

ANNUAL REPORT PRESENTED BY THE SECRETARY OF ADARSH CHARITABLE TRUST FOR THE YEAR 2012-2013 ON THE 15th ANNUAL GENERAL BODY MEETING ON 02/06/2013

I. Introduction

Vice Chairman, Treasurer and other fellow Trustees,
I extend to you all a very warm welcome to this 15th Annual General Meeting of Adarsh Charitable Trust (ACT). I stand before you to present the Annual Report for the year 2012-13 for the 15th year in succession, with mixed feelings of pride, humility and gratitude. Pride in the unforeseen growth of the Trust in the last 15 years, humility because of my luck in having been able to be associated with the institution **as its Secretary** and gratitude for the trust all of you had placed in me all these years and for all the support you gave me. Starting with just 7 children, all affected by Cerebral Palsy, today ACT is looking after about 300 children with 4 different types of problems at its 2 centres at Kureekad & Vyttila and over 200 children in the community around, through the Risk Baby Unit & Home Based Rehabilitation programme. While the income & expenditure were less than Rs 2 lakhs a year at the start, it has now crossed Rs 110 lakhs. During this period, not only has the Trust built up assets of over Rs 1.3 crores it has been able to set apart a tidy sum of about Rs 75 Lakhs, for a rainy day. This is the story of ACT, in a nut shell. The details shall be explained in the following paragraphs.

II. General Details

a. Trust & Trustees

Adarsh was registered at the Sub Registry office Tripunithura, under Registration Act 1908 as a Public Charitable Trust with an objective to rehabilitate persons with Mental and Physical challenges. Now the office of the Trust is located at Kureekad near Agasthya Temple in Chottanikkara Panchayat of Ernakulam District. It is around 12-13 kms from Ernakulam towards Vaikom-Kottayam direction. The Trust has at present 35 members as Trustees. The Board of Trustees has elected a policy making and an executive body namely the Governing Council (GC) and the Executive Committee (EC). GC has 10 members (Maximum 11) and EC has 6 (Maximum 7). The GC meets once in 3 months and EC meets once in a month or more often if required. The Annual General body Meeting is generally held in May or June every year. During 2012-13 GC and EC met jointly 6 times and AGM was held on 27/05/2012.

b. Registration & Recognition

Adarsh Charitable Trust is also registered with various Government and Non-Governmental organizations. They are:

- i. Income Tax Department of Govt. of India (Donation to ACT exempted under section 80G of IT Act 1961)
- ii. Ministry of Home Affairs under Foreign Contribution (Regulation) Act, 1976
- iii. National Trust for the Welfare of Persons with Cerebral Palsy, Autism, Mental Retardation and Multiple Disabilities, Govt. of India
- iv. National Institute of Open Schooling, Govt. of India (The only accredited centre in Ernakulam District)
- v. General Education Department, Govt. of Kerala
- vi. Give India Foundation, Mumbai

c. Land & Building

The total area of land available for the Trust is 40 cents (0.16 Hectares). The main Rehabilitation Centre is at Kureekad functioning from its own building of around 16000 sq. ft. The Trust has another centre, called Child Development Evaluation Intervention and Research Centre, which operates from a rented building at **29/943, A1, Shine Road, Near**

Welcare Hospital, Vyttila, Cochin-
respectively.

19. Contact Nos. 0484-3260691 and 0484-2389948

d. Patrons and other Elite Supporters of ACT

No.	Name	Position in the Board
1	Sri K.Neelakantan	Chairman Emeritus
2	" Padmashree C K Menon	Chief Patron
3	" N.Krishnan	Patron
4	" Ramesh Kymal	Patron
5	" UnniBhaskar	Patron
6	" Suresh Gopi	Brand Ambassador

III. Abridged Financials of FY 2012-13

ABRIDGED BALANCE SHEET FOR THE YEAR 2012- 13			
PARTICULARS	AMOUNT	PARTICULARS	AMOUNT
Fixed Asset	9517501	Corpus Fund	509250
Current Assets	9973486	Current Liabilities	701695
Deposits & Advances	287215	Cash & Bank Balance	9770411
Mutual Fund	-	Specific purpose fund	-

ABRIDGED INCOME& EXPENDITURE STATEMENT FROM 1998 TO 2013		
Year	Income (in Lakhs)	Expenditure (in Lakhs)
1998-99	01.96	01.77
1999-00	07.74	02.34
2000-01	05.06	04.06
2001-02	12.33	06.25
2002-03	08.02	06.53
2003-04	35.04	10.68
2004-05	16.38	42.08
2005-06	16.46	19.75
2006-07	25.00	32.47
2007-08	30.83	37.28
2008-09	45.01	58.45
2009-10	44.50	58.45
2010-11	90.01	88.14
2011-12	87.38	90.63
2012-13	110.53	112.63

