

Annual Report presented by the Secretary to the Board of Trustees of Adarsh Charitable Trust at its 17th Annual General body Meeting at 11 am on 07/06/2015 at the premises of Adarsh Charitable Trust, Kureekad.

1. Introduction

Chairman Emeritus, Chairman, Vice Chairman, Treasurer and other fellow Trustees,

It is with immense pleasure and proud privilege, I am presenting this 17th Annual Report on the various activities of Adarsh Charitable Trust for the year 2014-15. Like previous years, 2014-15 was also filled with different activities and productive events. I thank all the donors, sponsors, parents, members of staff and other well-wishers, only with whose help, we could reach and grow to this level. With the hope that more vigorous help and support in future, I conclude this brief introduction and would like to outline all the activities with facts and figures in the following paragraphs for your consideration and approval.

2. Adarsh Charitable Trust – Basic Information

'Adarsh', a charitable Trust registered under the Income Tax Act, 1961, was established in 1998 with an objective to Rehabilitate Persons with Mental and Physical challenges. Since then the Trust has been providing rehabilitation services to children affected by Cerebral Palsy, later extended to those affected by other challenges like Autism, Down syndrome and Learning Disorders also.

1.1 Registration details of the Trust:

Charitable Trust	Income Tax Act 1961	78/IV 22/04/1998	Permanently valid
National Trust	National Trust Act	1457/CP-MD/2004	To be renewed
Rehabilitation Centre	PWD Act	265/08/2014	Valid till 20/12/2017
12 A & 80 G	Income Tax Act	CIT/CHN/12A/Tech.11/98-99	Permanently valid
Foreign Contribution	Foreign Contribution (Regulation) Act, 1976	052850473	Permanently valid
Food Safety	Food Safety and Standard Act 2006	21314053002707	Valid till 31/03/2017

1.2 Adarsh Charitable Trust has a Board of Trustees with 25 members. The office bearers of some of the official posts of the Trust are:

Chairman Emeritus : Shri K Neelakantan
Chairman : Shri K P Padmakumar
Vice Chairman : Shri V Sathyanarayanan
Secretary : Shri P R Mahadevan

Treasurer : Shri O M Mahadevan

Chief Patron : Shri C K Menon

Patron : Shri. N Krishnan

Brand Ambassador : Shri Suresh Gopi

The Trust has its registered office **at X/548 B, OppAgasthya Ashram, Kureekkad P O Ernakulam**. It is in Chottanikkara Panchayat (13 Kms from Ernakulam Town) of Ernakulam District in Kerala State. It owns land of 40 cents and a disabled friendly building of 18000 sqft for the rehabilitation of challenged children

1.3 Vision, Mission and Motto:

VISION

To become an institution par excellence, providing comprehensive habilitation measures and pioneering efforts for enriching the lives of challenged individuals.

MISSION

To help every challenged child by

- Reaching medical and therapeutic assistance
- Imparting academic training appropriate to specific needs
- Equipping with appropriate Vocational skills
- Creating necessary social and physical support infrastructure that empowers the child to lead a life of independence and dignity in adulthood.

MOTTO

A man is never as tall as when he kneels to help a child

1.4 Governance:

Governance of the Trust is entrusted to two bodies, namely Governing Council and Executive Committee.

Governing Council (GC) has 11 members. The council generally meets once in 2 months.

Executive Committee (EC) has 6 members, 3 of whom are also members of the Governing council. This has been provided to ensure a degree of overlapping between the Policy making Body and Executing body. The Committee also meets once in 2 months

During 2014-15 both the Governing Council and Executive Committee met 5 times.

During the reporting period, it was felt that there was a need to streamline the Board of Trustees, eliminating those who had not been taking any interest in the working of the Trust for

at least 5 years. Accordingly, 11 Trustees were removed from the Board. This was done after due notice to them.

