

ANNUAL REPORT PRESENTED BY THE SECRETARY OF ADARSH CHARITABLE TRUST FOR THE
YEAR 2011-2012 IN THE 14th ANNUAL GENERAL BODY MEETING ON 27/05/2012

1. INTRODUCTION

At the outset, I am very much pleased and privileged to present you the 14th Annual Report of Adarsh Charitable Trust and its detailed activities for the year 2011-12. It is the wholehearted support and the Trust that all of you have reposed in me, gave this confidence to continue in the post and enabled me to present this Annual report once again -for the 14th consecutive year. Like previous years, 2011-12 was also an year with full of activities and productive events. I thank all the donors, sponsors, parents, members of staff and other well wishers only with whose help, we could grow to this level. The objective of the Trust, "Rehabilitation of challenged people" is a never ending process and at this moment, I remember and would like to remind myself once again that "there are miles to go before we sleep". With the hope that this help and support will continue in a more vigorous and abundant manner I conclude this brief prelude and wish to outline all the facts and figures in the following paragraphs for your consideration and approval.

2. GENERAL DETAILS

2.1 Registration and Recognition

Adarsh Charitable Trust is Registered and recognized by the following Government and Non Governmental bodies:

- a. General Education Department of Govt. of Kerala(valid till August 2014)
- b. National Trust of Govt. of India (Application for renewal is pending)
- c. NIOS as its only accredited centre in Ernakulam (Disability Sector)
- d. Give India

2.2 Land & Building

Total area of land available is 40 cents. The Trust and its Rehabilitation centre at Kureekkad Chottanikkara Panchayath, Ernakulam Dist., Kerala work in its own building, which has around 16000 Sq.ft. area. Adarsh's another centre, CDEIRC functions in rented building at Near Skyline Apartments, 29/943, A1, Shine Road, Near Welcare Hospital, Vyttila, Cochin-19.

2.3 Trust & Trustees

The Trust was registered in 1998 under Registration Act 1908 at Tripunithura. Now the office of the Trust is located at Kureekkad, Chottanikkara Panchayath, Ernakulam,Kerala. As on the reporting date the Trust has 35 members. The Board of Trustees has elected two policy making and executing bodies, a Governing Council consists of 10 members and an Executive Committee with 6 members. These committees meet jointly every two months in addition to the Annual General Body Meeting generally in the month of May every year(statutorily it is required to be held before 31st July every year)

2.4 Patrons

No	Name- SShri	Position on the Board
1	C.K.Menon	Chief Patron
2	N.Krishnan	Patron

3	Vestas, Chennai	Corporate Patron
4	Countach, Dubai	Corporate patron

2.5 Brand Ambassador

No	Name- SShri	Position on the Board
1	Suresh Gopi	Brand Ambassador

EXECUTIVE COMMITTEE MEMBERS

1	K.P.Padmakumar	Vice Chairman
2	P.R.Mahadevan	Secretary
3	V.Sathyanarayan	Treasurer
4	O.M.Mahadevan	Member
5	N.Sathees Kumar	Member
6	K.G.Unnikrishnan	Member

ADVISORY COMMITTEE MEMBERS

1	A.S.Shenoy	Resource Mobilization
2	P.N.Narayanan	Finance
3	R.Venkiteswaran	Member

2.6. During the reporting period the Governing Council has met 4 times and Executive Committee 5 times

2.7. The accounts of our organization are constructed on Accrual Basis

3. ABRIDGED FINANCIALS

ABRIDGED BALANCE SHEET FOR THE YEAR 2011- 12			
PARTICULARS	AMOUNT	PARTICULARS	AMOUNT
Fixed Asset	10882480	Corpus Fund	603000
Current Assets	7969035	Current Liabilities	351323
Deposits & Advances	192530	Cash & Bank Balance	7955234
Mutual Fund	84392	Specific purpose fund	800000

ABRIDGED INCOME & EXPENDITURE STATEMENT FOR 2011-12		
Year	Income (in Lakhs)	Expenditure (in Lakhs)
1998-99	01.96	01.77
1999-00	07.74	02.34
2000-01	05.06	04.06

2001-02	12.33	06.25
2002-03	08.02	06.53
2003-04	35.04	10.68
2004-05	16.38	42.08
2005-06	16.46	19.75
2006-07	25.00	32.47
2007-08	30.83	37.28
2008-09	45.01	58.45
2009-10	44.50	58.45
2010-11	90.01	88.14
2011-12	87.38	90.63

ABRIDGED INCOME & EXPENDITURE FOR THE YEAR 2011-12			
EXPENSES	AMOUNT	INCOME	AMOUNT
REHABILITATION CENTRE	3095932	USER FEE	2374050
CHILD DEVELOPMENT EVALUATION INTERVENTION & RESEARCH CENTRE	488788	GOVT. HELP	1317360
COMMUNITY BASED REHABILITATION	739116	COMMUNITY BASED REHABILITATION	1040697
VEHICLE EXPENSES	2108098	DONATION	1733427
ADMINISTRATIVE EXPENSE	1398817	GIVE INDIA	1324487
INTEREST & BANK CHARGE	191996	INTEREST FROM BANKS	582978
DEPRECIATION	1212722	OTHER INCOME	365350
Total	9062672	Total	8738349