ABRIDGED INCOME & EXPENDITURE FOR THE YEAR 2012-13

EXPENSES	AMOUNT	INCOME	AMOUNT
REHABILITATION CENTRE	4706518	TRAINING CHARGES LEVIED	2989085
CHILD DEVELOPMENT EVALUATION INTERVENTION & RESEARCH CENTRE	652272	HELP FROM GOVT. OF KERALA	2568686
COMMUNITY BASED REHABILITATION	1169834	COMMUNITY BASED REHABILITATION	1272000
VEHICLE EXPENSES	2298530	DONATION	2296793
ADMINISTRATIVE EXPENSE	1041568	GIVE INDIA	771286
INTEREST & BANK CHARGE	5085	INTEREST FROM BANKS	659599
MISCELLANEOUS EXPENSES	383261	OTHER INCOME	495944
DEPRECIATION	1006180		
Total	11263248	Total	11053393
ABRIDGED RECEIPT AND PAYMENTS FOR THE YEAR 2012-13			
OPENING BALANCE	1667212		
DONATION	3068079	DIRECT EXPENSES	9669721
INCOME FROM THE BENEFICIARY	2982735	INDIRECT EXPENSES	2256920
INCOME FROM GOVT.	2643350	CAPITAL EXPENSES	1108900
INCOME FROM BANKS	1929990	CASH IN HAND	2707
TRUST FUND	509250	CASH AT BANK	2730788
OTHER RECEIPTS	2968422		
TOTAL	15769038	TOTAL	15769038

IV. The accounts of our organization are constructed on **Accrual Basis**

V. **Names of the Board Members and their position on the board for the year 2012-13**

a. Governing Council

N	Name	Position on the Board
1	Sri K.P.Padmakumar	Vice Chairman
2	" P.R.Mahadevan	Secretary
3	" Dr.Abraham K Paul	Member
4	" P.I.Gopinath	Member
5	" M.A.Mohammed Ali	Member
6	" Riaz Ahmed	Member
7	Dr.Sachidananda Kamath	Member
8	Sri V.Sathyanarayan	Member
9	" Simon John	Member
10	" K.Vijayan	Member

b. Executive Committee

	Name	Position on the Board
1	Sri K.P. Padmakumar	Vice Chairman
2	" P.R.Mahadevan	Secretary
3	" N.Satheeskumar	Treasurer
4	" O.M.Mahadevan	Member
5	" V.Sathyanarayanan	Member
6	" K.G Unnikrishnan	Member

VI. **Remunerations and re-imbursements to Board Members**

a. Governing Council

	Name	Gross Remuneration- Per Annum
1	Sri K.P.Padmakumar	Zero
2	" P.R.Mahadevan	Zero
3	Dr.Abraham K Paul	Zero
4	Sri P.I.Gopinath	Zero

5	" M.A.Mohammed Ali	Zero
6	" Riaz Ahmed	Zero
7	Dr.SachidanandaKamath	Zero
8	Sri V.Sathyanarayanan	Zero
9	" Simon John	Zero
10	" K.Vijayan	Zero

c. Executive Committee

	Name	Gross Remuneration- Per Annum
1	Sri K.P. Padmakumar	Zero
2	" P.R.Mahadevan	Zero
3	" N.Satheeskumar	Zero
4	" O.M.Mahadevan	Zero
5	" V.Sathyanarayanan	Zero
6	" K.G Unnikrishnan	Zero

VII. Total cost of international & national travel by all personnel (including volunteers) and Board Members

1	International Travel	Rs. 0
2	Domestic Travel	Rs. 0

VIII. REHABILITATION PROGRAMMES

Adarsh Charitable Trust started a Rehabilitation Centre in 1998 at Tripunithura with 7 children afflicted by Cerebral Palsy. From the beginning itself, the centre was focusing on comprehensive and specific rehabilitation measures, and hence did not accommodate children affected with any other disabilities. In 2003 a new section for children with Autism was started. Later in 2008, 2 more sections were added, one for children with Learning problems and the other for Down syndrome. Except the section for Learning problems, which is being operated at Child Development Evaluation Intervention and Research Centre at Vyttila, children with all other problems are managed at the main rehabilitation centre at Kureekkad. In all these cases we always stick to our *mission* of extending comprehensive therapy and training programmes which are appropriate and useful for the children so as to make them independent and help them to lead a dignified life in their adulthood.

a. Main Centre at Kureekkad

Adarsh Rehabilitation Centre, a day care centre at Kureekkad is Adarsh Charitable Trust's one of the major activities. As mentioned earlier, the centre was started in 1998 at Tripunithura with 7 children, was run in a rented building till December 2005. In December 2005 we moved to our own building of about 12000 sq. ft. which was inaugurated and blessed in the presence of His Excellency Dr.APJ Abdul Kalam the then Honorable President of India. Now the centre trains around 210 children. The main centre is a comprehensive rehabilitation centre with all facilities to habilitate physical, mental and social aspects of differently abled children afflicted with Cerebral Palsy and Autism or Down Syndrome. Since the Presidential visit in 2005, the growth of the centre was phenomenal both in quantity and quality. The number of children seeking admission rose considerably and to take care of these additional numbers more facilities were added. In 2008, the main rehabilitation centre building was extended by another 3000 sq ft. to