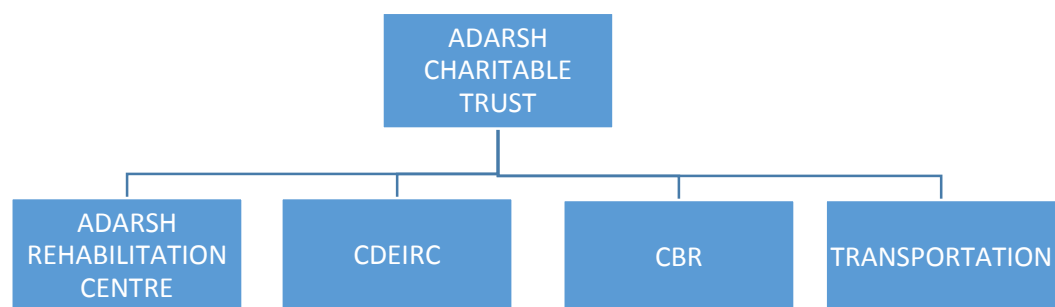
1.5 Remunerations and re-imbursements to Board Members

No.	Name	Gross Remuneration PER ANNUM
1	K.P.Padmakumar	Zero
2	V.Sathyanarayan	Zero
3	P.R.Mahadevan	Zero
4	O M Mahadevan	Zero
5	Dr.Abraham K Paul	Zero
6	P.I.Gopinath	Zero
7	M.A.Mohammed Ali	Zero
8	Riaz Ahmed	Zero
9	Dr.Sachidananda Kamath	Zero
10	Simon John	Zero
11	K.Vijayan	Zero
12	N Satheeskumar	Zero
13	K Venugopal	Zero
14	K G Unnikrishnan	Zero

1.6. Total cost of international & national travel by all Board Members

1	International Travel	Rs. 0
2	Domestic Travel	Rs. 0

3. Report on activities and Projects



I. ADARSH REHABILITATION CENTRE:

The centre has facilities for the comprehensive rehabilitation of children affected by Cerebral palsy, Autism, Down syndrome and Multiple Disability. During the academic year 2014-15, 218 children had undergone rehabilitation services. Details are in a nutshell as follows:

Type of Disability	Number of Students as on	
	01.06.2014	30.04.2015
Cerebral Palsy	81	105
Down syndrome	14	17
Multiple Disabilities	55	57
Autism	44	39
TOTAL	194	218

1.1 Vision:

In order to make Adarsh, a centre of excellence in the field of rehabilitation, various programmes had been planned. Home visits, presentation of the programmes undertaken and the improvements noticed in each child, class wise meeting with the parents etc were some of them. Apart from these, all head teachers were asked to submit consolidated activity reports every month, based on which review meetings and assessments were done to modify the therapy and training programmes.

1.2 Administrative change:

For more effective coordination among various units in the centre, the centre was divided into small groups of 3 or 4 classes, based on the nature of each group, headed by a senior teacher. This was found to be very useful as a more effective method of communication among the staff members.

1.3 Highlights:

64 children joined the centre for training and therapy in the last academic year. The majority of the children were under 5. The Early Intervention Unit of the Centre, which looks after such children, had done an excellent job in improving their physical and mental functions. The Early Intervention Unit has always been the most productive of our units and it is from this that almost all the children who joined mainstream schools emanated. In 14-15 too, that **2 children joined the normal mainstream school after successful training from the unit is the evidence of its effectiveness.**

1.4 Routine but meaningful and pleasant activities.

Like every year, in 2014-15 also, the centre celebrated Onam, Independence Day, Children's Day, Christmas, New year, Ramzan, Republic Day etc in a befitting manner. In addition Adarsh

observed Ramayan Month, Vayanavaaram, Teacher's Day, World Cerebral Palsy Day, World Disability Day, World Down syndrome Day, World Autism Awareness Day etc All these events showcased cultural programmes and exhibition of children's talents in singing, dance etc. The Trust celebrated its Annual day on 17th December 2015. The Annual Sports competition for the children was also held. Children of Adarsh participated in various sports and cultural competition held by other organisations and won many prizes, the children were taken for a movie VELLIMOONGA, they visited parks, super markets, shopping malls, etc. to experience a different ambience. As a part of spreading awareness about disability, children of Adarsh visited other normal schools like St Peter's School, Kolenchery, Gregorian Academy School, Thiruvankulam, Amrita Institute of Management, Varappuzha, where they could exhibit their talents. Children of Bhavan's Erloor and some other schools visited Adarsh Rehabilitation centre too. We believe that such visits help mainstream children understand that our children are only "differently abled" and not totally disabled.