ABRIDGED RECEIPT AND PAYMENTS FOR THE YEAR 2010-11			
OPENING BALANCE	811943		
DONATION	2339374	DIRECT EXPENSES	6735222
INCOME FROM CAPITAL EXPENSE	2360250	INDIRECT EXPENSES	891581
INCOME FROM GOVT.	1367360	CAPITAL EXPENSES	5480230
INCOME FROM BANKS	4240284	CASH IN HAND	2280
TRUST FUND	1270000	CASH AT BANK	1664932

OTHER RECEIPTS	2385034		
TOTAL	14774246	TOTAL	14774246

4. Salary & Benefits of the NGO head, the highest paid staff member and the lowest paid staff member

Head of the organization: (including honorarium)	: Rs. ZERO per Annum
Highest paid Full Time regular staff:	: Rs. 193608 per Annum
Lowest paid Full Time regular staff:	: Rs. 20484 per Annum

5. Name of the Board Members and their position on the board for the year 2011-12

	Name- SShri	Position on the Board
1	K.P.Padmakumar	Vice Chairman
3	P.R.Mahadevan	Secretary
4	V.Sathyanarayan	Treasurer
4	Dr.Abraham K Paul	Member
5	P.I.Gopinath	Member
6	M.A.Mohammed Ali	Member
7	Riaz Ahmed	Member
8	Dr.Sachidananda Kamath	Member
9	Simon John	Member
10	K.Vijayan	Member

6. All remunerations and re-imbursements to Board Members

No.	Name	Gross Remuneration PER ANNUM
1	K.P.Padmakumar	Zero
2	P.R.Mahadevan	Zero
3	V.Sathyanarayan	Zero
4	Dr.Abraham K Paul	Zero
5	P.I.Gopinath	Zero
6	M.A.Mohammed Ali	Zero
7	Riaz Ahmed	Zero
8	Dr.Sachidananda Kamath	Zero
9	Simon John	Zero
10	K.Vijayan	Zero

7. Total cost of international & national travel by all personnel (including volunteers) and Board Members

1	International Travel	Rs. 0
2	Domestic Travel	Rs. 0

8. REHABILITATION PROGRAMMES

Adarsh is an exclusive rehabilitation centre for children with Cerebral Palsy, Autism, Down syndrome and Learning Disorders. The centre started with 7 children affected by Cerebral Palsy in 1998. Section for Autism was added in 2003. In 2008, two more wings for children with Down syndrome and Learning Disorders also were opened. The centre provides all required training and therapies for all the above mentioned problems. One of the significant sections of Adarsh is its Early Intervention department. This section accommodates children below the age of 5 years from 3 months upwards. At this development stage of a child we can identify and rectify problem very early at the initial growing stage of a child. Hence we usually get maximum result from this section. So far, around 60 children have gone to normal mainstream school after completing successful rehabilitation programmes from the centre. This includes 8 children who have gone in the reporting year. This shows the professionalism and effectiveness of the training. Apart from the Early Intervention programmes, the centre also has highly equipped Physiotherapy and Occupational therapy units. We also have Speech and Language training section and this is managed by qualified therapists. Those who can follow academic training have the facility to study in classes from LKG to X. Adarsh is the only accredited centre for conducting examinations in A, B and C levels under NIOS. Children from other special schools also come and write examination here utilizing this facility. The centre has another section where children with multiple problems get training, mainly in Special Education, to become independent in daily life. Even though the number is very small, we also have children above the age of 15 who do not get benefitted with the routine special training and therapy. Their disability is so high that even with therapy and surgery, they cannot become mobile and cannot therefore attend to a normal school. For them and to their mothers, imparting skills in some craft/vocation is being attempted. This is a programme which is still in its early stages.

8.1 Rehabilitation Centre at Kureekkad and Vyttila

Adarsh Charitable Trust has two main rehabilitation centres, one at Kureekkad and other Child Development Evaluation Intervention and Research Centre (CDEIRC) at Vyttila. The main centre functions in its own disabled friendly building which was honoured with the august presence of Dr.APJ Abdul Kalam, the then president of India during December 2005. CDEIRC started functioning from a rented building at Vyttila in 2007. The former takes care of children affected by Cerebral Palsy, Autism and Down syndrome and the latter children with Learning problems. Both are day centres and provide comprehensive rehabilitation measures. At CDEIRC, in addition to the remedial education programme for children with Learning disorders, children with Physical problems and communication problems are provided with Physiotherapy and Speech Therapy. Apart from these intervention programmes, the centre has a panel of medical and rehabilitation experts who evaluate the

developmental disorders and gives proper guidance and directions for the parents. For your ready reference the profile of our children and staff are noted below.