accommodate more children and facilities. Now, Adarsh Rehabilitation Centre is considered to be one of the very few institutes in Kerala to provide comprehensive rehabilitation measures like Psychotherapy, Physiotherapy, Occupational therapy, Speech therapy, Special Education etc with the help of trained and experienced professionals. One of the significant features of Adarsh is its Early Intervention department. This section focuses on children below the age of 5 years from 3 months upwards. At this development stage of a child it is easier to identify and rectify problems. Naturally, we usually get maximum results also from this section. **In the year 2012-13, we could rehabilitate a child with Down syndrome successfully and the child was sent to an Anganwaadi for pursuing further training and development, thus adding the total to 61. Though there were children who could be sent to mainstream schools for further training, but, considering the rigours of normal school atmosphere and lack of therapeutic support, most of the parents prefer to continue the academic training in Adarsh itself.** The Main centre is accredited to conduct examinations at the A, B and C Levels under the Open basic Education scheme of NIOS which is imparted as a part of academic training under rehabilitation. In addition, the centre also provides music therapy, hydrotherapy, play therapy, yoga, meditation etc as part of rehabilitation. Another notable feature of the centre is provision for Transportation facility. Presently we have 7 Vans (3 own and 4 hired) which take children from their door step and drop them back to their houses, which is a great boon for parents and children.

b. Child Development Evaluation Intervention and Research Centre (CDEIRC)

The centre was started in 2007 with an intention to providing comprehensive evaluation cum assessment of each disability under one roof. The centre acts as a one stop centre for getting adequate guidance and proper direction to the parents of children with disabilities. A team of experts, including a Developmental Pediatrician, a Psychiatrist, a Psychologist, A Physiotherapist, a Speech Therapist and a Special Educator examines a child and suggests required remedial measures appropriate for the child's problem. In addition the centre extends One-on-One training for children with Learning problems. The majority of these children is studying in normal mainstream school, but in most cases requires special attention for their learning issues, which are being taken care of at CDEIRC under the care of a Psychologist and Special Educators. Arrangements have also been made here to extend Physiotherapy and Speech therapy for needy children. In the year 2012-13, CDEIRC evaluated 219 children and extended need based one-on-one training to about 75 children on a monthly average basis.

c. Students of two Centres

Students at the Main Rehabilitation Centre are mainly afflicted by cerebral Palsy, Autism and Down syndrome. Children from all over Kerala come here for training. As the centre being a day care centre, parents from far flung areas are forced to take houses on rent to train their children in Adarsh. This shows the credibility and the quality of training which we impart. This also shows the dearth of such centres in our State and the need for more of such centres. CDEIRC trains mainly children with different Learning problems. Majority of these children are studying in mainstream school, but attend to CDIIRC for their specific learning issues like reading, writing etc. There are also children with Cerebral Palsy, Autism and Down syndrome, Speech Delay, Developmental delay etc. who come for specific therapy programmes. Details of number of children who are attending various rehabilitation programmes at our various centres are as follows:

Type of Disability	Number of Students as on	
	01.06.2012	30.04.2013
Cerebral Palsy	79	82

Multiple Disabilities	66	68
Autism	41	43
Learning Disorder/Physiotherapy/ Speech Therapy	81	74
Down syndrome	10	13
TOTAL	277	280

a. Staff

Staff members, with-out doubt, are an integral part of Adarsh Charitable Trust. As on date there are 128 staff including those who are working as permanent, consultant and on contract basis. The deep and empathetic involvement of the therapists, teachers and their assistants is perhaps the most important aspect in the training at Adarsh. His Excellency Dr.APJ Abdul Kalam who during his visit to Adarsh in 2005, pointed out, **"I saw a number of mothers, mother like teachers, who are with the children always and taking care of them...God will bless them and my respect to them because they are doing a beautiful and godly programme"** At a centre where children from very small ages are getting trained, a mother like approach is very essential, which is being carried out effectively by each and every staff member of the organization. Children with different challenges require different types of training and therapy as **"no two children are alike"**. Hence it is a challenge for the Trust to keep the momentum of providing effective training using trained and experienced staff members. One of the lacunae in this field of disability is the lack of adequate trained hands to deal with children with challenges. Adarsh dealt with this problem very positively by making mothers as trainers and helpers to manage these children. In order to update their knowledge and make them true professionals, staff members were given opportunities to attend various training sessions organized at different centres. A Seminar at Renai Medicity on **"Learning Disability & Behavioural Problems"**, at Raksha Special School on **"Communication and Feeding problems in children with Cerebral Palsy and Autism"**, at Janey Centre on **"Enhancing Special Educators in Early Childhood training"**, at Renewal Centre, Kaloor on **"BadtheKadham"** and initiative of National Trust, at Adarsh on **"Training and handling children with Autism at home"** by Shri. Ajay an Autism Parent were some of these. The details of members of Staff are as follows:

Category	Number of staff and other supporting members as on	
	01.06.2012	30.04.2013
Medical Doctors (Consultants)	2	3
Psychologist	1	1
Developmental Therapist	1	1
Physiotherapist	10	12
Speech Therapist	3	3
Occupational Therapist	1	1
Social Worker	2	1
Special Educators	13	13
Teachers	19	22
Teacher Assistants	24	28
Parent Support Staff	18	15
Bus In Charge	7	7
Drivers	6	7
Office Staff	08	11
Cook	1	1
Voluntary Staff	4	2

TOTAL	120	128
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b. Distribution of staff according to salary levels and gender break up

Slab of gross salary (in Rs) including benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	2	46	48
5,000 – 10,000	5	27	32
10,000 – 25,000	1	1	2
TOTAL	8	74	82