1.5 Other notable points

i. Academic training

Adarsh Charitable Trust, being a comprehensive rehabilitation centre, gives academic training to children who can benefit by it. The Trust is the only accredited centre of NIOS among the special schools to conduct examinations in A, B and C levels of Open basic Education programme. Adarsh teaches children in Secondary and Senior Secondary levels, but they have to go to other centres for examinations. In 2014-15 academic year, around 150 students were registered under OBE programme and 130 of them attended examinations. Children from 13 other special schools come to Adarsh for examinations.

ii. Vocational Activities

Vocational unit is still a fledgling unit in Adarsh, which has neither made any significant mark in the development of its trainees nor has come up with any concrete suggestions for improvement. A Candle making unit was started under the leadership of MsBincy Mathew Vice Principal. 10 children of vocational unit are getting trained in candle making. 4 among them are able to make candles independently. As a token of appreciation, a portion of the sale proceeds was distributed among these children. The centre is hopeful that one or two more similar vocations can be started in the coming year. MsBincy Mathew deserves appreciation for the success of the project. Effort is on to recruit a trained vocational teacher.

II. CDEIRC

The Child Development Evaluation Intervention and Research centre of Adarsh Charitable Trust celebrated its 7th Anniversary on 4th December 2014, in the presence of Shri Johnson Thomas, Panchayat President, Chottanikkara. As the name indicates the Centre helps in comprehensive evaluation of children with developmental disorders and provides intervention to children mainly affected by Learning Disorders. There are facilities for need based Speech therapy, Physiotherapy and Psychological evaluation. During the reporting period the Centre evaluated 137 and provides therapy and training to 63 children every month on an average. It functions in a rented building at Vytila and soon will be shifted to Vennala. DrNeenaShilen, a Developmental Paediatrician is the Chief Medical Consultant at the centre. Apart from her, the

evaluation team includes a Psychologist, a Physiotherapist, a Speech therapist and a Special Educator.

III. CBR

3.1 Community Based Rehabilitation programme is envisaged to help challenged children in the community. Being a social organization, Adarsh, from its first few years of experience, found that there are children who cannot come to Adarsh for training due to various reasons. For them the Trust initially started helping to set up similar schools like Adarsh in different parts of the State. Such 13 special schools had been set up with the help of existing NGO's or newly formed NGO's by a group of parents or philanthropic individuals.

3.2 Another ongoing programme under CBR is the Risk Baby Unit, a hospital oriented under a Developmental Therapist a specialist in identifying actual or potential challenges in new born babies and prescribing remedial therapeutic measures. She visits 4 Hospitals in the city regularly. She advises the parents of remedial measures when required. From August 2005, 7766 Babies were thus evaluated, 766 of them in 2014-15. Many parents bring their children for repeated visits.

3.3 Home Based Rehabilitation programme started in 2010, continues to be Adarsh's most innovative programme. Based on the principle "**if the child cannot come to school, then the school goes to the child**", the programme aims to train and administer therapy to those children in the nearby Panchayats who are denied these due to lack of awareness and/or of money, logistical and family problems etc. The programme was sponsored right from the beginning by Bharat Petroleum Corporation Ltd. There are 3 units, each comprising a Physiotherapist, Special teacher and 2 helpers and is provided with a vehicle. Together, the 3 units help 110 children from 11 nearby panchayats. Bharat petroleum Corporation Ltd will now support the programme till April 2017.

IV. Transportation

Transportation facility is one of the essential services that Adarsh provides for the children transporting the children between their doorstep and the school. For parents, this is a great boon as, otherwise, it would be very difficult for them to carry their challenged children by Private buses or Autos to school. Today Adarsh owns 5 vehicles, and in addition hires 6 vehicles on hire including the 3 for the Home Based Rehabilitation programme. Out of the total 220 children at the centre, 130 children use this facility. While on the one hand, this is an essential service, on the other, for the Trust, it means a very large item of expenditure. In 2014-15, the Trust faced a net deficit of around Rs 17 Lakhs (Almost 1.5 lakhs a month). But considering its usefulness, it will be continued.

5. General Programmes

5.1 Building Extension

Lack of space has been a major constraint for increasing the number of children and initiating new projects. It was therefore decided to put up an additional floor on the Annexe building. Our proposal for a building of 2700sq ft costing Rs 30 lakhs was accepted by the Board of

Directors of Cochin Shipyard. Shri V Sathyanaryanan was instrumental in getting the help from Cochin Shipyard .The construction was started in April 2013 and completed in January 14.