8.2 Students

From the beginning itself, you can note that there was a steady growth in the number of children. But since the visit of His Excellency Dr.APJ Abdul Kalam in 2005, the growth continued to be an exponential one. In 2005, it was only 80, but after the visit of His Excellency, the number jumped suddenly to 120-130. Since then every year on an average 20-25 students seek new admission. Now the total strength at the main centre is 217. Children from around 40 Panchayats/Municipality/Corporation come for training. At CDEIRC, the number varies every year. Now the number is 77. As it is a need based intervention centre, children come for specific therapy and training. Because of that a school atmosphere does not prevail in CDEIRC. But the centre is always busy with children with various challenges. Last year after moving to new rented building at Near Skyline Apartments, 29/943, A1, Shine Road, Near Welcare Hospital, Vyttila, Cochin-19, (Ph: 04843112636), which is more spacious than the previous one the quality of training has also considerably improved. More than that, more children could be admitted. The details are as follows:

Type of Disability	Number of Students as on	
	01.06.2011	30.04.2012
Cerebral Palsy	87	88
Multiple Disabilities	72	73
Autism	45	43
Learning Disorder/Physiotherapy/ Speech Therapy	44	77
Down syndrome	12	13

8.3. Staff

All the activities of Trust may it be the Rehabilitation Centre at Kureekkad, Community Based Rehabilitation Projects or CDEIRC are managed by qualified and experienced staff from the respective fields. An Organization like Adarsh can survive only with the help of sincere and dedicated effort of diligent staff members who have to work with utmost patience with a group of children having various problems. Our Technical staff members include Physiotherapist, Speech Therapist, Occupational therapist and Psychotherapist to take care of the therapy aspects of the training of each child. Teaching and non teaching staff with the qualification of degree or diploma in Special Education, give academic as well as functional training. In addition, Adarsh has an eminent panel of Medical doctors from different disciplines. Though the Teacher Student ratio is normally 1:8 for a Special School, we always try to maintain a ratio of 1:4 for effective training. Details of staff as follows:

Category	Number of staff and other supporting members as on	
	01.06.2011	30.04.2012
Medical Doctors	2	2
Psychologist	1	1
Developmental Therapist	1	1
Physiotherapist	10	10
Speech Therapist	3	3
Occupational Therapist	1	-
Social Worker	1	2
Special Educators	17	15
Teachers	14	21
Teacher Assistants	19	25
Parent Support Staff	18	18
Bus In Charge	7	7
Drivers	6	6
Office Staff	10	12
Cook	1	1
Voluntary Staff	4	4
TOTAL	115	128

8.4. To make the rehabilitation programme comprehensive, productive and effective, sincere and dedicated services from the staff members is of utmost importance. In the year 2011-12 the Trust awarded "VISISHTA SEVA PURASKARAM" to 3 staff members. Ms. Chandralekaha a parent turned teacher from the Department of Autism is one among them. Others are Ms. Sunu Martin, an office assistant of CDEIRC and Shri. Jacob Mathai who mans the vehicle of one of the Home Based Rehabilitation units. The Trust believes this will be an encouragement and motivation not only for the awardees but also for other staffs to give their best.

9. Distribution of staff according to salary levels and gender break up

Slab of gross salary (in Rs) plus benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	2	61	63
5,000 – 10,000	5	13	18
10,000 – 25,000	1	1	2
TOTAL	8	75	83

10. MAJOR ACHIEVEMENTS DURING THE YEAR 2011-12

A rehabilitation centre like Adarsh feels happy and proud, when one of its beneficiaries gets the maximum benefits from us and is able to step in to the society with a feeling that "I also can".

Since inception, it has been our policy that such children who had been rehabilitated to that extent should be sent to normal mainstream school to pursue their studies along with their 'normal' sisters and brothers. In the academic year 2011-12, 8 children were sent to normal school for further studies. It is for the first time that we were able to rehabilitate and send such a large number of children to normal school in a single calendar year taking the total number of such mainstreamed children to 60. It does not mean that they have become totally 'normal', but only that they may probably be able to cope with the normal class room atmosphere. Of the 8 children, 3 children are affected by Cerebral Palsy, 2 children by Autism and 3 by Down syndrome. Still many of them may need special attention like Physiotherapy and Speech Therapy etc for some more years which can be provided at Adarsh with the help of Association of Parents of Old Students of Adarsh (APOSA). Necessary steps also have been taken to follow up with their teachers on their performance in the school where they join. This has become more important in the context of the importance that Govt. is giving to "Inclusive Education". Ever since we started sending our children to mainstream schools we have been trying to do justice to them through APOSA. But I must report that the functioning of APOSA is far from satisfactory, mainly due to lack of manpower. We have been trying to get the work related to APOSA done by utilizing the services of the present teachers and therapists. But experience shows that this is not possible. Creating an exclusive team to follow up with each school where a child has joined, coordinating with the specialist teachers/therapists in Adarsh and implementing a meaningful programme will alone, in my opinion, meet the requirements. As in many projects, finance is the main constrain.

11. COMMUNITY BASED REHABILITATION PROJECTS

Objectives of Community Based Rehabilitation are:

- a. Assisting to set up Special Schools in various parts of Kerala
- b. Bringing the disabled children to mainstream
- c. Creating awareness among the parents of the disabled children about the need for medical care & its availability
- d. Delivering knowledge about habilitation methods to other similar institutes who need it.
- e. Educating the community to accept disability and help them to identify it as early as possible.