IX. MAJOR DEVELOPMENTS DURING THE YEAR 2012-13

As usual 2012-13 was also an eventful year with number of developments. Some of the main programmes and events are outlined below:

a. A new Lift for the centre

Parents at the main rehabilitation depend mainly on the lift to carry their children to different floors and class rooms for therapy and training. The old lift, which was installed at the time of the construction of building became non functional and created serious problems for the parents in carrying their children. The problem was solved by installing a new lift. Thanks to the munificence of Shri.Kochouseph Chittilappilly through Thomas Chittilappilly Trust, we were able to install a brand new and spacious lift costing about Rs.9,69,000. The new lift started functioning from September 2012 onwards. The Trust places on record its grateful thanks to Shri.Kochouseph Chittilappilly and to his Trust.

b. Seminars and Workshops

- i. Adarsh organized an innovative workshop on the training of iPad on 02/04/2013 at Welcare Hospital with the help of Autism Society of India. Ms.Uma Krishnan, a Psychologist from Spastic Society of Karnataka conducted the training. Professionals like Special teachers, Psychologists, Speech therapists, Occupational therapists etc from Adarsh as well as from other schools and centres attended the programme. Getting inspiration from the programme, Adarsh started using iPad as one of the training modes for children with challenges. We have at present 2 iPads which were donated by Shri.Jayakumar Bhaskaran from USA. The Trust appreciates this invaluable gesture of help.
- ii. A seminar on **“Communication Problems in Autism”** was organized at IMA hall on 18/09/2012 with the help of Ms.Catherine McClain and Ms.Patricia Osburn, a Pediatrician and Speech and Language therapist respectively. The programme was intended mainly for parents as well for professionals working with children affected by Autism. The programme was well appreciated by the participants. Dr.S.Sachidananda Kamath was instrumental in getting the 2 eminent personalities from the field of Autism and also arranging IMA Auditorium at a subsidized rate.
- iii. Awareness classes on **“Sex Education”** by Dr.Prakash Chandran and **“Motivation and Personality Development”** by Shri.Pradeep Antony, Chief Trainer of Muthoot College of Training.

c. Well-wishers’ Get together

On 2nd December 2013, Adarsh organized a well-wisher's get together at Hotel Mercy, Ravipuram. The intention of the programme was to create detailed awareness about Adarsh and its activities among our benefactors, and senior members among industrialists, banks, corporate bodies and charitable societies who are interested in helping good causes. So that, more help both financial as well as technical can be drawn in. Many industrialists, corporate heads, banking chiefs, Senior Govt. and Non Govt. officials participated and eventually the programme turned out to be a very big success. Around 80 guests attended the function. Shri.K.Neelakantan, Chairman Emeritus, Shri.K P Padmakumar, Vice Chairman, and Shri.V. Sathyanarayanan, Member- Governing Council explained various aspects and activities of the Trust. The event had a pleasing culmination with magical songs from Smt.RadhikaThilak and Shri.Devanand well known play back singers. The Trust takes this opportunity to place on record its sincere thanks to Smt.Radhika Tilak and Sri.Devanand,. and is obliged to Shri.Reji C Kuriakose, the Managing Director of Hotel Mercy, who sponsored the entire function including a sumptuous dinner.

d. Home Based Rehabilitation Unit-IV

Another major development of the reporting period was in the Community Based Rehabilitation segment when another Home Based Rehabilitation unit was started to help an additional 40 more children from 4 Panchayats. More details about this are made available in the following paragraphs.

e. *Kazhcha* - Programme in Manorama News Channel

Malayala Manorma News Channel produced a documentary on Adarsh and telecast it on its programme called Kazhcha. The programme Director Shri.Dillep and crew really worked hard for 2 days to make a useful and effective documentary. We received numerous feedbacks from different parts of the country. There were numerous calls even from outside the country. New admissions also increased significantly after that programme. The Trust extends a special thanks to Shri.Anil George, Chief Executive Officer of Malayala Manorama Channel and Shri.Dileep for their splendid support and diligent efforts.

f. Building additional class rooms.

The restriction on the width of the approach road to the main building of Adarsh still poses a problem for raising additional floors on the existing building. The Government of Kerala, have amended the Municipal Building Rules. Howe ever, a similar notification in respect of Panchayats has not yet been issued. It can be safely assumed that rules for Panchayats cannot be more restrictive for than for Municipalities and on this assumption, construction work for 2 floors of 2800 sq.ft area each has started. Padmashree C K Menon our Chief Patron and our biggest benefactor so far has once more offered his magnanimous support and has promised Rs.20 Lakhs for the construction. Of this Rs 5 Lakhs have already been received. The work is going on in full swing and we are hopeful of finishing the construction by the end of June

X. COMMUNITY BASED REHABILITATION PROJECTS

Adarsh attaches much importance to Community Based activities as we understand that we cannot do justice to our mission of extending rehabilitation programme from one single centre, however big it be. Hence we have started a separate section of Community based programme in 2003. Initially we started this by helping other NGO's/Parents to start similar schools in different parts of the State. Thus we were instrumental in starting 13 such schools. That includes the Kudumbashree project, "Buds". Finding difficulty in getting manpower, lack of financial support and lack of resources, the Trust decided to focus on specific and precise projects within our area of operations.