The completed building was formally inaugurated by CmdrKartikSubramaniam, CMD of Cochin Shipyard Ltd at a formal function on the 4th of December 2014. Shri Sunny Thomas, Director (Technical), Shri M D Varghese GM (HR and CSR) form Cochin Shipyard were also present at the function as also SShri Johnson Thomas, President Chottanikkara Panchayat President, K.P Padmakumar, V Sathyanarayanan, P R Mahadevan, Kaloornimrishnan et al from Adarsh Charitable Trust. On the day, "**a Shop**" by the children of Adarsh was formally launched by Shri Sunny Thomas and Shri K P Padmakumar together. The intention of the shop is to create suitable shopping ambience, concept of money, communication skills, social skillsetc in children managing the shop.

5.2. Workshop on Learning Disorders

Adarsh Charitable Trust organized a workshop on Learning Disorders in association with Alpha to Omega learning Centre Chennai. The main topics covered under the workshop were Reading and Writing skills and Multi-sensory approach in teaching children with Learning Disorders. Shri JayakumarBhaskaran, a well wisherof Adarsh, settled in US was instrumental in getting Alpha to Omega to conduct the workshop and he also sponsored Rs 50000 for conducting the workshop. The workshop was organized from 4th to 6th December 2014. 25 people attended the workshop including teachers from Adarsh and from schools outside Adarsh. MsLalithaRamanujam and MsRathiGopinath were the Chief Faculties of the Workshop. The feedback from the participants was encouraging.

5.3. Camps

During the reporting period.

- i. A group of parents at Thodupuzha in Idukki District organised a disability screening amp at Thodupuzha with the intention to start a special school there. Adarsh's technical team screened the children attended the camp. 24 students attended the camp.Detailed analysis report of the camp and observations were sent to the organisers.
- ii. BSES Kerala Power, a Central Govt. requested Adarsh to strengthen the Rehabilitation centre associated with the Govt. School at Pathalam, which the company has been helping. BSES organised a disability screening camp and a professional team from Adarsh screened all the 81 children who attended the camp. A detailed report on the steps required to be taken was sent to them.

A medical screening camp was organized at Adarsh Charitable Trust by the students of KMM college with the help of Lissie Hospital as a social service project. Over 20 students were screened

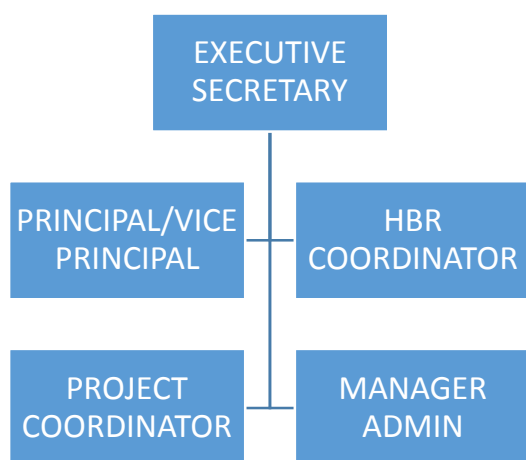
- 5.4. The Dental Department of Amrita Hospital screened all the children of the Down Syndrome section and provided treatment to them . In addition, few doctors from the department conducted awareness classes on dental care and hygiene for the parents of Adarsh Charitable Trust.

- 5.5. 17th December 2014 was celebrated the Annual Day of Adarsh Charitable Trust, the day on which the Trust shifted its work from Tripunithura to its own building. The day was filled with different cultural programmes and activities. Shri K Neelakantan was the Chief Guest .Members from Karingachira Church Youth Association also participated.
- 5.6. Parents Teachers Association is another important constituent of the Rehabilitation centre. PTA elected its new committee for the next 2 years. Shri Kaloornnikrishnan, MsAmbily Krishnan and MsRajitha were elected as President, Secretary and Treasurer respectively, in addition to 10 more members in the committee. During the year, PTA has helped in all the activities of the centre including financial help on major occasions like Onam, Christmas celebrations etc. On all the major occasions like Onam and Christmas, PTA helped financially too. For the last few years, PTA has been helping the Trust by giving Rs.1500 every month to give additional curry along with the mid-day meal. PTA celebrated their "Annual day" in February this year. Shri Raja Sahib, who was the chief guest of the programme spent the entire day in the school to enjoy the programmes who stayed for the whole programme and was impressed by the unity and enthusiasm of parents, children and teachers. Adarsh considers itself lucky to have such good and dynamic PTA.