The major activities under the CBR Projects are as under:

11.1 Home Based Rehabilitation Scheme

The idea of Home Based Rehabilitation was conceptualized with the intention of providing rehabilitation services to the challenged children at their residence who are otherwise unable to utilize the various rehabilitation facilities available in a rehabilitation centre, due to various reasons like lack of awareness of the potential of rehabilitation measures, financial and logistic difficulties. The result is that their problems remains unattended. The aim of the project is to identify such children from the nearby areas of Adarsh and extend the necessary help. The programme is implemented with the help of a mobile unit which includes a Physiotherapist, a Special Educator and an Assistant. A vehicle is also provided to visit each child's home.

At present 3 Home Based Rehabilitation units are working under CBR to provide training and therapy totally to around 110 children from 13 panchayats. 2 units were started in 2010 and the third one was officially inaugurated on 2nd October 2011, on Gandhi Jayanthi Day. The expenses incurred to run a unit are salary of staff members and transportation expenses. The first 2 units are run with financial support from Bharat Petroleum Corporation Ltd and the third unit by Rotary Club of Cochin Global. Unit I and III have own vehicles and the second unit runs with the help of a hired vehicle. 4 panchayats out of 13 are in Alleppey District and the rest are in Ernakulam District, around Adarsh. Details of each Home Based Rehabilitation unit are as follows:

	No. of children	No. of staff	No. of Panchayats covered	Vehicle
PHASE-I	42	5	5	Own
PHASE-II	35	4	4	Hired
PHASE-III	31	4	4	Own

11.2 Risk Baby Unit & Newborn Hearing Screening Unit

Adarsh set up a RISK BABY UNIT in August 2005 in association with Child Developmental Centre, Trivandrum. Today, it works at 3 major Hospitals in Ernakulam City, namely Ernakulam Medical Centre (2 days), Lakshmi Hospital (2 days) and PVS Hospital (1 day). In these hospitals, this unit works under the close supervision of Neonatology and Pediatric departments. The unit is headed by a Child Developmental Therapist who visits the above mentioned hospitals on a prefixed day on every week and assesses the newborn baby's developmental status. The scheme seems to be receiving acceptance as some more hospitals in the town, with good neonatology and pediatric department, are planning to set up such units. On a monthly average we help around 60-65 babies through this unit. Another wing associated with the Risk Baby Unit is Newborn Hearing Screening Unit. This is also a mobile unit which helps to screen the hearing acuity of each newborn baby before being discharged from the Hospital. This will help to detect the hearing impairment very early and can thereby give an opportunity to prevent any communication problems at a later stage. The awareness about the effectiveness of such early checks is not adequate as hence only a limited number of parents are bringing their newborns for the test. Every month, we check the hearing function of only around 30-40 babies. The above 2 units together have assessed around 1902 babies during the reporting period and a total of 8068 babies since its inception.

11.3 Neuro Visual Rehabilitation Unit

A Developmental Therapist who is in charge of the Risk Baby unit, visits 3 well known hospitals in Ernakulam city and assesses the development of visual functions of the babies who are born with a potential risk. We have also set up a visual stimulation rooms for intensive training programme to improve the visual function, both at Kurekkad centre and at CDEIRC. We are planning to shift this unit to Renjini Eye Hospital at Vyttila, which we are sure will inspire and give more confidence to parents and to us as experienced

Ophthalmologist will be available for consultation. Now on an average 10-15 babies are evaluated and are provided with adequate stimulation.

12. CHILD DEVELOPMENTAL EVALUATION INTERVENTION AND RESEARCH CENTRE (CDEIRC)

The 5 year old centre has developed much both in quality and quantity. Started with an intention to provide comprehensive one stop evaluation centre for children with all kinds of developmental disorders, the centre now has a full-fledged panel of experts including a Developmental Pediatrician, a child Psychiatrist, a Clinical Psychologist, a Physiotherapist, a Speech Therapist, Special Educators and a Social Worker. Apart from the evaluation services, need based intervention programmes like One on One Special Education, Physiotherapy and Speech Therapy is also provided. The centre still runs in a rented building, and we have shifted to this new building from Palarivattom to Vyttila in June 2012. The new building is a two storeyed one and the rent for the same is Rs. 20000/- a month.

During the reporting period CDEIRC organized a Screening camp for children with Learning Disorders in October 2011. Around 40 children attended the camp. The most important activity here is helping children with Learning Problems. A Special software based on learning programme called "FastForWord- Scientific Learning" has started in August 2011 which provides extra facilities to improve writing, reading, memory skills etc for children with Learning problems. At present we are training 15 of such children using this software. In 2011-12, the centre has evaluated 156 Children and had provided, on an average, intervention services to 80 children a month.