The details of the projects which we undertook under community based rehabilitation are as follows.

a. Risk Baby Unit

Initiated in 2005 at 2 Hospitals in Ernakulam City, now the unit works in 4 major hospitals in town. They are Lekshmi Hospital, EMC Hospital, PVS Memorial Hospital and Lissie Hospital. The unit is headed by a Development Therapist under the guidance and directions of Chief Pediatrician or Neonatologist of the Hospital. She examines new born babies who are at risk of any potential disability. Each baby is then followed up regularly and periodically to monitor the development of both mental and physical functions. Since, Early identification and intervention are essential to restrict and prevent potential disability among the new borns, we give and attach very high importance to this unit. The unit has examined over 3000 babies since its inception and during the reporting period 750 babies were evaluated and were provided with necessary advice

b. Home Based Rehabilitation Unit

One of the most innovative and useful projects of the Adarsh, the Home Based Rehabilitation programme has received all round appreciation from the society as well as from the parents of challenged children. In June 2010, this programme was initially launched with one unit, gradually we had increased this to 3 units covering 13 Panchayats and helping around 110 children with special needs. The first 2 units are being supported by BPCL-Kochi Refinery and the third by the Rotary Club of Cochin Global. Though the tenure of help from Rotary Cochin Global is over by December 2012, we hope to renew the arrangement for 1 more year. Finding the success of 3 HBR units, one more unit was started with the help of Shri.E P George of Novelty Textiles through EP Pavoo Memorial Trust. The fourth unit helps children from Edakkattuvayal, Amballoor, Chempu and Udayamperoor Panchayats. Thus the Trust has 4 HBR units, with a Physiotherapist, A Special Educator and an Assistant in each team to provide required therapy and training for the selected children. Here the focus of the programme is given to children from poor financial background and to those who have never received any scientific training or therapy for their problems mainly due to lack of awareness. There are also some children who are not able to go to any centre like Adarsh due to logistical and financial issues. For ready evaluation details of each HBR Unit are as follows:

c.

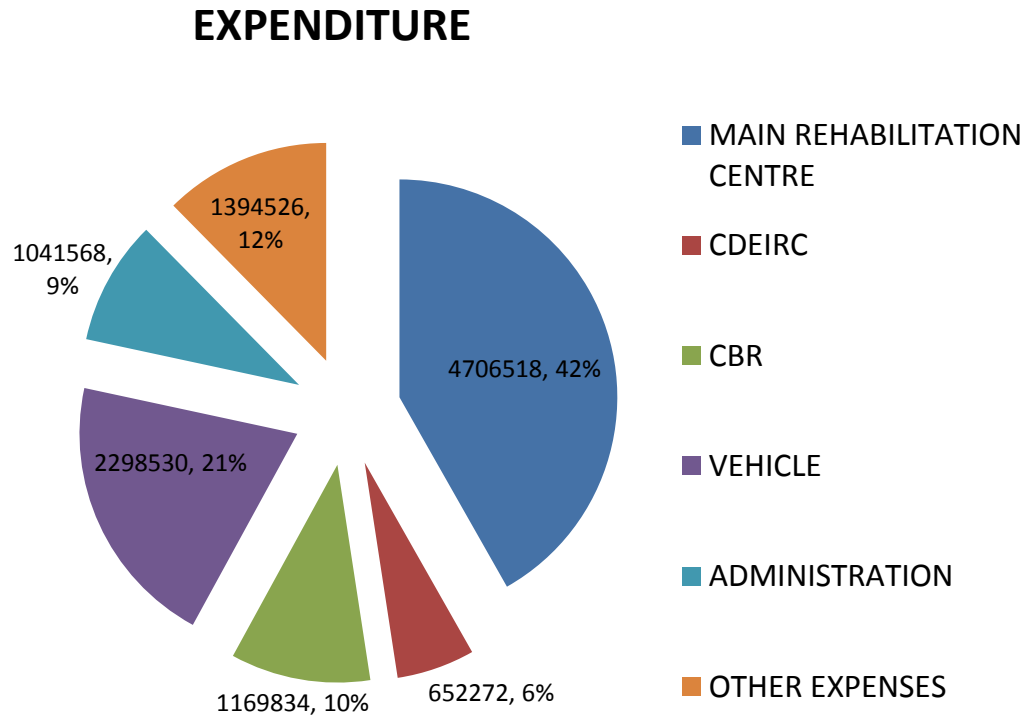
	No. of children	No. of staff	No. of Panchayats covered	Vehicle
PHASE-I	39	5	5	Own
PHASE-II	35	4	4	Hired
PHASE-III	34	3	4	Own
PHASE-IV	30	3	4	Own