4. Human Resources

Human Resource or Staff members are an integral part of any organization, particularly for a non-profit NGO. To deal with challenged children, the staff members need patience, involvement and empathy. Right from the beginning, Adarsh has been lucky to have these qualities in the majority of its staff. Today Adarsh has 120 staff members of various disciplines. The staff chart is as follows:

3.1 Organizational staff chart



3.2 Category of staff:

Category	Number of staff and other supporting members as on
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	01.06.2014	30.04.2015
Medical Doctors (Consultants)	3	2
Psychologist	2	3
Developmental Therapist	1	1
Physiotherapist	12	10
Speech Therapist	5	5
Occupational Therapist	1	0
Social Worker	1	0
Special Educators	16	19
Teachers	17	19
Teacher Assistants	27	38
Parent Support Staff	13	0
Bus In Charge	7	8
Drivers	6	4
Office Staff	11	9
Kitchen	1	2
Voluntary Staff	4	3
TOTAL	128	123

3.3 Training

Staff members of Adarsh Charitable Trust are qualified and professionally experienced in the field of rehabilitation. Though they have adequate qualification and experience, further training and attending seminars/workshops are considered necessary, to update their knowledge and skill. In 2014-15, staff members from various departments attended the following programmes:

1. Seminar on Music Therapy at Trivandrum
2. Workshop on Learning Disorders by Alpha to Omega at Tripunithura
3. Seminar on Communication problems in children with Autism at Punarjani Charitable Trust
4. Uniquely me a special programme organized by SH College Thevara
5. Rock Art exhibition at Hill Palace Tripunithura
6. Seminar on Autism at Sunrise Hospital Kakkanad

7. A session on Scoliosis for the Physiotherapists

3.4 Voluntary service

Adarsh has 3 voluntary staff working at the centre. Shri K Venugopal, a retired Manager from FACT, has been with Adarsh for the last 8 years. As Manager (Admin) he takes care of the vehicle services and maintenance and upkeep of the premises well. Ms Remani Menon, mother of a student of Adarsh helps the senior secondary class in teaching and other activities. Ms Sanuja is the owner of BActive Kids, a game centre at Nucleus Mall and Gold Souk Grande. She helps the children in giving music therapy under the guidance of the music teacher. All the 3 people deserve our deep appreciation.

3.5 Distribution of staff according to salary levels and gender break up

Slab of gross salary (in Rs) including benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	3	58	61
5,000 – 10,000	7	46	53
10,000 – 25,000	1	5	6
TOTAL	11	109	120

3.6 Analysis Report 2014-15

In retrospect, the academic year 2014-15 was an active and eventful one. No major fund raising programme was held. 60 new admissions were there and 2 children left to join normal mainstream schools after successful training in Adarsh.

3.7 Future Plans of 2015-16

- i. Construction of an additional floor (Second Floor) to accommodate more children and strengthen the therapy programmes.
- ii. A gait lab to assess movement disorders in children with Cerebral Palsy and to help the therapist to assess a child's problem precisely and to adopt accurate therapy programmes.
- iii. A room to read – A library project where all the teachers, parents and even children can read books very easily in the regional language. Shri Jayakumar Bhaskaran, a well-wisher from US has promised to meet the expenses on the books and translation.
- iv. Improve the quality of training programme. In order to achieve this staff members to be trained, their knowledge to be updated, sharing information with colleagues, attending seminars/workshops etc.
- v. Special focus on Autism and associated disorders and its intervention strategies.

- vi. Strengthening the vocational unit. In other words, intervention programmes for children above 18.

5. Success Story: 2 cases

Kum Arya Viswam

A female child with Date of Birth 22/03/2011 came to Adarsh with complaint of delay in many areas of development. She is diagnosed with a Chromosomal abnormality called Numan's syndrome. When she joined Adarsh at the age of 9 months, she was able to hold her head erect and was able to go to side lying (both sides). All her other milestones were delayed. She had good vision and hearing function. She was producing babbles. She was cooperative and adjusted easily to the new environment. After assessment, she was admitted in the Early Intervention unit for intensive developmental training. With Sensory Integration therapy and neuro Developmental therapy, Arya started developing and achieving all her delayed milestones. Almost immediately she developed crawling and creeping functions and finally she started walking at the age of 2 ½ years. Along with that, other areas like communication and socialization skills also improved. Gradually she has developed receptive and expressive languages. With intensive special education she became independent in her all activities of daily life. After 4 years of regular and continuous training in Adarsh, Arya joined a normal mainstream school, in KG level.