13. FINANCIAL STATUS

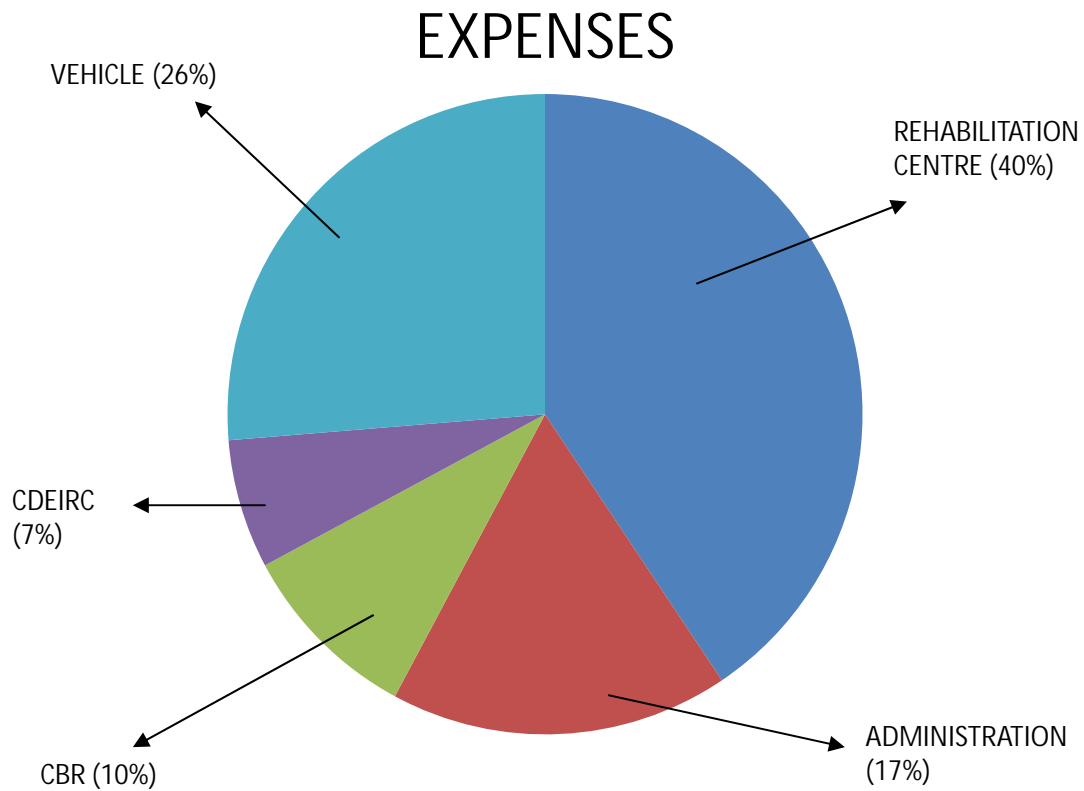
13.1 The audited balance sheet and the Income and Expenditure account are before you for your detailed perusal. It is to be noted that in 2010-11, there was a slight surplus of close to Rs.2 Lakhs which was due to the generous donations that we collected as part of the Mega Fund Raising Event by Shri. Gopinath Muthukad in February 2011. But, this year, apart from the JOY OF GIVING 2012 (more details available in the following paragraphs), there was no such major specific fund raising programme and hence the Trust ended the year in a deficit of over Rs 3 Lakhs. But still we were able to manage all running, fixed costs and the costs for the new projects with the help of many philanthropic individuals and corporates. Such donations and helps from Govt. of Kerala are still the main sources of income of the Trust (around 55%)

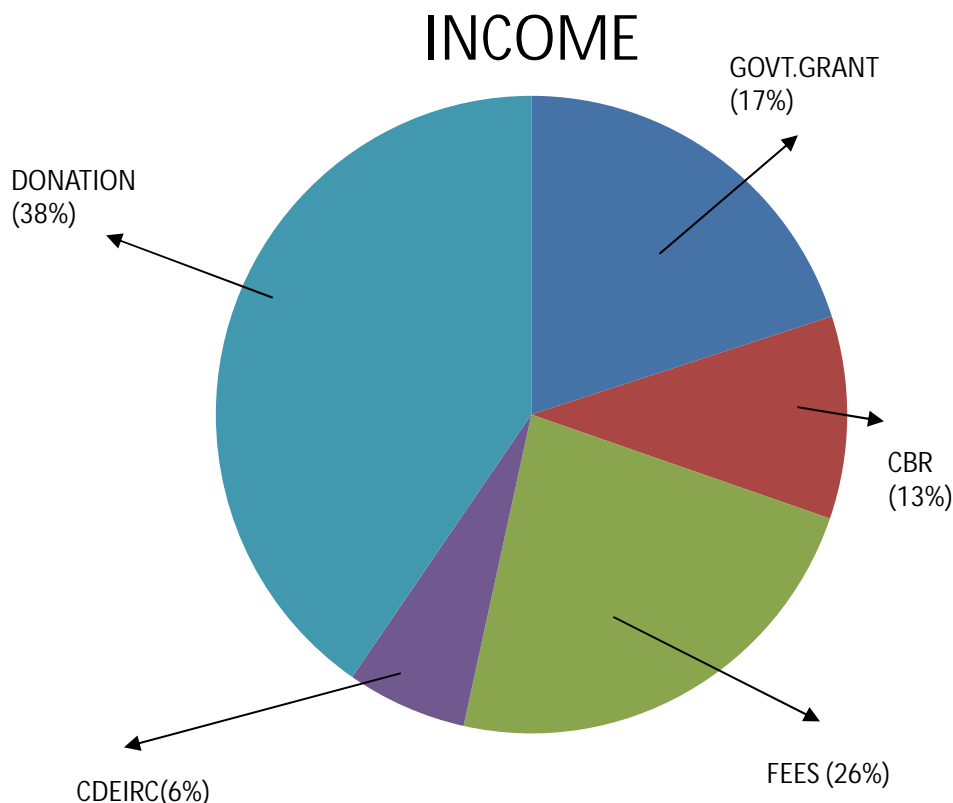
13.2 Abridged Financial Statement (Audited) of each activity of the Trust:

No	SECTION	EXPENDITURE	INCOME	DEFICIT (all in RS.)
A	MAIN CENTRE: REHABILITATION CENTRE	3095932	1263088	1832844
B	ADMINISTRATION	1398817	593528	805289
C	COMMUNITY BASED REHABILITATION PROJECTS	739116	1040697	+301581

D	CHILD DEVELOPMENT EVALUATION INTERVENTION AND RESEARCH CENTRE	488788	483500	5288
D	VEHICLE	2108098	828050	1280048
	TOTAL	7830751	4208863	3621888

The deficit of Rs.3621888 was met with the help of donations from Government, Give India, Philanthropic individuals and corporate organizations. The details are given in the following paragraphs





13.3 Special thanks are extended to Shri C.K Menon of Behzad Group of Companies, Qatar who remains the single largest contributor of monetary help to Adarsh and whose record is difficult, perhaps, to beat and Shri.N.Krishnan, Executive Director, CLSA, Mumbai for their help to Adarsh. They have so far donated Rs 82 lakhs & Rs.35 Lakhs, respectively. Such noble and magnanimous help deserves a high level of appreciation and with utmost pleasure and a heart sincerely filled with thanks I propose to record the same.

13.4 Apart from the regular Grant of Rs.1000000/- received from Govt. of Kerala for running the Rehabilitation Centre, last year we received a sum of Rs.104000/- for setting up a vocational unit from General Education Department of Kerala Govt. This was a great help for a good number of children who have just started their vocational training. This help enabled us to start training in a few more new vocations, which can be useful for the children in future. Since these units are only recently started, it is too early to assess the outcome of the same.

13.5 We also thank M/s. Give India Foundation, through who we have received over Rs.13 Lakhs during the reporting period. Ever since we have been listed with Give India, we they have been continuously helping us for various projects. We put on record our sincere thanks to M/s. Give India for all the help they have rendered to us.

14. MAJOR SOURCES OF HELP

Main source of help for Adarsh Charitable Trust is from philanthropic individuals and from corporate bodies. 38% of the income for the FY 2011-12 was from the public donation. This

includes donations from individuals, corporate and private organizations. Govt. of Kerala through the General Education Department started giving Grant in Aid from the year 2008-09. In addition to this some of the Local Self Govt. bodies gave scholarship for each child from their respective Panchayats/Municipality/Corporation as reimbursement of Monthly Tuition fee, Annual dress allowance, Annual allowance for study materials, monthly travel allowance etc. If both the above are put together the help from Govt. of Kerala will nearly meet the 17% of the expenditure. Another major help is through the fees levied from the beneficiary. Of late as you can notice from the financial result, the fee collected from those parents who can afford forms 26% of our income. Even now we stick to our declared policy of charging only that much of fee as is suggested by each parents. Hence fixing fee for each child is left to each parent and this results in disparity of fees offered by each parent which is depended on their paying capacity. Thus we still conform to our declared policy that no child is denied training at Adarsh due to any genuine financial difficulty. I wish to remind you again that still our major source of income is donation from public which is about 40% as reported earlier.

Details of major donors for the year 2011-12 is as follows:

Name	Type	Purpose utilized for	Amount in Rs
GIVE INDIA, Mumbai	NGO	Various purposes	13,24,000
BPCL, Cochin	Corporate	HBR-Project- Cochin	5,94,500
Gamesa, Chennai	Corporate	Building Fund	55,0000
N.Krishnan, Mumbai	Individual	Corpus	5,00,000
E.P.George, Novelty Textiles	Individual	HBR- Project - Alleppey	Cost of one Maruti Omni Van
Rotary Club of Cochin Global	NGO	HBR- Project - Alleppey	1,10,000
Fragomen, Cochin	Corporate	General Donation	1,00,000
Muthoot Group	Corporate	General Fund	1,00,000
B.Jayakumar, USA	Individual	Trg equipment-AWAZ	70,000
Teejan Food Pvt. Ltd	Corporate	General Donation	51,000
PR Sivasankara, Nagpur	Individual	General Donation	50,000
Online Mohanlal Fans and Welfare Association	NGO	General Donation	50,000
K.N.Ardhanareeswaran, New Delhi	Individual	Building	50,000
Karthik Suresh Poduval, Bangalore	Individual	Building	50,000
Karna India, USA	NGO	General Donation	25,000
Balan Menon, Cochin	Individual	General Donation	25,000
Meera Rajesh, Cochin	Individual	General Donation	25,000
B.Radhakrishnan, Neyveli	Individual	General Donation	25,000
Vinod Parkot, Goa	Individual	General Donation	25,000

K.Narayanan Trichur	Kutty,	Individual	General Donation	25,000
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In the year 2011-12, we have received help from 236 individuals/organizations. We are really thankful to all of them. Since the list is so large we are unable to mention the name of each and every one here. But we cherish their association with Adarsh and fully understand and believe that it is only because of this help that we could grow like this and to this level. We are thankful to all of them.