XI. FINANCIAL STATUS

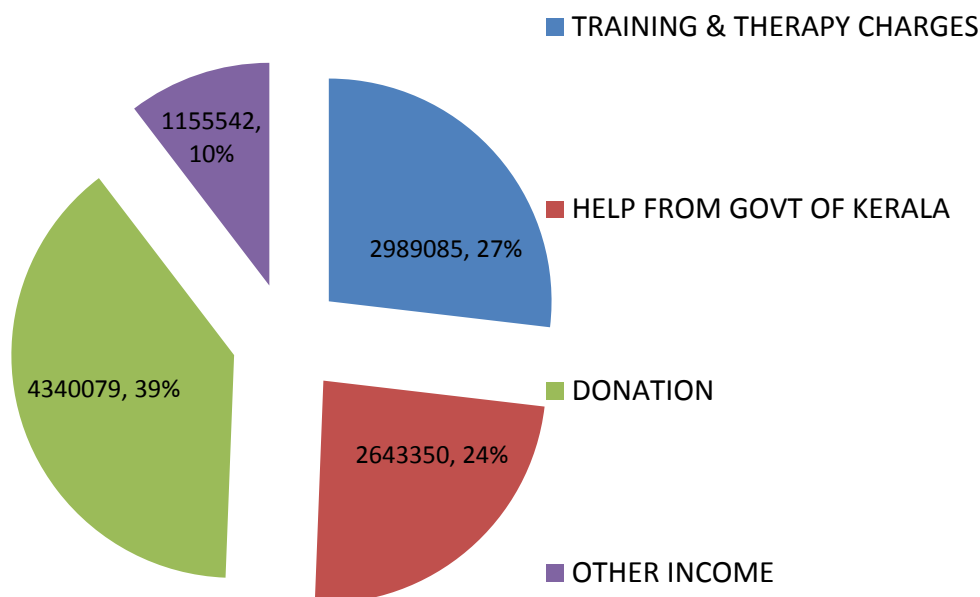
a. Introduction

The audited balance sheet and the Income and Expenditure account are made available to you for your detailed perusal. There is a deficit of Rs.2.1 Lakhs in the balance sheet. We did not conduct any major fund raising programme during the reporting period. As you will appreciate, in 2012-13 we were able to manage even without any special programme only because of the continuous support from various philanthropic minded individuals and corporate bodies to all of which we remain greatly obliged. The support we received from the parents for this year's programme was something which deserves a special mention, similarly, the support, which we received from PTA too. The Trust remains obliged and debted to all of them and look forward to similar and greater co operation in the coming years.

b. Graphical representation of Financial Statement (Audited) of the Trust based on each activity



INCOME



c. Major sources of help

i. Donations

Ever since our inception this is the major source of income for Adarsh Charitable Trust. It is very heartening to note that every year a large number of regular as well as new individuals and corporate organizations help us in supporting various activities undertaken by the Trust. Their help includes in supporting regular running expenses, expenses for new and specific projects etc. As you can notice during FY 2012-13 this has come to about 49% of the total income. In 2012-13 around 180 individuals and over 20 corporate organizations helped Adarsh for various programme. In turn we were able to project a very transparent picture to public of the prudent manner of spending the resources for the purpose for which the donation was given.

ii. Help from the Govt. sector

Since 2008, we have been receiving help from Kerala Govt. Education Department as Grant in Aid. In 2012-13 we have received Rs.12 Lakhs. In addition to this grant in aid, Local Self Govt. bodies give scholarships for children with challenges for undertaking their training in registered centres like Adarsh. This is usually given to the parents and they reimburse the amount in Adarsh against their child's training expenses. If we were able to get this support from all Panchayats (which is not the case with many), the deficit could have been reduced considerably. But as this is not the case the help from this segment came to only around 24% in this reporting period.

iii. Beneficiary charges

As we all know, we impart training to children from all segments. Our declared policy on collecting rehabilitation charges is purely based on the paying capacity of the parents. Even this is decided by each parent, which they themselves declare at the time of admission of their children. Those who need any concession or subsidy,

request for it. Generally we find this method very transparent, comfortable and effective. A Committee comprising a member from the PTA, a teacher and a Therapist goes through the application received for this purpose and evaluates the merit of each request for subsidy assessing the family background and other relevant factors and forwards its on the quantum of subsidy eligible in each case to the Trust. The Trust in turn sanctions the subsidy. In many cases the quantum of subsidy thus extended is upto 100 % thus making it sure that no child is denied of our services due to any financial constraint what so ever. During the reporting period 27 % of the total income of the Trust came from this source.

d. Courtesy

- i. Padmashree C K Menon**, Chairman and Managing Director of Behzad International Transport Company, has been the Chief Patron of Adarsh for the last many years. He has extended his helping hands whenever required. When we mentioned about our plan for extension of the building he immediately promised Rs.20 Lakhs. His wise counsel and empathetic reaction, accompanied by appropriate help have made him an integral part of Adarsh. We express our deep gratitude to Shri. C K Menon and we are always indebted to this great philanthropist.
- ii. Give India Foundation**, based at Mumbai has been a real source of help for Adarsh from 2006 onwards. A heartening feature of donations received through Give India Foundation is the fact that all but a very few are donations in small lots from well meaning benefactors who are obviously impressed by the efforts of Adarsh. We place on record our Special thanks to Give India Foundation for supporting Adarsh.
- iii. Shri.N Krishnan**, Managing Director of Samhita, Mumbai, has been a constant source of financial help and encouragement to Adarsh in many ways. His bulk contribution has been almost become a routine feature in the past few years. Looking forward to his continuing help and participation in our programmes, Adarsh extends its heartfelt of thanks to Shri.N Krishnan and his family. .
- iv. Shri.Kochouseph Chittilappilly**, Chairman of V-Guard industries is a well known humanist.. From Thomas Chittilappilly Trust, which he is heading, he has donated a new lift to the Rehabilitation Centre with an approximate cost of Rs.10 Lakhs. Adarsh extends its heartfelt of thanks to him and to his Trust.
- v. Bharat Petroleum Corporation Ltd.- Kochi Refinery** has been a dependable source of help right from 2001-02 onwards. There had not been an year since 2001 without their support for at least one of our projects. Since June 2012 they have been extending help for running 2 Home Based Rehabilitation Units of Adarsh. Through this Adarsh was able to help around 80 children from 9 Panchayats. I take this opportunity to put on record our gratitude and thanks for the management of BPCL for all the help that they had been extending to us all these years.