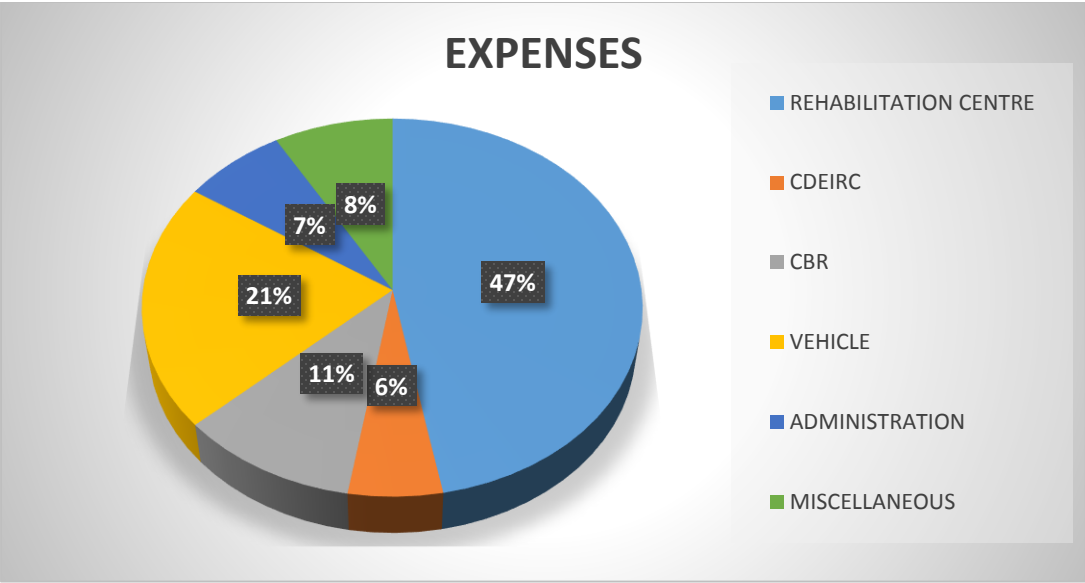
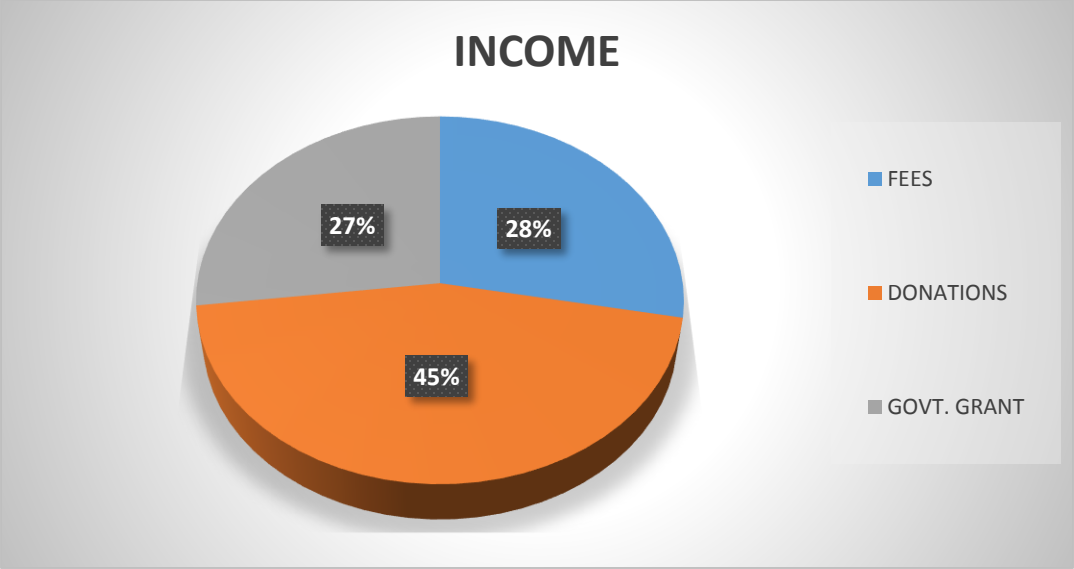
Master Abu Thahir

Abu Thahir was 1 year and 4 months when he joined Adarsh Rehabilitation centre. He was a child diagnosed with global developmental delay. At the time of admission he had good head control. but was not able to crawl, creep, sit without support and even stand or walk without support. His communication skills also were very poor. He had several behavioral issues and he was dependent for all his activities of daily life. After intensive training in the early intervention department, Abu Thahir started showing improvement in motor as well functional areas. He started walking independently at the age of 3 ½ years. Other areas like Communication, Socialisation, Behavior etc have good improvement. Though not fully independent, he is able to do all his activities of daily life. He has also joined a mainstream school.