15. PARENT TEACHERS ASSOCIATION (PTA)

15.1 PTA plays a vital role in the smooth and efficient functioning of Adarsh Rehabilitation Centre. The first official PTA was formed in 2003. Like all other normal schools, our PTA also has an Executive Committee, which meets once in 2 months. PTA will have its Annual General Body meeting usually held once a year to evaluate the working of the PTA. Every year new office bearers are elected.

15.2 The PTA Executive Committee members for the academic year 2011-12 are:

Name of the Member	Designation
Shri Kaloor Unnikrishnan	President
Ms. Biji	Vice President
Shri. Jayachandran	Secretary
Ms. Anita Venugopal	Treasurer
Shri. Jamaludin	Member
Shri. Santhosh	Member
Ms. Simi	Member
Ms. Saju	Member
Ms. Sindhu	Member
Shri.P.J.Thomas	Member
Shri. Sajith	Member
Ms. Ciya George	Member
Ms. Vanaja	Member
Ms Kalpana	Member
Ms. Reena	Member
Ms Shari Shareth	Member

15.3 It is our pleasure that our PTA participates fully in all the activities of the Rehabilitation Centre as well as that of the Trust. During the reporting year also they had fully participated in all our activities in a very productive manner. PTA is donating an amount of Rs.1000/- monthly to provide an additional curry along with the noon meal. Their contributions also come as gifts for various competitions and limited financial helps limited to their fund position.

15.4 On 18th December 2011, the long cherished wish of having a PTA day was fulfilled with all its glory. The day was made enjoyable by parents and teachers by putting up various cultural programs and games. PTA honored 5 staff members of Adarsh namely Ms. Deepthy Anilkumar (Physiotherapist) Ms. Reena Babu (Teacher), Ms. Ambika Vasu (Special Educator), Ms. Maya (Parent Support Staff), Ms. Shyamala (Staff-House keeping) for their dedicated and meritorious service in maintaining this institution at such a good level. They also honored our Chairman Emeritus Shri. K. Neelakantan for the contributions that Sir has done to Adarsh over the years.

16. EXTRA CURRICULAR ACTIVITIES AND CELEBRATIONS

During the reporting period we had organized many programmes and activities. We have also participated in many programmes organized by various Government and NGO's. Since the list is so large I am just noting some major events for you.

- i. "Pravesanotsavam-2011" was organized on 1st June 2011 to welcome the children for the new academic year. Special care was taken to organize special programmes to welcome newly admitted children so that they and their parents are made comfortable.
- ii. "Vayanavaram" was celebrated this year also for students, parents and teachers. The participation was excellent specifically from the teachers' side and in this connection various competitions were also conducted.
- iii. Like every year "Ramayanamasam" celebration was organized with a music concert by Smt. Laila Raveendran. On the day, Shri. Rajeev Rangan, cine actor distributed prizes for the Vayanavaram competitions.
- iv. Once again students and staff of NTTF joined us to celebrate Onam 2011 with various cultural programmes. The function was made colourful by the presence of Shri. Vinu Mohan and Shri. Krishna two emerging young actors of Malayalam Cinema.
- v. Similarly Ramadan, Vidyarambham, Christmas and all other cultural and religious occasions were observed and celebrated in a befitting manner.
- vi. Children's day was observed on 14th November with various competitions like painting, memory test, action song, fancy dress and quiz competitions.
- vii. 'Ability Mela' - a display and sale of products made by our children of the vocational unit was organized by Peoples council for Social Justice at Women's Association Hall, Cochin. It was a platform to show the abilities and skills of our children and the opportunity was used to get maximum public awareness.
- viii. Students of Adarsh participated in the "Bhavana Fest" organized by the Rotary Club of Cochin International and won the Championship in the Physically Challenged category.
- ix. Our children won various prizes in the Annual Sports Meet organized by Lion Club and were the runners up in the category for Physically challenged children.
- x. Merlin Award (The Oscar in Magic) winner Shri. Tony Manjooran from Dubai visited Adarsh and performed a few magic items and entertained our children. Magician Sethumadhavan and Magician Sandeep et al were also present.
- xi. Shri. Gopinath Muthukad's programme "Magic Carpet" on Kairali TV was shot in Adarsh on 31st January 2012. The exposure we got through the programme helped

tremendously to create awareness about Adarsh and the nature of its activities for the children with challenges. Special thanks to be extended to Shri. Gopinath Muthukad for his wholehearted gesture of support to Adarsh ever since he was introduced to us.