I have pointed out only some our major donors who have contributed more than Rs.5 Lakhs in an year. But our main back bone is the innumerable support we get from various quarters for various programmes. Only constraint of space has limited me in mentioning all of them. We are indebted to all of our benefactors for their help and are looking forward for the same in the coming years also. In return our only promise to them is continuance our record of transparency and purposeful execution of projects. We promise you all the same in the coming years also.

XII. PARENT TEACHERS ASSOCIATION (PTA)

Since 2003, PTA has been a source of support for all the activities of the Centre as well as the Trust. The present PTA under the leadership of Shri.Kaloor Unnikrishnan deserves a very special mention in this regard. I am fortunate in getting the full support in all the activities of the Trust during the reporting period. Their regular donation of Rs.1000 every month is still going on for providing an additional curry for children, which we provide along with the noon meal. This year also, on 16th of December 2012 PTA day was celebrated in the august presence of well- known play back singer Shri.Ganesh Sundaram. Various cultural programmes of children, parents and staff members were also organized. The present PTA Committee members are:

No.	Name	Position on the Committee
1	KALoor UNNIKRIshNAN	PRESIDENT
2	BIJI SIVADAS	VICE PRESIDENT
3	U A JAYACHANDRAN	SECRETARY
4	REENA BABU	JOINT SECRETARY
5	REJITHA V S	TREASURER
6	ANITHA VENUGOPAL	PARENT MEMBER
7	SAJITH	PARENT MEMBER
8	RENJAN NAIR B	PARENT MEMBER
9	TONY KURIAKOSE	PARENT MEMBER
10	NOORJAHAN	PARENT MEMBER
11	MANJU SANTHOSH	PARENT MEMBER
12	ASWANYKUMAR S	STAFF MEMBER
13	CIYA GEORGE	STAFF MEMBER
14	ANISH BABU	STAFF MEMBER
15	VANAJA RAMESH	STAFF MEMBER
16	CHANDRALEKHA	STAFF MEMBER

XIII. EXTRA CURRICULAR ACTIVITIES AND CELEBRATIONS

- a. 2012-13 academic year was started on 3rd June 2012 by organizing a "Pravesanotsavam". District Social Welfare officer Ms.Sundari was the Chief Guest of the function and she wished all the students very best.
- b. As usual "Vayanavaram" and "Ramayana Masam" were observed during June and July 2012 respectively. Under the leadership of Ms.Laila Raveendran, a "Bhakthi Sudha" was presented by Shri.Jithesh and Shri.Ranjith as part of Ramayana Masam.
- c. Students of "Kalagramam", Thiruvankulam performed classical and semi classical dances for our children on 7th August 2012. All the children enjoyed the programme.
- d. 6 selected children from Adarsh participated in a seminar called "Fire Inside camp", which was organized by Rotary Youth Leadership Association. The objective of the seminar was to enhance the leadership quality in children and all the children were presented with certificates of participation.
- e. NTTF as usual celebrated Onam 2012 with students of Adarsh with lots of entertainment activities. This year a "Nadanpattu" by a professional team called Koottu made the occasion colourful and joyful
- f. Adarsh observed World Cerebral Palsy Day on 4th September 2012 by inaugurating a new Home Based Rehabilitation Unit for children with challenges in the community. Similarly World Down syndrome day was observed on 21st March 2013 and World Autism Day on April 2nd 2012.
- g. Independence Day, World Postal Day, World Food Day, Children's day, World tourism day, Republic Day, etc. were observed by Adarsh in a befitting manner