6. Financial Report

Financial stability is very important for an NGO with a large number activities. We are happy that we have been able to achieve and maintain this all through. The Audited Financial report of the Treasurer for the FY 2014-15 is enclosed for perusal. In a nutshell, the Trust has faced a deficit of Rs. 4.6 Lakhs when compared to a surplus of Rs. 2.8 Lakhs in 2013-14.

5.1 Activity based financial analysis in a graphical representation is as follows:



5.2 Major changes

Total income of the Trust was Rs. 152.7 Lakhs and the expenses Rs. 157.35 Lakhs. There is no adverse remark in the Audit Report.

5.3 Abridged Balance Sheet

Abridged Balance Sheet 2014-15	
PARTICULARS	AMOUNT
Fixed Assets	12,318,086

Current Assets	14403016
Corpus Fund	510080
Current Liabilities	3,71,097
Deposits& Advances	378140
Cash & Bank Balance	14419209

5.4 Abridged Income and Expenditure Statement

ABRIDGED INCOME & EXPENDITURE FOR THE YEAR 2014-15			
INCOME	AMOUNT	EXPENSES	AMOUNT
FROM BENEFICIARIES	4272626	REHABILITATION CENTRE	7405277
FRM GOVT OF KERALA	4112659	CHILD DEVELOPMENT EVALUATION INTERVENTION & RESEARCH CENTRE	874677
COMMUNITY BASED REHABILITATION	1128011	COMMUNITY BASED REHABILITATION	1672993
DONATIONS	3411872	VEHICLE EXPENSES	3313357
GIVE INDIA	623056	ADMINISTRATIVE EXPENSE	1144336
INTEREST FROM BANKS	1060540	INTEREST & BANK CHARGE	24326
OTHER INCOME	667543	MISCELLANEOUS EXPENSES	178969
		DEPRECIATION	1121980
TOTAL	15276307	TOTAL	15735915

5.5 Abridged Receipts and Payment

ABRIDGED RECEIPT AND PAYMENTS FOR THE YEAR 2014-15			
OPENING BALANCE	1035697		

DONATIONS	7565086	DIRECT EXPENSES	14164808
INCOME FROM THE BENEFICIARY	4792176	INDIRECT EXPENSES	4399781
INCOME FROM GOVT.	4112659	CAPITAL EXPENSES	2227337
INCOME FROM BANKS	3399062	CASH IN HAND	10155
OTHER RECEIPTS	836858	CASH AT BANK	2067468
TOTAL	22869549		22869549

5.6 Major Future Expenditure

A major item of expenditure in future expenditure would be for constructing additional class rooms for children. The estimated cost is Rs. 32 Lakhs. Proposals are ready for submitting to any corporates or organisations to get CSR fund to complete the project.

To expand the office building, an additional Rs10-12 Lakhs would be required. The present office with 600 sqft area and 6 staff members, the space is not enough.

Staff salary is always a huge expenditure for the Trust. Now around Rs.8.5 Lakhs are spent towards salary expense

5.7 Acknowledging Donors

- i. Govt of Kerala has been extremely helpful to us and understanding our requirement of help. Starting in 2008-09 with a non-recurring grant of Rs 10 lakhs, the grant amount has been stepped up year after year and reached the amount of Rs 36 lakhs in 2014-15 representing 28% of our total expenditure. This is indeed a great gesture. That the amount has been increasing year after year indicates the Govt. appreciation of our humble work in this field.
- ii. The additional floor put up with the help of Cochin Shipyard Ltd helped us to get 5 additional class rooms. Shri V Sathyanarayan, Vice Chairman of Adarsh Charitable was instrumental in getting the help from CSL. The Trust extends its deep gratitude to CSL.
- iii. Bharat Petroleum Corporation Ltd has been helping the Home Based Rehabilitation programme of Adarsh since June 2010. Now the company approved our proposal for the entire expense of the 3 HBR units for 3 years. So far the company has given over Rs.40 Lakhs towards the running the project. Adarsh is grateful to Shri Prasad Panickar, Executive Director and all other staff members for their splendid help.

