their remarks are noted below:

1. "Awesome and mind boggling experience of being with all children of special attention needs. Today's visit has given experience to insight their problems in different angle. Thanks for Adarsh to give such wonderful experience. All the best!"
 - a. Shri M G Rajamanikiam IAS
District Collector, Ernakulam
2. "We are so glad to visit Adarsh centre. This institute is doing a wonderful job to mould a great future for the retarded kids. Thank you for all the generosity and kind the Management and lovely kids showed us. All he best and great future to all lovely children"
 - b. Shri Santhosh P Nair,
Care & Share USA
3. "An absolutely wonderful experience. The care and affection show to the children is exemplary. This school is a shining example of what dedicated work can achieve. Wishing the venture all success".
 - c. Shri B Ramani,
Executive Director, C-DAC,
Trivandrum
4. "Best wishes to the team members of Adarsh Charitable Trust".
 - d. Shri Kochouseph Chittilapiilly
V-Guard Industries
5. "Thanks Adarsh for the great contribution towards humanity. It was a very humbling experience to visit your school".
 - e. Shri Prakash Bare
Cine Actor
6. "It is very good centre for rehabilitation I ever seen before. We felt very happy to visit this centre. The Trust and the staff doing very good service to Children with Special needs."
 - f. Dr. NSR Krishna Rao,
Inclusive Education Consultant,
SSA Andhra Pradesh
7. "Blessed to be here on this special day, 8th, March 2016 – International Women's Day. Very-very happy to see the active role of the staff in giving motherly care to the special children. This is a wonderful organization which caters to the need of untold

sorrows of many mothers who have specially abled children. God bless the children, their mothers and the care givers.”

g. Ms Nishanthini IPS,
SP Vigilance and Anti Corruption
Bureau, Ernakulam

11.CONCLUSION

Friends, I have enjoyed my tenure as the Secretary of our Trust and in fact I am proud to be in the post. The kind of support that you have extended to me was really matchless. The advice which I was and even now getting from Shri K Neelakantan sir, our Chairman Emeritus, Sri.K.P.Padmakumar Sir, our Chairman, Sri.V.Sathyanarayanan ,our Vice Chairman and the pleasant working atmosphere provided with by my fellow Trustees, Treasurer and specially by our Executive Secretary Sri.Aswini Kumar, Vice Principal Ms.Bincy Mathew and her team of staff members makes the working in our organisation a pleasure and enjoyable experience. I thank each and every one for that and look forward for the same in future also. I am also grateful to our PTA headed by Sri.Unnikrishnan for their wholehearted support for all of our programmes. . The support we got from Chottannikkara Panchyat is worthy of special mention. The beloved President Smt Omana Sasi was there for anything and everything. I am sure our Trust has a very special place in the minds of all the members of Chottannikkar Panchayat and Tripunithura and Maradu municipalities . The help we got from Education department in processing our related papers for grant in aid etc. is something which I wish to report to you with thanks. The efforts taken by our association in moving and chasing related papers regarding getting AIDED status deserves appreciation.I am also grateful to innumerable persons and Corporates who have generously contributed to our cause and I hope that we will always be worthy of their trust in us
Once again thanking each and every one for giving me this envious opportunity to present the 18thAnnual report.

P.R.Mahadevan
Secretary