- h. Students of Adarsh won prizes in different painting competition held at Sunrise Hospital and Giridhar Eye Hospital.
- i. Staff Members of Federal Bank Ernakulam region celebrated the Federal Bank Founder's day at Adarsh Rehabilitation centre on 18/10/2012. As part of the celebration, they donated wheel chairs, Special chairs and other special equipment worth Rs.25000/- to children of Home Based Rehabilitation programme.
- j. On Gandhi Jayanthi day, Adarsh organized a meeting of all the parents of children of Home Based Rehabilitation units to get their feedback. Shri.Minu John Mathew, executive Director of BPCL KR, Shri.E.Nandakumar, Ex Executive Director of BPCL KR were present at the function along with K Neelakantan and Shri.K P Padmakumar from Adarsh. The feedback from each parent was so touchy that everybody realized the need of such programme and Shri.Minu John Mathew promised all the help in future too.
- k. During the visit of Chairman and Managing Director of Central Bank of India to Cochin, his wife and other members of Regional office of Central Bank observed the activities of Adarsh and donated a sum of Rs.15000 to procure therapy equipment for children of Home Based Rehabilitation programme.
- l. Celebrities like Captain Raju, Rajeev Rangan, Apoorva Bose, Play back singer Afsal et al. visited Adarsh on various occasions to celebrate with students of Adarsh.
- m. 10 children of Adarsh experienced aeroplane journey with film actor Suresh Krishna and several other children from different special schools in Ernakulam. They travelled from Nedumbasserry to Kanyakumari and back. It was organized by Rotary Club of Cochin Airport.
- n. New year 2013 was celebrated with students of Govt. Ayurveda College, Puthiyakavu on 11/01/2013.
- o. Part of leisure time activities, children of Adarsh went to Bolgatty Palace, staff members of Adarsh went to Kumarakom for Boat journey and staff and children of CDEIRC to Athirappilly-Vazhachal.
- p. Regular vocational training courses are being provided to the children of Adarsh by Lal Bahadur Shastri Vocational centre, Kalamsserry.
- q. Ability Mela 2012, organized by People Council for Social Justice and Shilpa Special School at TDM Hall from 16th November to 18th November 2012 was a good experience for children and staff of Adarsh's vocation unit. It helped them to showcase the products made by the children.
- r. Students from Physiotherapy colleges, Social Work Colleges visited Adarsh as a part of their training or project during the academic year 2012-13
- s. Students and activities of Adarsh Charitable Trust were shown in different TV programmes like "Nakshathra Deepam" in Kairali TV and "Vanitha" in Mazhavil Manorama.
- t. Artistes from Nadanakairali of Irinjalakkuda performed traditional "Paavakkoothu" – Puppet show in Adarsh on 03/03/2013. All the children enjoyed the programme well.

XIV. ACHIEVEMENTS AND ACCOLADES

- a. Adarsh Charitable Trust was honoured with "Panakkad Shihab Mohammed KunjuThangal Award" for the best special school in Kerala. It was presented at function organized at Town Hall on 20/11/2012.
- b. Children of Adarsh participated in Bhavana cultural fest held at Toc H School Auditorium on 12/01/2013 and bagged Champion's Trophy for Physically challenged category for the second consecutive year.
- c. The Annual Sports meet held at Kothamangalam was also fruitful for the children of Adarsh. They emerged as the champions in the physically challenged category
- d. Children of Adarsh won several prizes in the cultural as well as Olympics held at Chandiroor in Alappuzha District.
- e. Smitha, a 25 year old girl suffering from Cerebral Palsy started walking independently. Efforts of Physiotherapist, Orthotic Engineer from Sai Rehabilitation and teachers deserve special appreciation in this regard.

XV. PROJECTS ON THE ANVIL

a. Building

Construction work of new centre building started in April 2013. This will add another 4-5 class rooms and a fully equipped vocational unit as the priority item. Also a Physiotherapy research wing and Audiometry room are also being considered. The work will be over by the end of June 2013. Shri.Raghukumar a new contractor was appointed for the work by Adarsh with the guidance of Modarch Consultancy Pvt Ltd Cochin. **The present financial position does not permit the provision of the 2nd floor fully. An additional sum of Rs 30-35 Lakhs will be required for this.**

b. Provision of Neuro Visual Rehabilitation Unit

Though one of the ambitious projects of Adarsh, we have not been able to implement the above programme to a satisfactory level. Renjini Eye hospital, where we intend to locate the project has not yet been completely finished their lift and generator work. This added with several factors caused delay in implementing the project the way we intended it to be done. Even though we are able to provide the service of a neuro visual rehabilitation unit in a small way at CDEIRC, we intend to establish a full- fledged unit at least during the next reporting period.

c. Hydrotherapy pool

A pool for hydrotherapy for children with Autism and Cerebral Palsy is the need of the hour as hydrotherapy gives them immense help in the process of rehabilitation. At present the children are being taken to Regional Sports Centre, Kadavanthra for imparting hydro therapy training once in every week. An independent pool at our centre and at our disposal will save lot of time and will help us extending this therapy to more children that too at an increased periodicity.

XVI. 2012-13 witnessed a large number of public awareness programmes about Adarsh both in print and visual media. We thank all the media who gave good coverage to Adarsh, as such publicity has helped to improve our visibility which is helpful in extending our services to more and more children.

XVII. CONCLUSION

I am sure that the coming years also going to be very prosperous for our Trust. With the kind of help that we have been getting from various quarters, I am very sure of our Trust's future reaching new heights in the coming years. The only factor which brings gloom to my mind is the absence of Sri.K.Neelakantan, our Chairman Emirates, who has shifted his residence to Bangalore due to personal reasons. Though I am still fortunate in getting his advice from Bangalore, it is a fact that his absence is felt by all and specifically by me as he has been a source of motivation and dedication to our Trust ever since he joined us. We are going to miss his personal presence in many of our future programme.

Friends, as in the previous years, the reporting period also had witnessed lot of activities and introduction of lot of new projects. Ultimately we had gone in implementing all projects with the affected children in our mind. As we all know all these had been made possible only by the help we received from various quarters. From the Donors, benefactors, philanthropic minded individuals, corporate, members of staff, parents, it had come to us in abundance. The support from the members of staff was unparalleled, so also the support from parents.

I conclude with thanks from the bottom of my heart to all of you.

**P.R.MAHADEVAN
SECRETARY**