- iv. Give India has become a regular source of income for Adarsh ever since we got registered with them in August 2005. On an average Rs.6-7 Lakhs was received every year through their online portal. In 2014-15, we received Rs. 6,92,531/-. The total amount received so far has crossed Rs.50 Lakhs. We are deeply indebted to Give India.
- v. Shri Nelson, Managing Director of Esquire Plastics Pvt Ltd, Kalamassery has been donating Rs.35000 every month to Adarsh since January 2012. He is a person who does not want even his name to be displayed on the Donation Board. A formal word of appreciation is not sufficient for this unusual individual who apparently does not want his right hand to know what his left hand is doing. Rare indeed for these times.
- vi. Teejan Foods Pvt Ltd has been a regular benefactor of Adarsh from 2006. Started with Rs.4000 every month to Adarsh, the amount gradually increased, now reaching Rs.15000 every month. The Trust is thankful to Shri Simon John for this great help to Adarsh.
- vii. Muthoot Finance- For the last 3 years Muthoot M George Foundation has been helping Adarsh by giving Rs.10000 every month. We are deeply grateful to Shri K P Padmakumar.
- viii. N Krishnan, the name that Adarsh always remembers. He has been a regular donor since 2005, with the contribution Rs.3 Lakhs in 2014-15, his total donation works out to Rs.52 Lakhs. We consider this a special help, as a single individual is giving this much of amount, something remarkable. There are no words to appreciate his humongous help. The Trust is indebted to him.

.... and the number goes like that. The names mentioned above only a few among a large number of donors. We are indebted to all of our benefactors for their help and are looking forward for the same in the coming years also. One thing we can assure is that each and every single pie will be used very judiciously used only for the welfare of the challenged children of Adarsh.

7. Conclusion

Friends, I am fortunate to be able to present the report of a Trust which is really rendering a great humanitarian service for a large number of children with disabilities. The present committee can be proud of the fact that we are really focused in our present and future plans. A very realistic plan for the future had been drawn up and our earnest endeavour is to execute it in a phased manner. The initial priority is to make the centre at Kureekad, a centre of excellence, providing state of the art facilities in therapy and academic training. Advances in therapeutic methods, educational methods and even in the medical field will be explored and utilized to the extent possible. Feedback from trainers and teachers and parents is considered very important and will be made full use of. Expansion of infrastructure is also planned to provide for the required facilities. To keep the trainers and therapists updated in their knowledge, apart from sending them for training courses, seminars etc, experts in relevant fields will be called in to talk to them. A pool of resource experts has been formed to audit our performance and to advise us of remedial measures.

Friends, I have thoroughly enjoyed my tenure as The Secretary of our Trust and in fact I am proud to be in the post. The kind of support that you have extended to me was really

matchless. The advice which I was and even now getting from Shri K Neelakantan sir, our Chairman Emeritus, Sri.K.P.Padmakumar Sir, our Chairman, Sri.V.Sathyanarayanan ,our Vice Chairman and the pleasant working atmosphere provided with by my fellow Trustees, Treasurer and specially by our Executive Secretary Sri.Aswini Kumar, Vice Principal Ms.Bincy Mathew and her team of staff members makes the working in our organisation a pleasure and enjoyable experience. I thank each and every one for that and look forward for the same in future also. I am also grateful to our PTA headed by Sri.Unnikrishnan for their wholehearted support for all of our programmes. . The support we got from ChottannikkaraPanchyatis worthy of special mention. The beloved President Sri.Johnson was there for anything and everything. I am sure our Trust has a very special place in the minds of all the members of Chottannikkar Panchayat and Tripunithura andMaradumunicipalities . The help we got from Education department in processing our related papers for grant etc. is something which I wish to report to you with thanks. The efforts taken by our association in moving and chasing related papers regarding getting AIDED status deserves appreciation.I am also grateful to innumerable persons and Corporates who have generously contributed to our cause and I hope that we will always be worthy of theirtrust in us

Once again thanking each and every one for giving me this envious opportunity to present the 17th Annual report.

P.R.Mahadevan
Secretary