17. "SONG ON THE LIPS AND MAGIC IN THE HANDS" - A Mini Fund Raising programme

On 10th March 2012, Adarsh Charitable Trust organized a get together of all its well wishers and wards to create awareness about its various activities. It was also helped us to collect a sum of Rs.2.5 Lakhs through the programme. The main highlight of the programme was the presence of Smt. & Shri.Kochouseph Chittilappilly and his inspiring words. Along with them other distinguished guests Shri.E.P George from Novelty Textiles, Shri.John Minu Mathew, the Executive Director of BPCL and Shri.Prashanth Kanjiramittam, a cine artiste were also present to bless the occasion. The programme was filled with lots of fun and colour with various entertaining programmes like Musical porgrammes by Shri.Rajeev Rangan, Ms.Parvathy (Munch Star Singer Junior fame) and Shri.Fazal Raza. Magician Sethumadhavan performed magic show and Shri.Prashant Kanjiramittam was there with some comedy items. The invited guests and participants gave a very positive feedback and appreciated the efforts taken by each staff members of the organization.

18. PROJECTS ON THE ANVIL

Apart from different ongoing projects, it has been always our endeavour to look forward to implementing new and innovative projects for the benefit of challenged children both at the centre as well as at the community level. I wish to outline some of our future projects for your consideration and confirmation:

18.1 Additional Building:

The project is to construct an additional floor on the existing building to set up an exclusive Vocational Training Unit and a pool for hydrotherapy. The expected cost for the project is around Rs.28 Lakhs. As you all know we have already received around 8 Laksh for the project. It is a good news that The Federal Bank Ltd has come out to support us by sanctioning Rs.2 Lakhs for this project. Still there is a deficit of Rs. 18 Lakhs which is as per the present budgeting. We need to find out donors and sponsors to complete the project at least in the next financial year which is a must especially when we consider the level of requests we get for new admissions. Application for the extention has already been submitted in the Government of Kerala to get the necessary approval. The work will commence immediately after the approval is received

18.2 Elevator

A lift is an essential ingredient in an institution like that of ours where we have lot of children with locomotion problems. Mainly due to financial position at the time of construction of the building, due to the urgency of a lift at the time of a Presidential visit, and also considering the number of children who would be using the lift at that time (it was only around 30 then), we installed a locally manufactured and a low cost elevator at that

time. Though in the initial 2-3 years it was functioning satisfactorily, later when the number of children using it got increased, it started giving lot of technical problems and ultimately we were forced to stop its usage due to high risks. So considering the importance of an elevator, especially when we consider that our building doesn't have a ramp to climb, we proposed to change the present lift with a new one at a cost of around Rs.9.5 lakhs. Fortunately for us, Thomas Chittilappily Trust came out to help us by donating Rs. 9.69 Lakhs to install a new lift in the centre. The work for the new lift is going on and we are hopeful that it will be functional by end of June 2012. The Trust takes this opportunity to thank Thomas Chittilappily Trust and Sri.V.Sathyanarayanan for organizing this sponsorship.

18.3 Home Based Rehabilitation Unit- IV.

Encouraged by the success of the existing three Home Based Rehabilitation programme, the Trust would like to set up more units of Home Based rehabilitation in the coming years. Keeping this in mind, survey and analysis of the children who require such help are being done regularly in different areas of Ernakulam District. If we are able to set up one more unit another 40-50 children will get exposed to our help for rectifying their problems. As you already know to run such a unit, our budgeted expenditure is around Rs.4 Lakhs a year. This includes salary and transportation expenses. We are again fortunate that Shri.Goerge, of M/s. Novelty Textiles, has shown keen interest to support us to start the 4th unit. We are thankful to him.

19. 2011-12 witnessed a large number of public awareness programmes about Adarsh both in printed and visual media. We thank all the media who gave good coverage to Adarsh, as such publicity has helped to improve our visibility so that many who needed our service could know about the same.

20. CONCLUSION

We have completed yet another year with full of activities benefiting a large number of children. At present if we take all of our activities we would be helping around 400 odd children with various problems. It is very important to note that these children are from various financial background, are from various places, are from various casts. Our objective is only to help those children who need our help irrespective of cast creed or economic background. It is gratifying to note that we are able to extent that. For this we should thank many. We should thank the supporters who helped Adarsh in various manners. There are many who support us financially, there are many who support us emotionally, there are many who support us physically. We are fortunate that we have a good team of sincere and dedicated staff without whom we could not have achieved anything. We are also grateful to all the parents who gave their wholehearted support to the Trust in all our activities. We are again fortunate that we have a set of dedicated and energetic team of Trustees who back all good proposals that we put across without any hesitation. Over and above anything we are fortunate that we have somebody like Shri.K.Neelakatan as our Chairman Emeritus and Shri.K. Padmakumar as our Vice Chairman who can and are able to guide us to greater heights. Personally I consider myself fortunate for having experienced the warmth and value of good, ethical, transparent and professional

association in the company of eminent personality like Shri. K. Neelakantan for more than a decade. I am thankful to the Trust and to the Almighty for having been given this opportunity to me that too continuously for fourteen years.

P.R.Mahadevan
Hony. Secretary

17/05/2012